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# **RINGKASAN EKSEKUTIF PENGELUARAN DAN KONSUMSI PENDUDUK INDONESIA**

*Executive Summary of Consumption and Expenditure  
of Population of Indonesia*

# **2022**

**Berdasarkan Hasil Susenas Maret 2022**

*Based on The March 2022 Susenas*



**BADAN PUSAT STATISTIK  
BPS-STATISTICS INDONESIA**



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## ***Executive Summary of Consumption and Expenditure of Population of Indonesia***

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## KATA PENGANTAR

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Susenas menjadi salah satu survei utama yang menyediakan informasi mengenai pengeluaran untuk konsumsi penduduk, baik komoditas makanan maupun bukan makanan (seperti perumahan, pendidikan, dan kesehatan). Informasi tersebut sangat penting untuk memantau tingkat kesejahteraan masyarakat melalui indikator-indikator yang dihasilkan seperti, indikator kemiskinan dan ketimpangan, ketahanan pangan, pengeluaran untuk konsumsi penduduk, serta konsumsi gizi masyarakat.

Ringkasan Eksekutif Pengeluaran dan Konsumsi Penduduk Indonesia merupakan salah satu dari empat publikasi serial publikasi pengeluaran dan konsumsi dari hasil Susenas Maret 2022. Publikasi ini menyajikan data ringkas mengenai pengeluaran dan konsumsi penduduk Indonesia. Tema khusus yang diulas pada periode ini adalah pengeluaran dan konsumsi minyak goreng.

Ucapan terima kasih dan apresiasi yang setinggi-tingginya kami berikan kepada semua pihak yang telah ikut berpartisipasi dalam penyusunan publikasi ini. Semoga publikasi ini dapat menjadi acuan pengambil kebijakan dalam menjalankan program-program pembangunan serta memberi manfaat bagi semua pihak yang membutuhkan.

Jakarta, Oktober 2022  
KEPALA BADAN PUSAT STATISTIK  
REPUBLIK INDONESIA



Dr. Margo Yuwono

## PREFACE

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*Susenas is one of the main surveys that provides information, especially on expenditures for population consumption, both food and non-food commodities (such as housing, education, and health). This information is very important to monitor the level of community welfare through the resulting indicators, such as indicators of poverty and inequality, food security, expenditure for population consumption, and consumption of public nutrition.*

*Executive Summary of Expenditures and Consumption of Indonesian Population is one of the four serial publications of expenditure and consumption publications from the March 2022 Susenas results. This publication presents concise data on expenditure and consumption of Indonesian population. The specific theme reviewed in this period was the cooking oil consumption and expenditure.*

*Thanks and the highest appreciation we give to all parties who have participated in the preparation of this publication. Hopefully this publication can be a reference for policy makers in carrying out development programs and provide benefits for all parties in need.*

Jakarta, October 2022  
BPS-STATISTICS INDONESIA



Dr. Margo Yuwono  
Chief Statistician

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# PENJELASAN TEKNIS

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*TECHNICAL NOTES*



# PENJELASAN TEKNIS

## TECHNICAL NOTES

### Ruang Lingkup

Susenas Maret 2022 mencakup 345.000 rumah tangga sampel yang tersebar pada 34 provinsi dan 514 kabupaten/kota di Indonesia. *Response rate* Susenas Maret 2022 adalah sebesar 99,92 persen atau 343.897 rumah tangga. Setelah dilakukan pengecekan kelengkapan dan konsistensi data, jumlah sampel yang dinyatakan *clean* sebanyak 339.584 rumah tangga. Dengan jumlah sampel tersebut, estimasi data hasil Susenas Maret 2022 dapat dilakukan hingga level kabupaten/kota.

Pada Susenas Maret 2022, pertanyaan terkait pengeluaran dan konsumsi ditanyakan menggunakan kuesioner VSEN22.KP. Seluruh rumah tangga sampel ditanyakan mengenai apa yang dikonsumsi oleh seluruh anggota rumah tangga selama seminggu terakhir, baik kuantitas maupun uang yang dikeluarkan untuk makanan tersebut. Rumah tangga juga ditanyakan mengenai besarnya uang yang dikeluarkan untuk barang-barang selain makanan selama sebulan atau setahun terakhir.

### Kerangka Sampel

Pembentukan kerangka sampel Susenas dilakukan melalui dua tahap. Kerangka sampel tahap pertama adalah

### Coverage

*The March 2022 Susenas covers 345,000 sample households spread in 34 provinces and 514 district/municipality in Indonesia. The March 2022 Susenas response rate is 99,92 percent or 343.897 households. After checking the completeness and consistency of the data, the number of samples declared clean was 339.584 households. With this number of samples, estimation of March 2022 Susenas data results can be carried out to the district/municipality level.*

*In the March 2022 Susenas, questions related to expenditure and consumption were asked using the VSEN22.KP questionnaire. All sample households were asked about what was consumed by all household members during the past week, both in terms of quantity and money spent on the food. Households were also asked about the amount of money spent on items other than food during the last month or year.*

### Sampling Frame

*The formation of the Susenas sample frame was carried out in two stages. The sample frame for the first*

kerangka sampel induk atau *master sampling frame*, yaitu sekitar 40 persen dari BS SP2020 yang ditarik secara *Probability Proportional to Size (PPS)* dengan *size* jumlah Kepala Keluarga (KK) hasil Rekap Daftar Penduduk (RD) SP2020. Daftar 40 persen BS SP2020 ini sudah ada kode stratanya. Sebelum dibentuk kerangka sampel induk, seluruh BS hasil SP2020 distratifikasi menurut klasifikasi daerah tempat tinggal (*urban-rural*).

Stratifikasi BS dilakukan untuk meningkatkan presisi dan efisiensi desain. Stratifikasi juga memberikan jaminan keterwakilan sampel dari tiap kelompok/strata.

Kerangka sampel tahap kedua pada Susenas Maret 2022 adalah daftar populasi rumah tangga hasil pemutakhiran di setiap BS terpilih. *Implicit stratification* juga dilakukan pada rumah tangga yaitu berdasarkan tingkat pendidikan kepala rumah tangga (KRT). Hal ini dilakukan untuk menjaga keterwakilan dari nilai keragaman karakteristik rumah tangga.

### Desain Sampel

Rancangan sampel Susenas Maret 2022 adalah paket sampel untuk mendapatkan data yang representatif sampai dengan kabupaten/kota.

*stage was the master sampling frame, which was 40 percent of the Cencus Blocs (CB) SP2020 drawn by Probability Proportional to Size (PPS) with the size of the number of Heads of Families (KK) as a result of the Population List Recap (RD) SP2020. The list of 40 percent of CB SP2020 already had a strata code. Before the main sample frame was formed, all CBs from SP2020 were stratified according to the urban-rural classification (urban-rural).*

*CB stratification was done to increase the precision and efficiency of the design. Stratification also guaranteed the representativeness of the sample from each group/strata.*

*The second phase of the sample frame for the March 2022 Susenas was a list of household populations updated in each selected CB. Implicit stratification was also carried out on households based on the education level of the head of the household (KRT). This was done to maintain the representation of the value of the diversity of household characteristics.*

### Sampling Design

*The March 2022 Susenas sample design was a sample package to obtain representative data up to the district/ municipality.*



Pencacahan dilaksanakan bulan Maret, dengan total sampel secara nasional 345.000 rumah tangga dari 34.500 BS. Pemilihan sampel dilakukan secara sistematis sehingga komposisi BS terpilih per strata sebanding dengan komposisi BS berdasarkan stratifikasi di setiap kabupaten/kota.

### Metode Pengumpulan Data

Pengumpulan data dari rumah tangga terpilih dilakukan dengan cara wawancara langsung antara petugas pencacah dengan responden. Keterangan rumah tangga dikumpulkan melalui wawancara dengan kepala rumah tangga, suami/istri kepala rumah tangga atau ART yang mengetahui karakteristik yang ditanyakan.

### Pengolahan

Pengolahan data dilakukan melalui beberapa tahapan. Proses pengolahan dimulai di BPS Kabupaten/Kota dengan kegiatan *receiving/batching, editing/coding*, entri data, dan validasi sederhana. Setelah terbentuk *raw data*, di BPS provinsi dilakukan kegiatan validasi sederhana. Tahap terakhir dari proses pengolahan dilakukan di BPS Pusat, yaitu proses validasi lengkap untuk menghasilkan data yang bersih (*clean data*).

*The enumeration was carried out in March, with a national total sample of 345,000 households from 34,500 CB. The sample selection was carried out systematically so that the composition of selected CB per strata was proportional to the composition of CBs based on stratification in each district/municipality.*

### Procedure of Data Collection

*Data collection from selected households was done by direct interview between enumerator officers and respondents. Household information was collected through interviews with the head of the household, the spouse of the head of the household or household member who knows the characteristics in question.*

### Data Processing

*Data processing was carried out through several stages. The processing process starts at the BPS regency/municipality by receiving / batching, editing / coding, data entry, and simple validation activities. After raw data was formed, a simple validation activity was carried out in the BPS province. The last stage of the processing was done at the BPS-Statistics Indonesia Headquarter, the complete validation process to produce clean data.*

### Daerah Tempat Tinggal

Klasifikasi daerah tempat tinggal dibedakan menjadi dua, yaitu daerah perkotaan dan daerah perdesaan. Penggolongan daerah tempat tinggal yang digunakan pada Susenas adalah menggunakan kriteria Desa Perkotaan 2000.

Adapun dasar penetapan lokasi sampel perkotaan dan perdesaan secara PPS dengan *size* banyaknya jumlah KK hasil RD SP2020.

### Blok Sensus

Blok sensus (BS) merupakan wilayah kerja dari seorang petugas lapangan pada Susenas Maret 2022. Blok sensus terpilih sudah ditentukan oleh BPS dan terdaftar pada Daftar Sampel Blok Sensus (DSBS). BS harus mempunyai batas-batas yang jelas/mudah dikenali, baik batas alam maupun buatan. Batas satuan lingkungan setempat (SLS seperti RT, RW, dusun, lingkungan, dsb) diutamakan sebagai batas BS bila batas SLS tersebut jelas.

### Rumah Tangga dan Anggota Rumah Tangga

Rumah tangga dibedakan menjadi dua, yaitu rumah tangga biasa dan rumah tangga khusus.

### Urban Rural Classification

*The classification of residential areas can be divided into two, namely urban and rural areas. The classification of residential areas used in Susenas is using the criteria of "Desa Perkotaan 2000".*

*The basis for determining the location of urban and rural sample areas is PPS with the size number of family heads results from SP2020 RD.*

### Census Block

*Census block (CB) is the work area of a field officer in the March 2022 Susenas. Selected census blocks have been determined by BPS and are listed on the Census Block Sample List. CB must have clear / easily recognizable boundaries, both natural and artificial boundaries. Local environmental unit boundaries (SLS such as RT, RW, hamlet, environment, etc.) are prioritized as CB boundaries if the SLS boundaries are clear.*

### Household and Member of Household

*A Household can be classified into two types, i.e., ordinary household and special household.*

a. Rumah tangga biasa adalah seorang atau sekelompok orang yang mendiami seluruh atau sebagian bangunan fisik atau sensus, dan biasanya tinggal bersama serta makan dari satu dapur. Ada bermacam-macam bentuk rumah tangga biasa, di antaranya:

- 1) Orang yang tinggal bersama istri dan anaknya;
- 2) Orang yang menyewa kamar atau sebagian bangunan sensus, tetapi makannya diurus sendiri;
- 3) Keluarga yang tinggal terpisah di dua bangunan sensus, tetapi makannya dari satu dapur, asal kedua bangunan sensus tersebut masih dalam blok sensus yang sama, maka dianggap sebagai satu rumah tangga;
- 4) Rumah tangga yang menerima pondokan dengan makan (indekos) yang pemondoknya kurang dari 10 orang;
- 5) Pengurus asrama, panti asuhan, lembaga pemasyarakatan dan sejenisnya yang tinggal sendiri maupun bersama anak, istri serta anggota rumah tangga lainnya, makan dari satu dapur yang terpisah dari lembaga yang diurusnya;
- 6) Beberapa orang yang bersama-sama menyewa kamar dalam satu bangunan sensus walaupun mengurus makannya sendiri-sendiri.

a. *The ordinary household is defined as a person or a group of persons living in a physical/census building or part there of who make common provision for food and other essentials of living. Examples of an ordinary household are:*

- 1) *A man or woman who lives together with his or her spouse and children;*
- 2) *A person who rents a room or a part of census building and manage his or her own meals;*
- 3) *Families who live separately in two census buildings, but eat from one kitchen, as long as the two census buildings are still in the same census block, are considered as one household;*
- 4) *Households that receive lodgings with meals (lodgers) with less than 10 lodgers;*
- 5) *Boarding houses, orphanages, correctional institutions and the like who live alone or with children, wives and other household members, eat from one kitchen separate from the institutions they manage;*
- 6) *A group of people who rents a room or part of a census building together, but manages his or her meal individually.*

b. Rumah tangga khusus adalah (i) orang-orang yang tinggal di asrama, tangsi, panti asuhan, lembaga pemasyarakatan, atau rumah tahanan yang pengurusan kebutuhan sehari-harinya dikelola oleh suatu yayasan atau lembaga, dan (ii) kelompok orang yang mondok dengan makan (indekos) dan berjumlah 10 orang atau lebih.

Rumah tangga yang dicakup dalam Susenas hanya rumah tangga biasa.

**Anggota rumah tangga** adalah semua orang yang biasanya bertempat tinggal di suatu rumah tangga (KRT, Suami/Istri, Anak, Menantu, Orang tua/Mertua, Famili lain, Pembantu rumah tangga, atau ART Lainnya) yang sudah tinggal 1 (satu) tahun atau lebih, atau tinggal kurang dari 1 tahun tetapi berniat menetap.

### **Rata-rata pengeluaran per kapita sebulan**

Pengeluaran untuk konsumsi makanan dihitung selama seminggu terakhir, sedangkan konsumsi bukan makanan dihitung selama sebulan dan setahun terakhir. Baik konsumsi makanan maupun bukan makanan selanjutnya dikonversikan kedalam pengeluaran rata-rata sebulan. Angka konsumsi/ pengeluaran rata-rata per kapita yang disajikan dalam publikasi ini diperoleh dari hasil bagi jumlah konsumsi seluruh

b. *Specific households are (i) people who live in dormitories, housings, orphanages, correctional institutions, or detention centers whose daily needs are managed by a foundation or institution, and (ii) groups of people living in food ( boarding house) and there are 10 or more people.*

*The households covered by Susenas are only ordinary households.*

**Household members** are all people who usually reside in a household (household head, husband / wife, children, son-in-law, parents / parents-in-law, other families, domestic helpers, or other household members) who have lived 1 (one) year or more, or stay less than 1 year but intend to stay.

### **Average monthly per capita expenditure**

*Expenditures for food consumption are calculated for the past week, while non-food consumption is calculated for the period April to September. Both food and non food consumption are converted on a average monthly expenditure. The average per capita consumption / expenditure figures presented in this publication are derived from the results of the total consumption of all*

rumah tangga terhadap jumlah penduduk (baik mengonsumsi maupun tidak).

**Pangsa pengeluaran pangan** adalah rasio pengeluaran untuk belanja pangan terhadap pengeluaran total penduduk selama satu bulan.

**Kuintil pengeluaran** adalah pengelompokan pengeluaran ke dalam lima kelompok yang sama besar setelah diurutkan mulai pengeluaran yang terkecil (kuintil 1) hingga terbesar (kuintil 5). Semakin tinggi kuintil pengeluaran menunjukkan semakin sejahtera.

**Tingkat Partisipasi Konsumsi** adalah perbandingan antara rumah tangga yang mengonsumsi komoditas tertentu dengan jumlah seluruh rumah tangga.

## Konsumsi Kalori dan Protein

Besarnya konsumsi kalori dan protein dihitung dengan mengalikan kuantitas setiap makanan yang dikonsumsi dengan nilai kandungan kalori dan protein setiap jenis makanan berdasarkan daftar konversi zat gizi. Saat ini daftar konversi zat gizi berpedoman pada hasil koordinasi dengan Direktorat Penganekaragaman Konsumsi Pangan, Deputy Bidang Penganekaragaman Konsumsi dan Keamanan Pangan, Badan Pangan

*households to the population (whether or not consuming).*

***The share of food expenditure** is the ratio of food expenditure per capita to total expenditure per capita for a month.*

***Quintile expenditure** is a grouping of expenditures into five groups of the same size after being ordered from the smallest (quintile 1) to the largest (quintile 5) expenditure. The higher the spending quintile shows the more prosperous.*

***Participation Rate of Consumption** is comparison comparison between households that consume certain commodities and the total number of households.*

## Protein and Calorie Consumption

*The amount of calories and protein consumption is calculated by multiplying the quantity of each food consumed by the value of the calories and protein content of each type of food based on the list of nutrient conversion. Currently, the list of nutrient conversions is guided by the results of coordination with the Directorate of Food Consumption Diversification, Deputy for Consumption Diversification and Food Safety, the National Food*

Nasional berdasar Daftar Konversi Bahan Makanan (DKBM) tahun 1990.

*Agency based on the 1990 List of Food Ingredients Conversion (DKBM).*

### **Sampling error**

*Sampling error* adalah kesalahan yang ditimbulkan dari penggunaan teknik sampling dalam suatu survei. Besarnya *sampling error* secara teori statistik ditunjukkan oleh besarnya angka *standard error* dari suatu angka estimasi persentase suatu variabel yang disajikan. Untuk mengukur presisi dari suatu angka estimasi digunakan besarnya *relative standard error*, yaitu rasio dari nilai *standard error* dengan nilai estimasi suatu variabel, yang dinyatakan dalam persentase (%). Dengan menggunakan selang kepercayaan 95 persen, dapat disajikan estimasi interval (*interval estimation*) dengan batas bawah sebesar nilai estimasi dikurangi dua *standard error* dan batas atas sebesar nilai estimasi ditambah dua *standard error*. Nilai estimasi sebagai berikut:

- a.  $RSE \leq 25\%$  dianggap akurat.
- b.  $RSE > 25\%$  tetapi  $\leq 50\%$  perlu hati-hati jika ingin digunakan.
- c.  $RSE > 50\%$ , maka nilai estimasi tersebut dianggap sangat tidak akurat. Salah satu cara mengatasinya yaitu dengan menggabungkan estimasi tersebut dengan estimasi lain untuk mendapatkan nilai estimasi yang RSE-nya lebih kecil.

### **Sampling errors**

*Sampling errors* are mistakes made by sampling technique using in a survey. The value of sampling errors statistically is usually measured in term of the standard error for a particular statistic percentage estimate of variables resulted. In order to measure the precision of estimate value, the relative standard error, the ratio between standard errors and estimate value of variables, is used and presented in the form of percentage value (%). The standard errors also could be used to calculate interval estimation using 95 percent confidence interval with lower limit equal to value estimation minus two times the standard errors and upper limit equal to value estimation plus two times the standard errors. The estimated value is as follows:

- a.  $RSE \leq 25\%$  considered accurate.
- b.  $RSE > 25\%$  but  $\leq 50\%$  need to be careful if you want to use.
- c.  $RSE > 50\%$ , then the estimated value is considered very inaccurate. One way to overcome this is to combine these estimates with other estimates to get a smaller estimated RSE value.



# PENGELUARAN DAN KONSUMSI PENDUDUK INDONESIA

Rata-rata pengeluaran per kapita sebulan Maret 2022

**Rp1.327.782,-**



**Naik 5%**  
dibandingkan  
kondisi Maret 2021

Pangsa Pengeluaran Makanan

**50,14%**



**Perkotaan**  
**Rp1.549.242,-**  
per kapita sebulan



**Perdesaan**  
**Rp1.028.896,-**  
per kapita sebulan

## KONSUMSI KALORI

Rata-rata konsumsi kalori per kapita sehari turun 2,99% dibandingkan Maret 2021



**Nasional**  
**2.079,09**  
kkal/kapita/hari



**Perkotaan**  
**2.063,63**  
kkal/kapita/hari



**Perdesaan**  
**2.099,95**  
kkal/kapita/hari

## KONSUMSI PROTEIN

Rata-rata konsumsi protein per kapita sehari turun 0,11% dibandingkan Maret 2021



**Nasional**  
**62,21**  
gram/kapita/hari



**Perkotaan**  
**63,45**  
gram/kapita/hari



**Perdesaan**  
**60,54**  
gram/kapita/hari

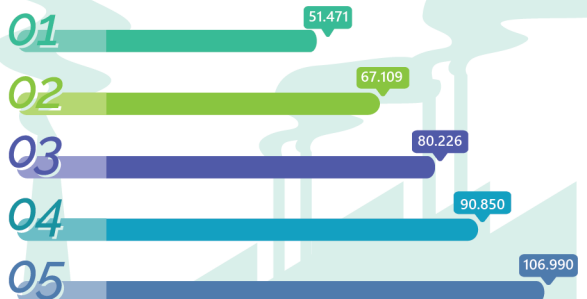
## RATA-RATA PENGELUARAN MINYAK GORENG RUMAH TANGGA



Rata-rata pengeluaran minyak goreng sebulan setiap rumah tangga di Indonesia

**Rp71.915,-**

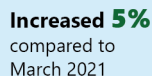
Pengeluaran minyak goreng menurut kelompok kuintil (rupiah/rumah tangga/bulan)



# CONSUMPTION AND EXPENDITURE OF INDONESIAN POPULATION

Average monthly per capita expenditure  
March 2022

**Rp1,327,782,-**



## Share of food expenditure

# 50.14%



## Urban

**Rp1,549,242,-**  
per capita a month



Rural

**Rp1,028,896,-**  
per capita a month

## CALORY CONSUMPTION

Average daily calorie consumption per capita decreased by 2.99% compared to March 2021



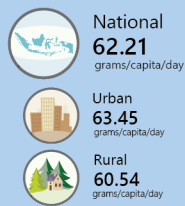
National  
2,079.09  
kcal/capita/day

Urban  
2,063.63  
kcal/capita/day

Rural  
2,099.95  
kcal/capita/day

## PROTEIN CONSUMPTION

Average daily per capita protein consumption decreased 0.11% compared to March 2021



National  
**62.21**  
grams/capita/

Urban  
**63.45**  
grams/capita/day

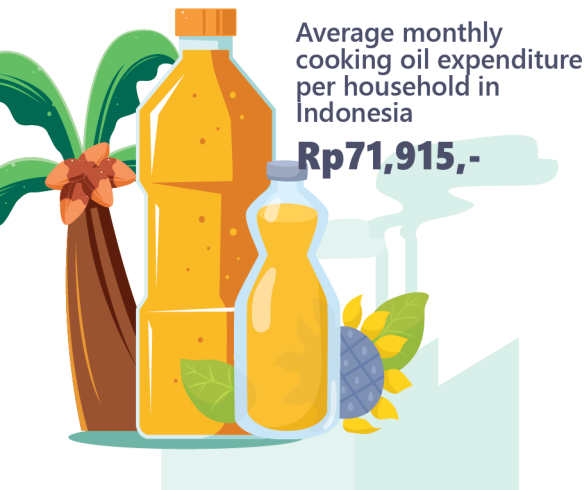
Rural  
**60.54**  
grams/capita/day



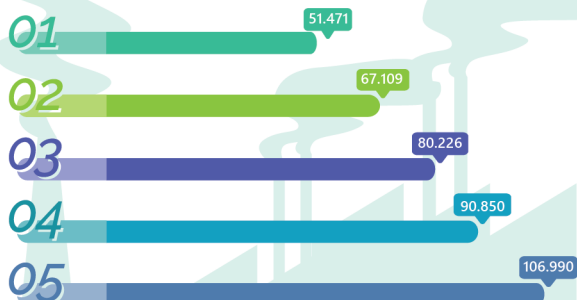
## AVERAGE HOUSEHOLD COOKING OIL EXPENDITURE

### Average monthly cooking oil expenditure per household in Indonesia

**Rp71,915,-**



### Cooking oil expenditure by quintile group (rupiahs/household/month)





### I. PENDAHULUAN

Kondisi Indonesia dari berbagai aspek kehidupan pada awal tahun 2022 semakin membaik setelah lebih dari dua tahun sejak kasus Covid pertama diumumkan di Indonesia. Pandemi Covid-19 menyebabkan kerugian besar yang dialami oleh masyarakat, mulai dari aspek kesehatan, pendidikan, sosial, hingga ekonomi. Meskipun demikian, Indonesia dapat bertahan di tengah krisis dan perlahan bangkit berkat kerja sama dan sinergi yang baik dari semua pihak.

Indikasi perbaikan kesejahteraan masyarakat yang mulai meningkat salah satunya terlihat dari penurunan penduduk miskin yang angkanya sudah mendekati kondisi sebelum pandemi terjadi. Data BPS menunjukkan bahwa persentase penduduk miskin pada Maret 2022 sebesar 9,54 persen atau sebanyak 26,61 juta orang. Baik persentase maupun jumlah penduduk miskin tersebut mengalami penurunan dibandingkan kondisi Maret 2021 maupun Maret 2020. Jika dibandingkan dengan kondisi Maret 2021 persentase penduduk miskin menurun 0,60 persen poin, sedangkan dibandingkan dengan Maret 2020 penurunannya sebesar 0,24 persen poin (BPS, 2022b).

### I. INTRODUCTION

*Indonesia's condition from various aspects of life at the beginning of 2022 was getting better after more than two years since the first Covid case was announced in Indonesia. The Covid-19 pandemic has caused huge losses to the community, from health, education, social and economic aspects. Nevertheless, Indonesia was able to survive in the midst of the crisis and slowly rise thanks to good cooperation and synergy from all parties.*

*One of the indications of improved people's welfare could be seen from the decline in the number of poor people whose numbers were close to conditions before the pandemic occurred. BPS data shows that the percentage of poor people in March 2022 was 9.54 percent or 26.61 million people. Both the percentage and the number of poor people have decreased compared to the conditions in March 2021 and March 2020. When compared to the conditions in March 2021, the percentage of the poor decreased by 0.60 percentage points, while compared to March 2020 the decline was 0.24 percentage points (BPS, 2022b).*

Lebih lanjut dijelaskan bahwa, penurunan tingkat kemiskinan tersebut salah satunya dipengaruhi oleh perekonomian Indonesia yang tumbuh positif pada triwulan I/2022. Jika dibandingkan tahun sebelumnya (y-o-y) perekonomian Indonesia tumbuh sebesar 5,01 persen. Indikasi daya beli masyarakat yang terus membaik juga terlihat dari inflasi inti yang menguat pada periode Januari-Maret 2022 (BPS, 2022a).

Pemerintah melalui program Pemulihan Ekonomi Nasional (PEN) terus melakukan penyesuaian kebijakan-kebijakan untuk mempercepat perbaikan kondisi masyarakat pasca pandemi. Selain klaster Kesehatan, program PEN juga dituangkan dalam lima klaster lainnya yaitu Perlindungan Sosial, Dukungan UMKM, Pembiayaan Korporasi, Insentif Usaha, serta Dukungan Sektorial Kementerian/Lembaga dan Pemda (Kemenkeu, 2022).

Program perlindungan sosial menjadi salah satu prioritas utama dalam PEN sebab dampak negatif pandemi akan mengganggu konsumsi serta tingkat permintaan masyarakat. Tujuan dari program ini adalah untuk memperluas, memperkuat dan

*It was further explained that the decline in the poverty rate was influenced by one of the factors of the Indonesian economy which grew positively in the first quarter of 2022. When compared to the previous year (y-o-y) the Indonesian economy grew by 5.01 percent. Indications of improving public purchasing power can also be seen from the strengthening core inflation in the January-March 2022 period (BPS, 2022a).*

*The government through the National Economic Recovery (PEN) program continues to make adjustments to policies to accelerate the improvement of community conditions after the pandemic. In addition to the Health cluster, the PEN program is also contained in five other clusters, namely Social Protection, MSME Support, Corporate Financing, Business Incentives, and Sectorial Support of Ministries/Agencies and Local Governments (Ministry of Finance, 2022).*

*The social protection program is one of the main priorities in PEN because the negative impact of the pandemic will disrupt consumption and the level of public demand. The purpose of this program is to expand, strengthen and encourage existing social safety net*

mendorong program jaring pengaman sosial yang telah ada agar lebih tepat sasaran untuk membantu daya beli dan konsumsi masyarakat dari kelompok miskin dan rentan. Dengan demikian, diharapkan perekonomian masyarakat kembali aktif.

Guna mengevaluasi dan mengawasi program dan kebijakan yang telah dilakukan, pemerintah membutuhkan data untuk menghasilkan indikator-indikator kesejahteraan rakyat tersebut khususnya pada sektor-sektor yang krusial terdampak pandemi. Akan tetapi, lebih jauh lagi pemerintah juga membutuhkannya untuk merencanakan pembangunan kedepannya. Program-program tersebut telah tertuang dalam RPJMN maupun RPJPN, bahkan dalam level global yaitu pada agenda-agenda SDGs.

Indikator-indikator kesejahteraan rakyat seperti tingkat kemiskinan, gini ratio, ketahanan pangan, dan pemenuhan gizi masyarakat dapat dihasilkan dari data Survei Sosial Ekonomi Nasional (Susenas). Pentingnya informasi tentang pengeluaran dan konsumsi masyarakat tersebut membuat BPS terus berupaya untuk menyediakan dan meningkatkan kualitas datanya. Data Susenas dikumpulkan langsung melalui wawancara dengan penduduk yang menjadi responden

*programs to be more targeted to help the purchasing power and consumption of the poor and vulnerable groups. Thus, it is hoped that the community's economy will be active again.*

*In order to evaluate and monitor the programs and policies that have been carried out, the government needs data to produce these indicators of people's welfare, especially in sectors that are crucially affected by the pandemic. However, furthermore the government also needs it to plan future development. These programs have been stated in the Mid Term NDP and Long Term NDP, even at the global level, namely on the SDGs agenda.*

*People's welfare indicators such as poverty level, Gini ratio, food security, and fulfillment of people nutrition can be generated from the National Socio-Economic Survey (Susenas) data. The importance of this information on public expenditure and consumption makes BPS continue to strive to provide and improve the quality of its data. Susenas data is collected directly through interviews with residents who are respondents so that they reflect the actual conditions in the community. Information on*

sehingga mencerminkan kondisi sebenarnya di masyarakat. Informasi konsumsi dan pengeluaran baik untuk komoditas makanan dan bukan makanan dikumpulkan secara periodik. Kemudian data tersebut diolah sehingga menghasilkan indikator-indikator guna mengevaluasi program-program kebijakan pemerintah yang telah dilaksanakan.

Publikasi ini menyajikan informasi mengenai rata-rata pengeluaran per kapita dan pangsa pengeluaran pangan penduduk hasil Susenas yang dilakukan pada Maret 2022. Informasi tersebut dapat menggambarkan kesejahteraan penduduk tentang ketahanan terhadap pangan. Selain itu, dilakukan data juga ditampilkan menggunakan disagregasi seperti provinsi, daerah tempat tinggal, dan kuintil pengeluaran guna melihat apakah kesejahteraan tersebut sudah merata atau belum.

*consumption and expenditure for both food and non-food commodities was collected periodically. Then the data was processed to produce indicators to evaluate government policy programs that have been implemented.*

*This publication provides information on the average expenditure per capita and the share of food expenditure of the population as a result of the Susenas conducted in March 2022. This information can describe the welfare of the population regarding food security. In addition, data is also displayed using disaggregation such as province, area of residence, and expenditure quintile to see whether the welfare is evenly distributed or not.*

## II. PENGELUARAN DAN KONSUMSI PENDUDUK INDONESIA

Data tentang besarnya pengeluaran dan konsumsi penduduk Indonesia sangat penting untuk menghasilkan indikator-indikator utama kesejahteraan rakyat seperti kemiskinan dan ketimpangan penduduk. Selain itu, pertumbuhan ekonomi juga dipengaruhi oleh konsumsi penduduk. Hal ini dapat dilihat dilihat komponen penyusun Produk Domestik Bruto (PDB) Indonesia dimana komponen Pengeluaran Konsumsi Rumah Tangganya mendominasi perekonomian Indonesia dengan share 53,65 persen pada triwulan I-2022 (BPS, 2022a).

Tujuan utama dari kegiatan konsumsi yang dilakukan penduduk adalah untuk memenuhi kebutuhan hidup. Fenomena yang terjadi khususnya di negara berkembang, bahwa faktor pendapatan sangat mempengaruhi tingkat konsumsi (Ikram, dkk., 2015). Informasi mengenai pendapatan sulit untuk didapatkan dan cenderung underestimate. Sehingga untuk mengumpulkan data konsumsi rumah tangga, BPS menggunakan pendekatan pengeluaran.

Pengeluaran konsumsi rumah tangga diartikan sebagai pengeluaran atas barang dan jasa oleh rumah tangga

## II. CONSUMPTION AND EXPENDITURE OF NDONESIAN POPULATION

*Data on the amount of expenditure and consumption of the Indonesian population is very important to produce main indicators of people's welfare such as poverty and population inequality. In addition, economic growth is also influenced by population consumption. This can be seen from the components that make up Indonesia's Gross Domestic Product (GDP), whose Household Consumption Expenditure component dominates the Indonesian economy with a 53.65 percent share in the first quarter of 2022 (BPS, 2022a).*

*The main purpose of consumption activities carried out by the population was to meet the needs of life. The phenomenon that occurred, especially in developing countries, was that income factors greatly affect consumption levels (Ikram et al., 2015). Information on income was difficult to obtain and tends to be underestimated. So to collect household consumption data, BPS used the expenditure approach.*

*Household consumption expenditure defined as expenditure on goods and services by households*

untuk tujuan konsumsi. Berdasarkan hasil Susenas Maret 2022, diketahui bahwa secara rata-rata pengeluaran konsumsi penduduk Indonesia mencapai 1.327.782 rupiah per kapita sebulan. Dibandingkan dengan tahun sebelumnya, terjadi kenaikan sebesar lima persen dimana pengeluaran pada Maret 2021 sebanyak 1.264.590 rupiah per kapita sebulan (Lampiran Tabel 1).

Saat dibedakan menurut daerah tempat tinggalnya, terlihat bahwa rata-rata pengeluaran penduduk perkotaan lebih banyak dibandingkan penduduk di daerah perdesaan. Setiap penduduk di perkotaan rata-rata menghabiskan sebanyak 1.549.242 rupiah sebulan untuk konsumsi, sedangkan penduduk di perdesaan sebanyak 1.028.896 rupiah.

Pengeluaran konsumsi tersebut terdiri dari pengeluaran untuk konsumsi komoditas makanan dan bukan makanan. Pada Maret 2022, rata-rata pengeluaran makanan sedikit lebih banyak dibandingkan komoditas bukan makanan. Rata-rata setiap penduduk Indonesia mengeluarkan sebanyak 665.757 rupiah sebulan untuk konsumsi komoditas makanan, sedangkan untuk komoditas bukan makanan sebanyak 662.025 rupiah. Rata-rata pengeluaran keduanya

*for consumption purposes. Based on the results of the March 2022 Susenas, it was known that the average consumption expenditure of the Indonesian population reached 1,327,782 rupiahs per capita per month (Appendix Table 1). Compared to the previous year, there was an increase of five percent where expenditure in March 2021 was 1,264,590 rupiahs per capita a month.*

*When differentiated according to the area of residence, it was seen that the average expenditure of urban population was more than population in rural areas. Each population in urban areas spent an average of 1,549,242 rupiahs a month for consumption, while the population in rural areas was 1,028,896 rupiahs.*

*The consumption expenditure consists of expenditure for consumption of food and non-food commodities. In March 2022, the average expenditure on food was slightly more than for non-food commodities. On average, each Indonesian population spent 665,757 rupiahs a month for the consumption of food commodities, while for non-food commodities was 662,025 rupiahs. The average expenditure of the two has increased compared to March 2021 by 6.89 percent for food commodities and*

mengalami peningkatan dibandingkan Maret 2021 sebesar 6,89 persen untuk komoditas makanan dan 3,16 persen untuk komoditas bukan makanan.

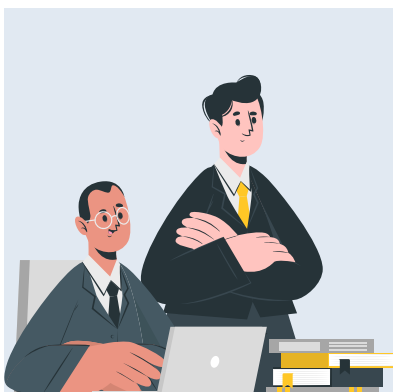
Jenis komoditas yang dikonsumsi oleh suatu rumah tangga dapat mencerminkan tingkat kesejahteraannya. Hal tersebut tercermin dari aspek ketahanan pangannya. Menurut UU No. 18 Tahun 2012 tentang Pangan, ketahanan pangan didefinisikan sebagai kondisi terpenuhinya pangan bagi negara sampai dengan perseorangan, yang tercermin dari tersedianya pangan yang cukup, baik jumlah maupun mutunya, aman, beragam, bergizi, merata, dan terjangkau serta tidak bertentangan dengan agama, keyakinan, dan budaya masyarakat, untuk dapat hidup sehat, aktif, dan produktif secara berkelanjutan.

Hukum Working menyatakan bahwa ketahanan pangan memiliki hubungan negatif dengan pangsa pengeluaran makanan. Pada saat

*3.16 percent for non-food commodities.*

*The type of commodity consumed by a household could reflect its level of welfare. This was reflected in the aspect of food security. According to Law no. 18 of 2012 concerning Food, food security is defined as the condition of fulfilling food for the state to individuals, which is reflected in the availability of sufficient food, both in quantity and quality, safe, diverse, nutritious, equitable and affordable and does not conflict with religion, belief, and community culture, to be able to live a healthy, active and productive life in a sustainable manner.*

*Working Law states that food security has a negative relationship with the share of food expenditure. When the level of household income*



**Hukum Engel** - sampai batas tertentu peningkatan pendapatan masyarakat akan dipergunakan untuk memenuhi konsumsi bahan makanan, tetapi setelah batas tersebut dilewati maka masyarakat akan cenderung meningkatkan konsumsi bukan makanan.

*To a certain extent the increase in people's income will be used to meet consumption of food, but after the limit is crossed then the community will tend to increase non-food consumption.*

**Hukum Working** - semakin besar pangsa pengeluaran pangannya semakin rendah ketahanan pangan rumah tangga.

*The greater the share of food expenditure the lower the household food security.*

(Harisman, 2017)



## OVERVIEW OF THE RESULTS

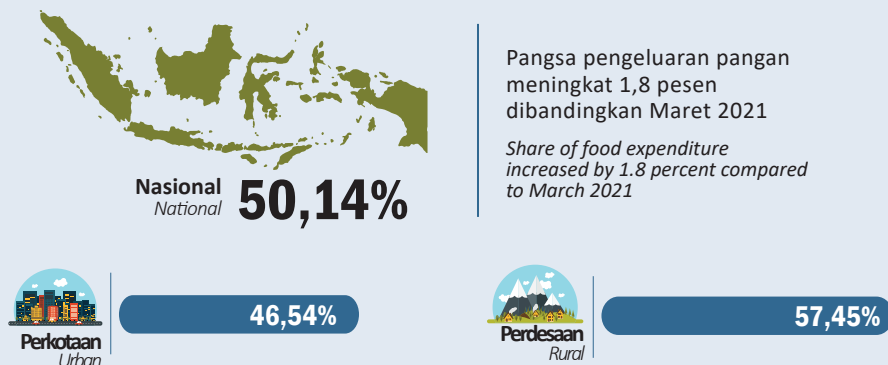
tingkat pendapatan rumah tangga rendah, maka rumah tangga tersebut cenderung untuk mencukupi kebutuhan makanan terlebih dahulu. Akibatnya proporsi pengeluaran untuk komoditas makanan akan lebih tinggi dibandingkan komoditas bukan makanan.

Kondisi pangsa pengeluaran pangan secara nasional pada Maret 2022 adalah 50,14 persen. Artinya, rumah tangga menggunakan sekitar 50,14 persen dari total pengeluaran untuk kebutuhan makanan (Gambar 1). Dibandingkan Maret 2021, terjadi peningkatan pangsa pengeluaran pangan sekitar 1,8 persen. Pangsa pengeluaran pangan Maret 2021 yaitu 49,25 persen.

*was low, the household tends to met their food needs first. As a result, the proportion of expenditure on food commodities would be higher than for non-food commodities.*

*The condition of the share of food expenditure nationally in March 2022 was 50.14 percent. This means that households used about 50.14 percent of the total expenditure for food needs (Figure 1). Compared to March 2021, there was an increase in the share of food expenditure by around 1.8 percent. The share of food expenditure in March 2021 was 49.25 percent.*

**Gambar 1**  
**Figure 1**  
**Pangsa Pengeluaran Pangan menurut Daerah Tempat Tinggal, Maret 2022**  
*Shares of Food Expenditure by Urban Rural Classification, March 2022*



Sumber/Source: BPS, Susenas Maret 2022/BPS-Statistics Indonesia, The March 2022 Susenas



Kenaikan proporsi pengeluaran makanan juga terjadi saat analisis dibedakan menurut daerah tempat tinggal. Penduduk yang tinggal di daerah perkotaan menggunakan sebanyak 721.084 rupiah untuk konsumsi makanan atau sekitar 46,54 persen dari total pengeluarannya. Dibandingkan Maret 2021, pangsa makanan tersebut meningkat sekitar 1,61 persen. Di sisi lain, rata-rata pengeluaran makanan per kapita sebulan penduduk daerah perdesaan yaitu 591.087 rupiah atau sekitar 57,45 persen dari total pengeluarannya. Kenaikan pangsa pengeluaran makanan di daerah perdesaan sebesar 2,22 persen lebih tinggi daripada kenaikan di perkotaan.

Saat dibedakan menurut jenis kelompok komoditasnya, maka kelompok Makanan dan Minuman Jadi memiliki rata-rata pengeluaran yang paling besar dibandingkan kelompok komoditas makanan lainnya. Secara nasional, rata-rata pengeluaran per kapita sebulan untuk komoditas tersebut sebanyak 207.650 rupiah (Lampiran Tabel 1). Proporsi pengeluaran tersebut sekitar 31,19 persen dari total pengeluaran makanan (Lampiran Tabel 2).

Rata-rata pengeluaran konsumsi kelompok Makanan dan Minuman Jadi penduduk perkotaan lebih besar

*An increase in the proportion of food expenditure also occurred when the analysis was differentiated by urban rural classification. Population living in urban areas used as much as 721,084 rupiahs for food consumption or about 46.54 percent of their total expenditure. Compared to March 2021, the share of these foods increased by about 1.61 percent. On the other hand, the average monthly per capita food expenditure of the population in rural areas was 591,087 rupiahs or about 57.45 percent of the total expenditure. The increase in the share of food expenditure in rural areas was 2.22 percent higher than the increase in urban areas.*

*When differentiated according to the type of commodity group, the Prepared Foods and Beverages group had the largest average expenditure compared to other food commodity groups. Nationally, the average monthly per capita expenditure for these commodities was 207,650 rupiahs (Appendix Table 1). The proportion of these expenditures was around 31.19 percent of the total food expenditure (Appendix Table 2).*

*Average expenditure of the Prepared Food and Beverage group of the urban population was larger than*

## OVERVIEW OF THE RESULTS

dibandingkan perdesaan. Setiap penduduk di perkotaan mengeluarkan sebanyak 246.924 rupiah sebulan atau 34,24 persen, sedangkan penduduk di perdesaan sebanyak 154.644 rupiah atau 26,16 persen dari total pengeluaran makanan.

Makanan dan Minuman Jadi merupakan jenis komoditas konsumsi yang tidak dimasak secara langsung oleh rumah tangga. Informasi tentang pengeluaran konsumsi komoditas tersebut dapat menjadi gambaran perilaku konsumsi masyarakat. Rata-rata pengeluaran Makanan dan Minuman Jadi mengalami peningkatan pada Maret 2022 setelah sebelumnya sempat menurun pada Maret 2021 baik untuk level nasional, maupun saat dibedakan menurut daerah tempat tinggal.

Secara nasional, rata-rata pengeluaran makanan dan minuman jadi naik sekitar 5,04 persen dibandingkan Maret 2021 (197.682 rupiah). Kenaikan tersebut lebih banyak disumbang oleh peningkatan pengeluaran Makanan dan Minuman Jadi di daerah perdesaan yaitu

*the rural population. Each population in urban areas spent as much as 246,924 rupiahs a month or 34.24 percent, while the population in rural areas as much as 154,644 rupiahs or 26.16 percent of the total food expenditure.*

*Prepared Food and Beverages were types of consumption commodities that were not cooked directly by households. Information regarding expenditure on consumption of these commodities could be an illustration of people's consumption behavior. Average Prepared Food and Beverage expenditure increased in March 2022 after previously declining in March 2021 both at the national level, and when differentiated by urban rural classification.*

*Nationally, the average food and beverage expenditure rose by around 5.04 percent compared to March 2021 (197,682 rupiah). The increase was contributed more by an increase in food and beverage expenditure in rural areas, which was 11.20 percent, while the increase in urban areas was only*



Pengeluaran kelompok Makanan dan Minuman Jadi kembali meningkat setelah sempat menurun pada masa pandemi.

*Expenditures for the Prepared Foods and Beverages group increased again after a decline during the pandemic.*

<a href="https://www.freepik.com/free-vector/food-truck-concept-illustration\_32318037.htm#page=3&query=food&position=26&from\_view=author">Image by storyset</a> on Freepik

sebanyak 11,20 persen, sedangkan kenaikan di perkotaan hanya sebesar 1,94 persen. Rata-rata pengeluaran pada Maret 2021 untuk perdesaan dan perkotaan masing-masing sebanyak 139.073 rupiah dan 242.214 rupiah per kapita sebulan.

Hal tersebut dapat menjadi indikasi bahwa pola konsumsi masyarakat khususnya terkait makanan yang tidak dimasak secara langsung mulai kembali pada kondisi seperti sebelum pandemi. Saat ini, pemerintah telah melonggarkan aturan-aturan pembatasan kegiatan sosial seiring kondisi pandemi yang semakin terkendali. Para pekerja mulai bekerja secara *offline* di kantor masing-masing. Begitu pula dengan kegiatan belajar mengajar. Tempat-tempat rekreasi dan pusat ekonomi telah beroperasi hampir secara penuh. Hal tersebut diduga memengaruhi kenaikan pengeluaran komoditas Makanan dan Minuman Jadi.

Di sisi lain, meskipun proporsi pengeluarannya hanya sekitar 3,26 persen dari total pengeluaran makanan, kelompok Minyak dan Kelapa memiliki kenaikan rata-rata pengeluaran paling besar dibandingkan kelompok komoditas lain. Rata-rata pengeluaran komoditas tersebut secara nasional sebanyak 21.717 rupiah, meningkat 34,80 persen dibandingkan Maret 2021 (16.111 rupiah).

*1.94 percent. The average expenditure in March 2021 for rural and urban areas was 139,073 rupiahs and 242,214 rupiahs per capita per month, respectively.*

*This can be an indication that people's consumption patterns, especially those related to food that are not cooked directly, were starting to return to conditions like before the pandemic. Currently, the government has relaxed the rules for restricting social activities as the pandemic conditions were increasingly under control. The workers started working offline in their offices. Likewise with teaching and learning activities. Recreational places and economic centers were almost fully operational. This were thought to have influenced the increase in food and beverage commodity spending.*

*On the other hand, although the proportion was only about 3.26 percent of total food expenditure, the Oil and Coconut group had the largest increase in average expenditure compared to other commodity groups. The average national expenditure for these commodities was 21,717 rupiahs, an increase of 34.80 percent compared to March 2021 (16,111 rupiahs).*

Pola yang sama juga terjadi saat dilakukan disagregasi menurut daerah tempat tinggal (perkotaan dan perdesaan). Di daerah perkotaan, kenaikannya sebesar 37,07 persen sedikit lebih besar dibandingkan di perdesaan yaitu dari 15.785 rupiah menjadi 21.638 rupiah. Di daerah perdesaan kenaikan sebesar 31,95 persen yaitu dari 16.539 rupiah menjadi 21.824 rupiah.

Hal tersebut diduga berkaitan dengan fenomena kelangkaan dan kenaikan harga minyak goreng yang sempat terjadi pada awal tahun 2022. Sehingga masyarakat mengeluarkan uang lebih banyak untuk konsumsi minyak goreng.

Pada kelompok komoditas bukan makanan, rata-rata pengeluaran tertinggi yaitu kelompok Perumahan & Fasilitas Rumah Tangga. Alokasi pengeluaran untuk kelompok tersebut mencapai lebih dari separuh terhadap total pengeluaran bukan makanan. Secara nasional rata-rata pengeluarannya sebanyak 355,069 rupiah per kapita sebulan atau sekitar 53,63 persen dari total pengeluaran makanan (Lampiran Tabel 1 dan 2.B).

Saat dibedakan menurut daerah tempat tinggalnya, diketahui bahwa pengeluaran komoditas tersebut di daerah perkotaan hampir dua

*The same pattern also occurred when disaggregation by area of residence (urban and rural). In urban areas, the increase was 37.07 percent, slightly larger than in rural areas, from 15,785 rupiahs to 21,638 rupiahs. In rural areas, the increase was 31.95 percent, from 16,539 rupiahs to 21,824 rupiahs.*

*This is allegedly related to the phenomenon of scarcity and rising cooking oil prices that had occurred in early 2022. So that people spent more money on cooking oil consumption.*

*In the non-food commodity group, the highest average expenditure was the Housing & Household Facilities group. Expenditure allocation for this group accounts for more than half of total non-food expenditure. Nationally, the average expenditure was 355,069 rupiahs per capita per month or about 53.63 percent of total food expenditure (Appendix Tables 1 and 2.B).*

*When differentiated according to the area of residence, it is known that expenditures for these commodities in urban areas are almost twice as large*

kali lipat lebih besar dibandingkan pengeluaran penduduk daerah perdesaan. Hal tersebut mungkin dipengaruhi faktor harga komoditas yang cenderung lebih mahal di perkotaan.

Secara umum, rata-rata pengeluaran seluruh kelompok komoditas bukan makanan meningkat dibandingkan Maret 2021, kecuali pada kelompok Barang Tahan Lama. Kelompok komoditas Pakaian, Alas Kaki, dan Tutup Kepala, serta kelompok Keperluan Pesta dan Upacara/Kenduri yang sempat menurun pada Maret 2021 kini rata-rata pengeluarannya meningkat. Hal tersebut tidak lepas dari kembali meningkatnya aktivitas masyarakat saat kondisi pandemi mulai terkendali.

Selanjutnya, gambaran rata-rata pengeluaran per kapita sebulan akan disajikan menurut kelompok pengeluaran penduduk. Hal ini bertujuan untuk mengetahui gambaran pemerataan kesejahteraan penduduk antargolongan. Berdasarkan pengeluarannya, penduduk Indonesia dikelompokkan menjadi lima kelompok yang selanjutnya disebut kelompok kuintil pengeluaran. Sebanyak 20 persen penduduk dengan pengeluaran terendah digolongkan menjadi kuintil pertama. Begitu seterusnya hingga 20 persen penduduk dengan rata-rata

*as those in rural areas. This may be influenced by commodity prices which tend to be more expensive in urban areas.*

*In general, the average expenditure of all non-food commodity groups increased compared to March 2021, except for the Durable Goods group. The Clothing, Footwear, and Headgear commodity group, as well as the Party and Ceremony group, which had decreased in March 2021, now have an average expenditure increase. This can not be separated from the increased in community activity when the pandemic conditions are under control.*

*Next, an overview of the average monthly per capita expenditure will be presented by population expenditure group. It aims to find out the description of the distribution of welfare of the population between groups. Based on the expenditure, the Indonesian population was grouped into five groups, hereinafter referred to as the expenditure quintile group. The 20 percent of the population with the lowest expenditure was classified into the first quintile. And so on until the 20 percent of the population with the highest average expenditure was*

pengeluaran tertinggi digolongkan menjadi kuintil kelima.

Indikator pengeluaran konsumsi penduduk dalam mencerminkan tingkat kesejahteraan salah satunya dapat dilihat dari disagregasi menurut kuintil pengeluaran. Hasil Susenas Maret 2022 menunjukkan bahwa rata-rata pengeluaran semakin meningkat seiring tingginya kuintil pengeluaran. Setiap penduduk pada kuintil kelima atau kuintil tertinggi memiliki rata-rata pengeluaran sebesar 3.067.188 rupiah sebulan. Pengeluaran tersebut sekitar enam kali lebih besar dibandingkan pengeluaran penduduk pada kuintil pertama yang pengeluarannya hanya sebanyak 476.384 rupiah (Lampiran Tabel 3). Rata-rata pengeluaran untuk seluruh kuintil mengalami peningkatan dibandingkan Maret 2021. Peningkatan terbesar yaitu pada kelompok kuintil pertama sebesar 8,34 persen dimana pada Maret 2021 rata-rata pengeluaran per kapita sebulan kuintil pertama sebanyak 439.713 rupiah.

Gambar 2 menunjukkan besaran *share* pengeluaran makanan penduduk terhadap total pengeluaran atau yang dikenal dengan pangsa pengeluaran makanan. Terlihat bahwa, pangsa pengeluaran makanan semakin kecil seiring tingginya kuintil pengeluaran. Dari kelima kuintil tersebut, hanya

*classified into the fifth quintile.*

*One of the indicators of population consumption expenditure in reflecting the level of welfare could be seen from the disaggregation according to expenditure quintiles. The results of the March 2022 Susenas show that the average expenditure continues to increase along with the high expenditure quintile. Each population in the fifth quintile or the highest quintile has an average expenditure of 3,067,188 rupiahs a month. This expenditure is about six times greater than the expenditure of the population in the first quintile whose expenditure is only 476,384 rupiahs (Appendix Table 3). The average expenditure for all quintiles has increased compared to March 2021. The largest increase was in the first quintile group of 8.34 percent where in March 2021 the average monthly per capita expenditure of the first quintile was 439,713 rupiahs.*

*Figure 2 shows the share of the population's food expenditure to total expenditure or what is known as the share of food expenditure. It can be seen that the share of food expenditure decreases as the expenditure quintile increases. Of the five quintiles, only the population group in the fifth quintile*



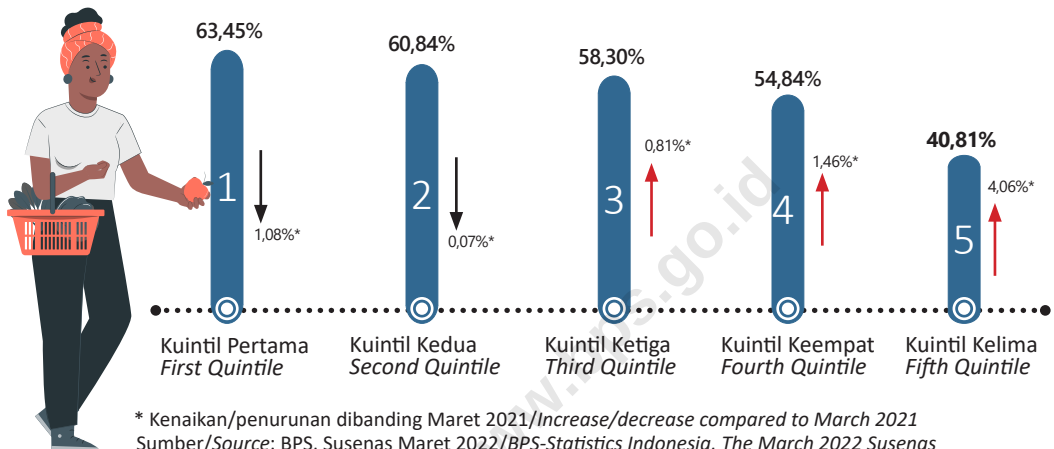
**Gambar**  
*Figure*

2

### Pangsa Pengeluaran Pangan menurut Kuintil Pengeluaran, Maret 2022

*Share of Food Expenditure by Quintile of Expenditure, March 2022*

**Hanya kelompok kuintil kelima yang memiliki pangsa pengeluaran makanan kurang dari 50 persen.**  
*Only the fifth quintile group has a share of food expenditure of less than 50 percent.*



kelompok penduduk pada kuintil kelima yang memiliki pangsa pengeluaran makanan kurang dari 50 persen. Rata-rata pengeluaran makanan setiap penduduk pada kuintil kelima sebanyak 1.251.661 rupiah per bulan atau setara 40,81 persen dari total pengeluarannya (Lampiran Tabel 3).

Sebaliknya, kelompok penduduk pada kuintil pertama hingga keempat memiliki pengeluaran makanan yang lebih banyak dibandingkan bukan makanan, sehingga pangsa pengeluaran makanannya lebih dari 50 persen. Menurut Hukum Working, hal tersebut menjadi indikasi bahwa ketahanan pangan pada kuintil kelima adalah yang paling baik.

*had a share of food expenditure of less than 50 percent. The average food expenditure population in the fifth quintile is 1,251,661 rupiahs per month or equivalent to 40.81 percent of the total expenditure (Appendix Table 3).*

*On the other hand, population groups in the first to fourth quintiles had more food expenditures than non-food commodities, so the share of food expenditures was more than 50 percent. According to the Working Law, this was an indication that food security in the fifth quintile was the best.*

Meskipun demikian, jika dibandingkan dengan Maret 2021, hanya kelompok kuintil pertama dan kedua yang mengalami penurunan pangsa pengeluaran makanan. Kenaikan pangsa pengeluaran makanan untuk kuintil kelima mencapai 4,06 persen dimana pada Maret 2021 sebesar 39,22 persen.

Selain itu, ketimpangan pengeluaran untuk kelompok komoditas bukan makanan antar kuintil pengeluaran juga masih tinggi. Hal tersebut terlihat dari rata-rata pengeluaran penduduk kuintil kelima yang sekitar sepuluh kali lebih besar dibandingkan kuintil pertama.

Jika dilihat lebih jauh menurut masing-masing kelompok komoditasnya, maka kelompok Perumahan dan Fasilitas Rumah Tangga memiliki pengeluaran yang paling besar pada semua kelompok kuintil. Proporsinya mencapai lebih dari separuh dari total pengeluaran komoditas bukan makanan pada masing-masing kelompok kuintil (Lampiran Tabel 4.B).

Indikasi ketimpangan rata-rata pengeluaran juga dapat dilihat dengan disagregasi kewilayahan pada level provinsi. Dari 34 provinsi yang tersebar di seluruh Indonesia, rentang rata-rata pengeluaran per kapita sebulannya

*However, when compared to March 2021, only the first and second quintile groups experienced a decrease in the share of food expenditure. The increase in the share of food expenditure for the fifth quintile reached 4.06 percent where in March 2021 it was 39.22 percent.*

*In addition, the disparity in spending for non-food commodity groups between expenditure quintiles was also still high. This can be seen from the average expenditure of the fifth quintile population which was about ten times higher than the first quintile.*

*If we look further according to each commodity group, the Housing and Household Facilities group had the largest expenditure in all quintile groups. The proportion accounts for more than half of the total expenditure on non-food commodities in each quintile group (Appendix Table 4.B).*

*Indications of the average disparity in expenditure could also be seen by disaggregating the regions at the provincial level. From 34 provinces spread throughout Indonesia, the average monthly per capita*



berkisar antara 884.102 rupiah hingga 2.525.347 rupiah. Atau dengan kata lain terdapat perbedaan sekitar tiga kali lipat antara provinsi dengan rata-rata pengeluaran tertinggi dengan yang terendah.

Provinsi dengan rata-rata pengeluaran per kapita sebulan tertinggi adalah DKI Jakarta. Meskipun demikian, rata-rata pengeluaran makanan setiap penduduk DKI Jakarta sebesar 953.321 rupiah (Lampiran Tabel 5) atau hanya 37,75 persen dari total pengeluarannya (Gambar 3). Pangsa pengeluaran makanan tersebut merupakan yang paling rendah dibandingkan provinsi lain, sehingga dapat dikatakan bahwa tingkat ketahanan pangan penduduk di Provinsi DKI Jakarta yang paling baik menurut Hukum Working.

Provinsi dengan rata-rata pengeluaran terendah yaitu Nusa Tenggara Timur (NTT) yang besarnya sekitar tiga kali lebih kecil dari pengeluaran DKI Jakarta. Ditinjau menurut jenis pengeluarannya, penduduk di NTT lebih banyak mengalokasikan pengeluarannya untuk konsumsi makanan yaitu sebanyak 480.749 rupiah atau sekitar 54,38 persen dari total pengeluarannya.

Di sisi lain, Provinsi Papua memiliki pangsa pengeluaran makanan

*expenditure ranges from 884,102 rupiahs to 2,525,347 rupiahs. Or in other words, there is an approximately three times difference between the provinces with the highest and lowest average expenditures.*

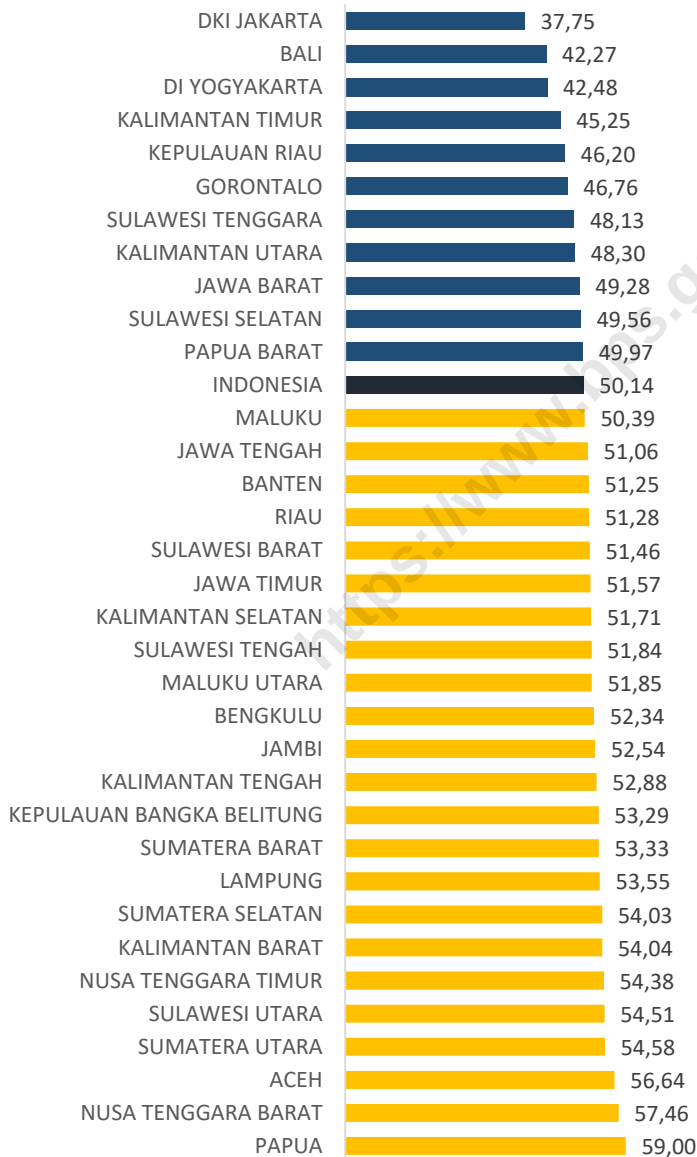
*The province with the highest average monthly per capita expenditure was DKI Jakarta. However, the average food expenditure every population in DKI Jakarta was 953,321 rupiahs (Appendix Table 5) or only 37.75 percent of the total expenditure (Figure 3). The share of food expenditure was the lowest compared to other provinces, so it can be said that the level of food security of the population in DKI Jakarta Province was the best according to the Working Law.*

*The province with the lowest average expenditure was Nusa Tenggara Timur (NTT), which was about three times less than the expenditure of DKI Jakarta. In terms of the type of expenditure, the population in NTT allocated more of their expenditure to food consumption, which was 480,749 rupiahs or about 54.38 percent of the total expenditure.*

*On the other hand, Papua Province had the highest share*

## OVERVIEW OF THE RESULTS

**Gambar 3** Pangsa Pengeluaran Pangan menurut Provinsi, Maret 2022  
**Figure 3** Shares of Food Expenditure by Province, March 2022



**11** provinsi  
provinces  
memiliki pangsa pengeluaran  
pangan kurang dari 50%  
had share of food expenditure  
less than 50%



Sumber/Source: BPS, Susenas Maret 2022/BPS-Statistics Indonesia, The March 2022 Susenas

yang paling tinggi dibandingkan provinsi lain. Rata-rata pengeluaran makanannya yaitu sebanyak 858.106 rupiah per kapita sebulan atau setara 59,00 persen dari total pengeluaran. Diketahui pula bahwa terdapat sebanyak 15 provinsi yang rata-rata pengeluaran per kapita sebulan penduduknya lebih tinggi dari angka nasional (Lampiran Tabel 5).

Selain rata-rata pengeluaran penduduk, informasi mengenai tingkat partisipasi konsumsi rumah tangga juga penting untuk mengetahui seberapa esensial ketersediaan suatu komoditas. Tingkat partisipasi konsumsi adalah gambaran seberapa banyak rumah tangga yang mengonsumsi suatu komoditas. Semakin tinggi tingkat partisipasinya maka semakin banyak rumah tangga yang mengonsumsi komoditas tersebut.

Ditinjau menurut kelompok komoditasnya, diketahui bahwa Makanan dan Minuman Jadi dikonsumsi oleh hampir seluruh rumah tangga di Indonesia dengan tingkat partisipasi konsumsi sebesar 99,19 persen (Gambar 4). Tingkat partisipasi komoditas tersebut juga merupakan yang paling tinggi dibanding kelompok komoditas lain. Kelompok komoditas dengan tingkat partisipasi konsumsi tertinggi kedua yaitu Padi-Padian sebesar 98,86

*of food expenditure compared to other provinces. The average food expenditure was 858,106 rupiahs per capita a month or equivalent to 59.00 percent of total expenditure. It was also known that there were 15 provinces whose average monthly per capita expenditure was higher than the national figure (Appendix Table 5).*

*In addition to the average population expenditure, information on the level of household consumption participation was also important to determine how essential the availability of a commodity was. The consumption participation rate was an illustration of how many households consume a commodity. The higher the level of participation, the more households consume these commodities.*

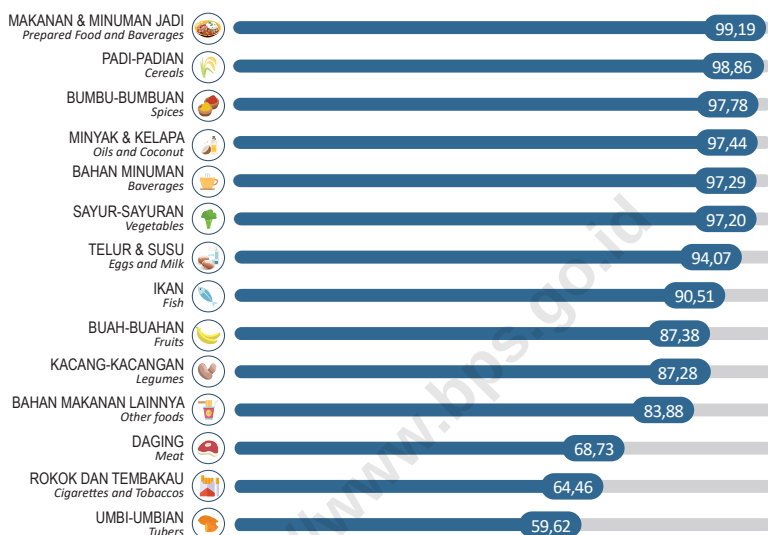
*In terms of commodity groups, it was known that Prepared Food and Beverages were consumed by almost all households in Indonesia with a consumption participation rate 99.19 percent (Figure 4). The participation rate for these commodities was also the highest compared to other commodity groups. The commodity group with the second highest consumption participation rate was Cereals at 98.86 percent. Other commodity groups with*

**Gambar**  
**Figure**

**4**

### Tingkat Partisipasi Konsumsi menurut Kelompok Komoditas Makanan, Maret 2022

*Consumption Participation Rate by Food Commodity Groups, March 2022*



Sumber/Source: BPS, Susenas Maret 2022/BPS-Statistics Indonesia, The March 2022 Susenas

persen. Kelompok komoditas lain dengan tingkat partisipasi konsumsi lebih dari 90 persen diantaranya Bumbu-Bumbuan, Minyak dan Kelapa, Bahan Minuman, Sayur-Sayuran, Telur dan Susu, serta Ikan.

Di sisi lain saat tingkat partisipasi konsumsi dilihat menurut masing-masing komoditasnya, maka komoditas dengan tingkat partisipasi tertinggi adalah Beras baik beras lokal, kualitas unggul, maupun impor dengan besar partisipasi konsumsi mencapai 98,68 persen (Lampiran Tabel 6). Komoditas

a consumption participation rate of more than 90 percent include Spices, Oil and Coconut, Beverage Stuffs, Vegetables, Eggs and Milk, and Fish.

On the other hand, when the consumption participation rate was seen by each commodity, the commodity with the highest participation rate was Cereals, both local, superior quality, and imported rice with a consumption participation rate of 98.68 percent (Appendix Table

makanan lainnya dengan partisipasi konsumsi tertinggi setelah Beras yaitu Garam (96,37 persen), Bawang Merah (94,95 persen), Minyak Goreng (93,67 persen), Gula Pasir (92,30 persen), dan Bawang Putih (91,79 persen).

Beras yang dikenal sebagai makanan pokok sebagian besar penduduk Indonesia, pada Maret 2022 ini konsumsinya sedikit mengalami penurunan dibandingkan Maret 2021. Rata-rata konsumsi per kapita sebulan Beras sebanyak 6,66 kg (Lampiran Tabel 7) turun sekitar 0,58 persen dimana pada Maret 2021 konsumsinya sebanyak 6,7 kg per kapita sebulan. Demikian juga untuk komoditas Minyak Kelapa dan Minyak Goreng yang turun 6,48 persen (dari 1,08 liter menjadi 1.01 liter) serta komoditas Gula Pasir turun 5,46 persen (dari 5,49 ons menjadi 5,19 ons) (Tabel Lampiran 7).

*6). Other food commodities with the highest consumption participation after Cereals were Salt (96.37 percent), Shallots (94.95 percent), Cooking Oil (93.67 percent), Sugar (92.30 percent), and Garlic (91.79 percent).*

*Cereals, which was known as the staple food for most of the Indonesian population, in March 2022, the consumption decreased slightly compared to March 2021. The average monthly per capita consumption of Cereals was 6.66 kg (Appendix Table 7) decreased by about 0.58 percent where in March 2021 consumption was 6.7 kg per capita a month. Likewise, Oil & Coconut fell 6.48 percent (from 1.08 liters to 1.01 liters) and Cane Sugar, which fell 5.46 percent (from 5.49 ounces to 5.19 ounces) (Appendix Table 7).*

### III. KONSUMSI KALORI DAN PROTEIN PENDUDUK INDONESIA

Kesejahteraan dapat dicapai saat kualitas sumber daya manusianya baik. Upaya mencapai manusia Indonesia yang berkualitas, sangat terkait erat dengan faktor pangan dan gizi (Chaereni, dkk. 2020). Terkait hal tersebut, pemerintah pun turut concern pada kebijakan yang berhubungan dengan pemenuhan gizi masyarakat.

Dalam RPJMN 2020 - 2024, sasaran dalam bidang kesehatan yang ingin dicapai adalah peningkatan derajat kesehatan dan status gizi masyarakat melalui upaya kesehatan dan pemberdayaan masyarakat yang didukung perlindungan finansial dan pemerataan pelayanan kesehatan (Kemenkes RI, 2020). Beberapa indikator penting yang digunakan untuk pengukuran yaitu angka kematian ibu, angka kematian bayi, serta prevalensi *stunting*, *wasting*, dan obesitas pada balita.

### III. CALORIE AND PROTEIN CONSUMPTION OF INDONESIAN POPULATION

*Welfare can be achieved when the quality of human resources is good. Efforts to achieve quality Indonesian people were closely related to food and nutrition factors (Chaereni, et al. 2020). Related to this, the government was also concerned about policies related to the fulfillment of community nutrition.*

*In the 2020-2024 RPJMN, the target in the health sector to be achieved was to improve the health status and nutritional status of the community through health efforts and community empowerment supported by financial protection and equitable distribution of health services (Kemenkes RI, 2020). Some important indicators used for measurement were maternal mortality, infant mortality, and the prevalence of stunting, wasting, and obesity in children under five.*



### Angka Kecukupan Gizi (AKG)

**2100** Angka  
Kecukupan  
kkal Energi

**57** Angka  
Kecukupan  
gram Protein

*Recommended Dietary Allowances (RDA) - Average Energy Adequacy Rate (AKE) 2100 kkal and Protein Adequacy Rate (PPA) of 57 grams / capita / day.*

Permenkes No.28 Tahun 2019

Aspek gizi erat kaitannya dengan dengan kegiatan konsumsi pangan. Tercukupinya kebutuhan pangan dapat diindikasikan dari pemenuhan kebutuhan energi dan protein (Adriani & Wirtjatmadi, 2012 dalam Arida, dkk. 2015). Pada Permenkes No. 28 Tahun 2019 tentang Angka Kecukupan Gizi (AKG) yang dianjurkan untuk masyarakat Indonesia ditentukan rekomendasi pemenuhan gizi harian, yaitu AKG untuk energi adalah 2.100 kkal/kapita/hari, sedangkan untuk konsumsi protein yaitu 57 gram/kapita/hari.

*The nutritional aspect is closely related to food consumption activities. Sufficient food needs can be indicated from the fulfillment of energy and protein needs (Adriani & Wirtjatmadi, 2012 in Arida, et al. 2015). In Minister of Health regulation No. 28 of 2019 concerning the Nutrient Adequacy Rate (RDA) recommended for the Indonesian people, the recommendation for daily nutrition was determined, namely the RDA for energy is 2,100 kcal/capita/day, while protein consumption is 57 grams/capita/day.*

**Gambar**  
*Figure*

5

**Rata-rata Konsumsi Kalori dan Protein per Kapita Sehari menurut Daerah Tempat Tinggal, Maret 2022**

*Average Daily per Capita Calorie and Protein Consumption by Urban Rural Classification, March 2022*

**KALORI**  
Kkal/Kcal



**Nasional**  
*National* **2.079,09**



**2.063,63**



**2.099,95**

**PROTEIN**  
Gram/Grams



**Nasional**  
*National* **62,21**



**63,45**



**60,54**

Sumber/Source: BPS, Susenas Maret 2022/BPS-Statistics Indonesia, The March 2022 Susenas



## OVERVIEW OF THE RESULTS

Rata-rata konsumsi kalori penduduk Indonesia hasil Susenas Maret 2022 dari seluruh komoditas makanan sebesar 2.079,09 kkal per kapita sehari (Gambar 5). Jika dibandingkan periode sebelumnya, terjadi penurunan sekitar 2,99 persen dimana konsumsi kalori pada Maret 2021 yaitu 2.143,21 kkal. Penurunan rata-rata konsumsi kalori juga terjadi saat dibedakan menurut daerah tempat tinggal. Rata-rata konsumsi kalori per hari penduduk di perkotaan sebesar 2.063,63 kkal menurun 3,28 persen, sedangkan di perdesaan sebesar 2.099,95 kkal menurun sekitar 2,59 persen. Penurunan tersebut menyebabkan konsumsi kalori harian penduduk belum mencukupi AKG yang direkomendasikan.

Saat diamati lebih jauh menurut masing-masing kelompok komoditasnya, penurunan konsumsi kalori terjadi pada lebih dari separuh kelompok komoditas yang tercakup pada Susenas dibandingkan Maret 2021. Kelompok Padi-Padian yang menyumbang porsi terbesar pada konsumsi kalori penduduk (40,46 persen) mengalami penurunan sebesar 0,81 persen yaitu dari 848,14 kkal menjadi 841,27 kkal.

Kelompok komoditas dengan proporsi kalori terbesar kedua yaitu

*The average calorie consumption of the Indonesian population as a result of the March 2022 Susenas from all food commodities was 2,079.09 kcal per capita per day (Figure 5). When compared to the previous period, there was a decrease of around 2.99 percent where calorie consumption in March 2021 was 2,143.21 kcal. The decrease in average calorie consumption also occurred when differentiated by area of residence. The average daily calorie consumption in urban areas was 2,063.63 kcal, a decrease of 3.28 percent, while in rural areas was 2,099.95 kcal, a decrease of around 2.59 percent. This decrease causes the daily calorie consumption of the population to not meet the recommended RDA.*

*When observed further according to each commodity group, the decreased in calorie consumption occurred in more than half of the commodity groups that included in the Susenas compared to March 2021. The Cereals group which contributed the largest portion to the population's calorie consumption (40.46 percent) experienced a decrease of 0.81 percent, from 848.14 kcal to 841.27 kcal.*

*The commodity group with the second largest proportion of calories*



Makanan dan Minuman Jadi. Konsumsi kalori komoditas tersebut pada Maret 2022 sebesar 429,65 kkal atau sekitar seperempat dari total konsumsi kalori. Terjadi penurunan sebesar 8,04 persen Maret 2021 (467,23 kkal). Selanjutnya, komoditas dengan proporsi terbesar ketiga yaitu kelompok Minyak dan Kelapa sebanyak 265,08 kkal per kapita sehari turun sekitar 7,47 persen (konsumsi kalori Maret 2021 yaitu 286,49 kkal). Pola yang sama juga terjadi baik di daerah perkotaan maupun perdesaan (Lampiran Tabel 8).

Sama halnya dengan konsumsi kalori, rata-rata konsumsi protein per kapita sehari penduduk Indonesia juga mengalami penurunan. Pada Maret 2022, rata-rata konsumsi protein sebanyak 62,21 gram (Gambar 5) menurun 0,11 persen dibanding Maret 2021 (62,28 gram). Penurunan konsumsi protein juga terjadi di daerah perkotaan sekitar 0,87 persen yaitu dari 64,01 gram menjadi 63,45 gram. Di sisi lain, konsumsi protein di daerah perdesaan sedikit meningkat (0,9 persen) dari 60,00 gram menjadi 60,54 gram pada Maret 2022. Meskipun demikian, secara umum konsumsi protein penduduk Indonesia pada Maret 2022 sudah melebihi AKG yang direkomendasikan.

*was Prepared Food and Beverages. The calorie consumption of this commodity in March 2022 was 429.65 kkal or about a quarter of the total calorie consumption. There was a decrease of 8.04 percent in March 2021 (467.23 kkal). Furthermore, the commodity with the third largest proportion, namely the Oil and Coconut group as much as 265.08 kkal per capita a day, decreased by around 7.47 percent (calorie consumption in March 2021, which was 286.49 kkal). The same pattern also occurs in both urban and rural areas (Appendix Table 8).*

*Similar to calorie consumption, the average daily per capita protein consumption of the Indonesian population had also decreased. In March 2022, the average protein consumption was 62.21 grams (Figure 5), a decrease of 0.11 percent compared to March 2021 (62.28 grams). The decrease in protein consumption also occurred in urban areas by around 0.87 percent, from 64.01 grams to 63.45 grams. On the other hand, protein consumption in rural areas increased slightly (0.9 percent) from 60.00 grams to 60.54 grams in March 2022. However, in general, protein consumption of the Indonesian population in March 2022 has exceeded the recommended RDA.*

## OVERVIEW OF THE RESULTS

Selain menjadi penyumbang kalori terbesar, kelompok Padi-Padian juga memiliki proporsi paling besar dari total konsumsi protein. Secara nasional, rata-rata konsumsi protein dari komoditas tersebut yaitu 19,80 gram (Lampiran Tabel 9) atau sekitar 31,82 persen dari total konsumsi protein. Ditinjau menurut daerah tempat tinggalnya, konsumsi kalori dari Padi-padian di daerah perdesaan lebih tinggi dibandingkan perkotaan dengan besar konsumsi masing-masing 21,65 gram dan 18,42 gram per kapita sehari. Baik di perkotaan maupun perdesaan konsumsi kalori dari Padi-padian menurun dibandingkan Maret 2021.

Di sisi lain, kelompok komoditas Ikan dan Daging yang dikenal sebagai sumber protein hewani, rata-rata konsumsinya meningkat dibandingkan Maret 2021. Akan tetapi, untuk kelompok Telur dan Susu rata-rata konsumsi proteinnya mengalami penurunan. Konsumsi protein dari kelompok Daging serta Telur dan Susu lebih banyak di perkotaan, sedangkan konsumsi protein dari kelompok Ikan lebih banyak pada penduduk perdesaan (Lampiran Tabel 9).

Kelompok komoditas Minyak & Kelapa memiliki *share* yang paling rendah terhadap total konsumsi

*In addition to being the largest contributor to calories, the Cereals group also had the largest proportion of total protein consumption. Nationally, the average protein consumption of these commodities was 19.80 grams (Appendix Table 9) or about 31.82 percent of the total protein consumption. Judging by the area of residence, the calorie consumption of Cereals in rural areas were higher than urban areas with consumption of 21.65 grams and 18.42 grams per capita per day, respectively. Both in urban and rural areas, calorie consumption from grains had decreased compared to March 2021.*

*On the other hand, the Fish and Meat commodity group, which was known as a source of animal protein, had an average consumption increase compared to March 2021. However, for the Egg and Milk group, the average protein consumption had decreased. Consumption of protein from the Meat and Eggs and Milk group was more in urban areas, while protein consumption from the Fish group is more in rural areas (Appendix Table 9).*

*The Oil & Coconut commodity group had the lowest share of total protein consumption. In March 2022,*

protein. Pada Maret 2022, terjadi penurunan konsumsi protein dari komoditas tersebut hingga 15,17 persen dimana konsumsi protein pada Maret 2021 sebanyak 0,20 gram menjadi 0,17 gram pada Maret 2022. Penurunan tersebut juga terjadi baik di daerah perkotaan maupun perdesaan. Bahkan penurunan konsumsi protein di perkotaan mencapai 20,74 persen. Hal tersebut diduga merupakan imbas dari kenaikan harga minyak pada Maret 2022, sehingga meskipun pengeluaran untuk kelompok Minyak & Kelapa meningkat tetapi konsumsinya menurun.

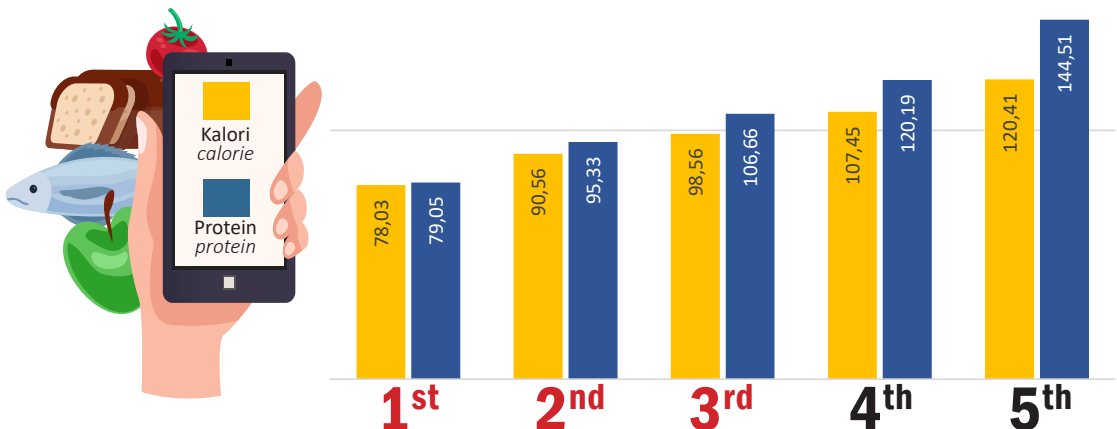
*there was a decrease in protein consumption from these commodities by 15.17 percent where protein consumption in March 2021 was 0.20 grams to 0.17 grams in March 2022. The decline also occurred in both urban and rural areas. In fact, the decline in protein consumption in urban areas reached 20.74 percent. This was thought to be the impact of the increase in oil prices in March 2022, so that although spending on the Oil & Coconut group increased, consumption decreased.*

**Gambar**  
Figure

6

**Persentase Konsumsi Kalori dan Protein terhadap AKG menurut Kuintil Pengeluaran, Maret 2022**

*Percentage of Calorie and Protein Consumption of Nutritional Adequacy Rate by Quintile of Expenditure, March 2022*



Sumber/Source: BPS, Susenas Maret 2022/BPS-Statistics Indonesia, The March 2022 Susenas

Konsumsi gizi penduduk ditinjau menurut kelompok kuintil menunjukkan bahwa belum semua kelompok memenuhi konsumsi gizi harian yang direkomendasikan. Dari Gambar 6 terlihat bahwa proporsi konsumsi kalori dan protein terhadap AKG pada kelompok kuintil pertama dan kedua belum mencapai seratus persen yang artinya masih dibawah AKG yang direkomendasikan. Di sisi lain, pada kuintil ketiga hanya rata-rata konsumsi proteinnya saja yang telah lampau AKG, sedangkan konsumsi kalornya baru 98,56 persen dari AKG.

Rata-rata konsumsi kalori semakin meningkat seiring tingginya kelompok kuintil (Lampiran Tabel 10). Jika dibandingkan dengan Maret 2021, terjadi penurunan konsumsi kalori pada semua kelompok kuintil dengan kisaran penurunan antara 1,44 persen sampai 3,6 persen. Penurunan rata-rata konsumsi kalori paling tinggi yaitu pada kuintil keempat dari 2.340,70 kkal menjadi 2.256,55 kkal. Di sisi lain, penurunan terendah pada kuintil kelima yaitu dari 2.565,59 kkal menjadi 2.528,68 kkal.

Kelompok Padi-padian memiliki proporsi terbesar pada total konsumsi kalori semua kuintil pengeluaran dan diikuti oleh kelompok Makanan dan

*The nutritional consumption of the population was reviewed according to quintile groups, showing that not all groups had met the recommended daily nutritional consumption. From Figure 6, it could be seen that the proportion of calorie and protein consumption to the RDA in the first and second quintile groups had not reached one hundred percent, which means it was still below the recommended RDA. On the other hand, in the third quintile, only the average protein consumption has exceeded the RDA, while the calorie consumption was only 98.56 percent of the RDA.*

*The average calorie consumption increased with the higher quintile groups (Appendix Table 10). When compared to March 2021, there was a decrease in calorie consumption in all quintile groups with a range of decline between 1.44 percent to 3.6 percent. The highest decrease in average calorie consumption was in the fourth quintile from 2,340.70 kcal to 2,256.55 kcal. On the other hand, the lowest decrease was in the fifth quintile, from 2,565.59 kcal to 2,528.68 kcal.*

*The Cereals group had the largest proportion of total calorie consumption in all expenditure quintiles and was followed by the Prepared Foods*

Minuman Jadi serta kelompok Minyak & Kelapa. Rata-rata konsumsi kalori dari kelompok Daging pada kuintil kelima mencapai 139,31 kkal atau sekitar empat kali lebih besar dibandingkan kuintil pertama (34,95 kkal per kapita sehari).

Sama seperti konsumsi kalori, rata-rata konsumsi protein pun semakin meningkat seiring tingginya kuintil pengeluaran (Lampiran Tabel 11). Rata-rata konsumsi protein pada kuintil kelima sebanyak 82,37 gram per kapita sehari. *Share* konsumsi protein terbesar pada kuintil kelima dari kelompok Makanan & Minuman Jadi sekitar seperempat dari total konsumsi protein kuintil tersebut. Di sisi lain, *share* terbesar konsumsi protein pada kelompok kuintil lainnya yaitu dari komoditas Padi-Padian, bahkan pada kuintil pertama proporsi Padi-padian mencapai 42,44 persen dari total konsumsi protein kuintil pertama.

Ketimpangan konsumsi kalori dan protein pada aspek kewilayahan juga masih terjadi. Hasil Susenas Maret 2022 menunjukkan bahwa rata-rata konsumsi kalori harian penduduk menurut provinsi berada pada rentang 1.836,68 kkal hingga 2.460,44 kkal. Artinya, konsumsi kalori provinsi yang paling tinggi, yaitu Nusa Tenggara

*and Beverages group and the Oil & Coconut group. The average calorie consumption of the Meat group in the fifth quintile reached 139.31 kkal or about four times greater than the first quintile (34.95 kkal per capita a day).*

*Similar to calorie consumption, the average protein consumption also increased as the expenditure quintile increased (Appendix Table 11). The average protein consumption in the fifth quintile was 82.37 grams per capita a day. The largest share of protein consumption was in the fifth quintile of the Prepared Food & Beverage group. So it's about a quarter of the total protein consumption of that quintile. On the other hand, the largest share of protein consumption in other quintile groups, namely from Cereals commodities, even in the first quintile the proportion of Cereals reached 42.44 percent of the total protein consumption of the first quintile.*

*Inequality in consumption of calories and protein in regional aspects also still occurs. The results of the March 2022 Susenas showed that the average daily calorie consumption of the population by province was in the range of 1,836.68 kkal to 2,460.44 kkal. This means that the province with the highest calorie consumption, namely*

## OVERVIEW OF THE RESULTS

**Gambar**  
*Figure*

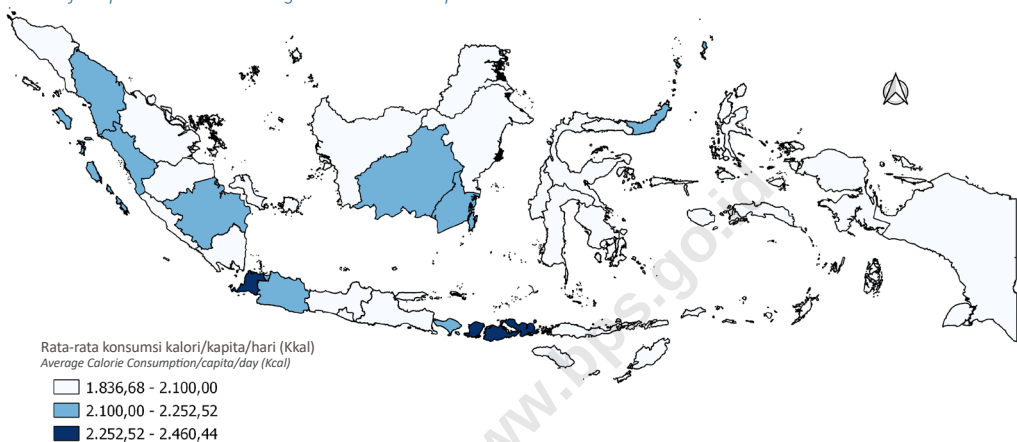
**7**

### Sebaran Rata-Rata Konsumsi Kalori per Kapita Sehari menurut Provinsi (Kkal), Maret 2022

*Distribution of Average Daily per Capita Calorie Consumption by Province (Kcal), March 2022*

Sebanyak 23 provinsi rata-rata konsumsinya belum memenuhi AKG.

*A total of 23 provinces the average calorie consumption does not meet the RDA.*



Sumber/Source: BPS, Susenas Maret 2022/BPS-Statistics Indonesia, The March 2022 Susenas

Barat, lebih banyak 1,34 kali dari provinsi dengan konsumsi kalori paling rendah yaitu Maluku (Lampiran Tabel 12).

Sebanyak 23 provinsi atau dengan kata lain lebih dari separuh provinsi di Indonesia konsumsi kalori belum mencukupi AKG yang direkomendasikan. Dibandingkan Maret 2021, jumlah provinsi dengan konsumsi kalori dibawah AKG mengalami peningkatan (Maret 2021 sebanyak 15 provinsi). Hal tersebut terjadi karena sebagian besar provinsi mengalami penurunan konsumsi kalori pada Maret 2022. Provinsi dengan penurunan konsumsi kalori paling

Nusa Tenggara Barat, was 1.34 times higher than the province with the lowest calorie consumption, namely Maluku (Appendix Table 12).

A total of 23 provinces or in other words, more than half of the provinces in Indonesia consumed calories that did not met the recommended RDA. Compared to March 2021, the number of provinces with calorie consumption below the RDA had increased (March 2021 was 15 provinces). This happened because most provinces experienced a decreased in calorie consumption in March 2022. The province with the largest decreased in calorie consumption was Kalimantan Utara.



besar yaitu Kalimantan Utara. Pada Maret 2021, rata-rata konsumsi kalori harian penduduk Kalimantan Utara sebanyak 2.023,44 kkal, turun 8,18 persen menjadi 1.857,92 kkal pada Maret 2022. Selanjutnya, Provinsi Kepulauan Riau dan DI Yogyakarta dengan penurunan sekitar enam persen sehingga membuat konsumsi kalornya dibawah AKG pada Maret 2022.

Berbeda dengan pola konsumsi kalori, sebagian besar provinsi konsumsi protein hariannya sudah mencapai kecukupan gizi yang disarankan. Hanya lima provinsi, yaitu Nusa Tenggara Timur, Papua Barat, Maluku Utara, Maluku,

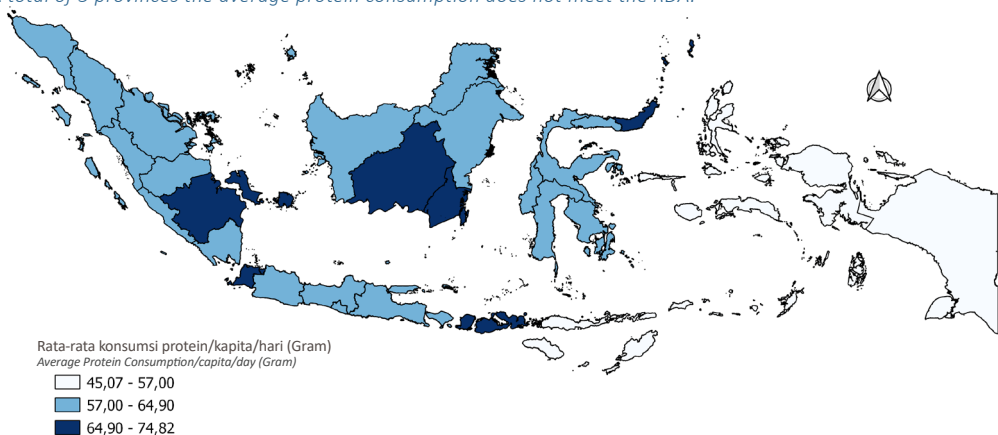
*In March 2021, the average daily calorie consumption of Kalimantan Utara population was 2,023.44 kkal, decreased 8.18 percent to 1,857.92 kkal in March 2022. Furthermore, Kepulauan Riau Province and DI Yogyakarta, with a decline of around six percent, made their calorie consumption below the RDA by March 2022.*

*In contrast to the pattern of calorie consumption, daily protein consumed in most provinces has reached the recommended nutritional adequacy. Only five provinces, namely Nusa Tenggara Timur, Papua Barat, Maluku Utara, Maluku,*

**Gambar 8** Sebaran Rata-Rata Konsumsi Protein per Kapita Sehari menurut Provinsi (Gram), Maret 2022  
**Figure 8** Distribution of Average Daily per Capita Protein Consumption by Province (Grams), March 2022

Sebanyak 5 provinsi rata-rata konsumsi protein belum memenuhi AKG.

*A total of 5 provinces the average protein consumption does not meet the RDA.*



Sumber/Source: BPS, Susenas Maret 2022/BPS-Statistics Indonesia, The March 2022 Susenas

dan Papua yang rata-rata konsumsi protein per kapita seharinya dibawah AKG (Lampiran Tabel 13). Penduduk Papua memiliki rata-rata konsumsi protein terendah yaitu 45,07 gram per kapita sehari. Di sisi lain, Nusa Tenggara Barat konsumsi proteinnya paling besar yaitu sebanyak 74,82 gram atau sekitar 1,67 kali lebih besar dari Papua. Terdapat beberapa provinsi yang mengalami penurunan konsumsi protein meskipun jumlahnya tidak sebanyak yang mengalami penurunan konsumsi kalori. Selain menjadi provinsi dengan penurunan terbesar konsumsi kalori, Kepulauan Riau, Kalimantan Utara, dan DI Yogyakarta juga menjadi provinsi dengan penurunan konsumsi protein terbesar dibandingkan Maret 2021.

*Maluku Utara, Maluku, and Papua had an average daily per capita protein consumption below the RDA (Appendix Table 13). Papuans had the lowest average protein consumption, which was 45.07 grams per capita a day. On the other hand, Nusa Tenggara Barat has the largest protein consumption, which was as much as 74.82 grams or about 1.67 times greater than Papua. There are several provinces that experienced a decrease in protein consumption, although the number was not as much as that experienced a decrease in calorie consumption. In addition to being the provinces with the largest decrease in calorie consumption, Kepulauan Riau, Kalimantan Utara, and DI Yogyakarta were also the provinces with the largest decline in protein consumption compared to March 2021.*



#### IV. PENGELUARAN DAN KONSUMSI MINYAK GORENG PENDUDUK INDONESIA

Terkait isu ketahanan pangan nasional, produk pangan berbasis sawit salah satunya minyak goreng menjadi bagian dietary penting bagi masyarakat Indonesia. Selain itu, minyak sawit telah menunjukkan kontribusinya sebagai bagian dari penyediaan bahan pangan (*feeding the world*) (PASPI, 2021).

Minyak goreng adalah minyak yang berasal dari lemak tumbuhan atau hewan yang dimurnikan dan berbentuk cair dalam suhu kamar yang biasanya digunakan untuk menggoreng. Minyak goreng yang terbuat dari bahan nabati atau hewani memiliki fungsi yang sama yaitu sebagai medium pengantar panas, penambah rasa gurih, serta meningkatkan nilai gizi dan kalori pada makanan yang digoreng. Di Indonesia, minyak goreng yang paling sering digunakan adalah Minyak Goreng Sawit (*Refined Bleached Deodorised Olein/RDBO*). Kondisi ini disebabkan karena Indonesia merupakan negara penghasil sawit, minyak ini juga cukup ideal dari segi harga dan ketersediaan (Kemendag, 2021).

Permintaan minyak goreng yang terus mengalami peningkatan dari tahun ke tahun seiring dengan

#### IV. COOKING OIL EXPENDITURE AND CONSUMPTION OF INDONESIAN POPULATION

*Regarding the issue of national food security, palm-based food products, one of which was cooking oil, were an important dietary part for the Indonesian population. In addition, palm oil had shown its contribution as part of the supply of food (feeding the world) (PASPI, 2021).*

*Cooking oil is oil derived from plant or animal fats that are purified and liquid at room temperature which is usually used for frying. Cooking oil made from vegetable or animal ingredients has the same function, namely as a medium for delivering heat, adding to the savory taste, and increasing the nutritional and caloric value of fried foods. In Indonesia, the most frequently used cooking oil was Palm Cooking Oil (Refined Bleached Deodorised Olein/RDBO). This condition was due to the fact that Indonesia was a palm-producing country, this oil was also quite ideal in terms of price and availability (Ministry of Trade, 2021).*

*The demand for cooking oil continues to increase from year to year along with the increase in population,*

## OVERVIEW OF THE RESULTS

pertambahan jumlah penduduk, membuat minyak goreng menjadi salah satu komoditas yang penting dan memiliki peranan dalam perekonomian Indonesia (Irnawati, 2021).

Komoditas Minyak Goreng pada Susenas masuk pada kelompok Minyak dan Kelapa. Minyak goreng yang dicakup meliputi minyak kelapa sawit dan minyak bunga matahari. Pengeluaran dan konsumsi yang dicatat yaitu minyak goreng yang benar dikonsumsi oleh rumah tangga seminggu yang lalu baik berasal dari pembelian, produksi sendiri, maupun pembelian.

Hasil Susenas Maret 2022 menunjukkan bahwa, rata-rata pengeluaran sebulan setiap rumah tangga untuk kelompok komoditas Minyak dan Kelapa sebanyak 81.732 rupiah (Lampiran Tabel 13). Dari total pengeluaran kelompok Minyak dan Kelapa, komoditas Minyak Goreng memiliki proporsi yang terbesar yaitu sebanyak 87,99 persen (Gambar 9). Setiap rumah tangga di Indonesia rata-rata mengeluarkan sebanyak 71.915 rupiah sebulan untuk konsumsi Minyak Goreng pada Maret 2022. Pengeluaran tersebut meningkat 53,55 persen dibandingkan Maret 2021. Rata-rata pengeluaran per rumah tangga sebulan pada Maret 2021 sebanyak 46.835 rupiah.

*made cooking oil became the one of the important commodities and had a role in the Indonesian economy (Irnawati, 2021).*

*Cooking Oil Commodities in Susenas were included in the Oil and Coconut group. Cooking oils covered include palm oil and sunflower oil. Expenditures and consumption recorded were cooking oil that was actually consumed by households a week ago either from purchases, own production, or purchases.*

*The results of the March 2022 Susenas show that the average monthly expenditure per household for the Oil and Coconut commodity group was 81,732 rupiahs (Appendix Table 13). Of the total expenditure of the Oil and Coconut group, Cooking Oil had the largest proportion of 87.99 percent (Figure 9). Each household in Indonesia spent an average of 71,915 rupiahs a month for cooking oil consumption in March 2022. This expenditure increased 53.55 percent compared to March 2021. The average monthly expenditure per household in March 2021 was 46,835 rupiahs.*

Lebih lanjut jika dibedakan menurut daerah tempat tinggalnya, rumah tangga di daerah perkotaan memiliki pengeluaran untuk Minyak Goreng yang sedikit lebih besar dibandingkan rumah tangga di perdesaan. Rata-rata pengeluaran Minyak Goreng setiap rumah tangga di perkotaan sebanyak 72.203 rupiah atau sekitar 89,21 persen dari total pengeluaran Minyak dan Kelapa perkotaan. Di sisi lain, rata-rata pengeluaran di perdesaan sebanyak 71.521 rupiah atau sekitar 86,35 persen dari total pengeluaran Minyak dan Kelapa perdesaan. Selain itu, pengeluaran konsumsi Minyak Goreng baik rumah tangga di daerah perkotaan

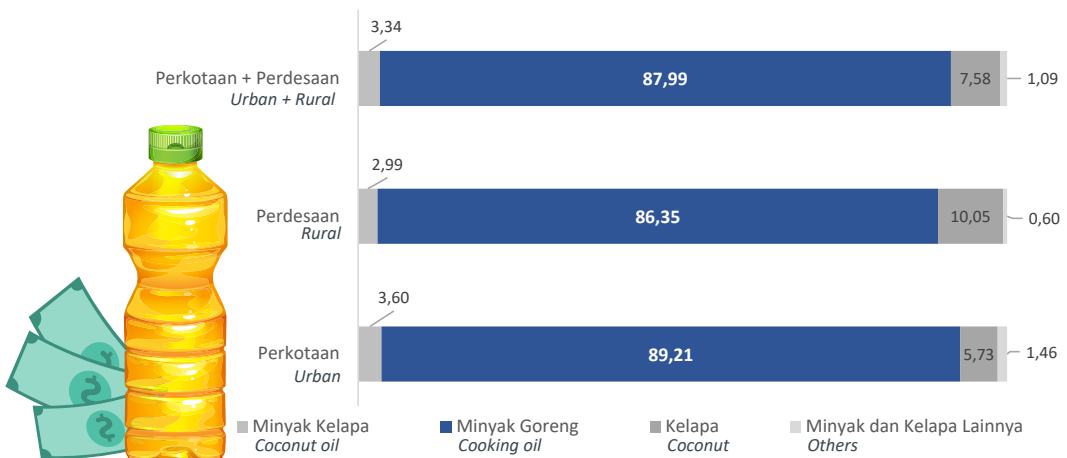
*Furthermore, if differentiated according to the urban rural clasification, households in urban areas had slightly higher expenditure on cooking oil than households in rural areas. The average expenditure of cooking oil per urban household was 72,203 rupiahs or about 89.21 percent of the total urban oil and coconut expenditure. On the other hand, the average expenditure in rural areas was 71,521 rupiahs or around 86.35 percent of the total rural oil and coconut expenditure. In addition, consumption expenditure for cooking oil, both for households in urban and rural areas, experienced an increase compared to March 2021. Expenditure*

**Gambar**  
*Figure*

9

**Persentase Pengeluaran Komoditas Minyak Goreng terhadap Total Pengeluaran Kelompok Minyak dan Kelapa menurut Daerah Tempat Tinggal, Maret 2022**

*Percentage of Cooking Oil Commodity Expenditure to Total Oil and Coconut Group Expenditure by Urban Rural Classification, March 2022*



Sumber/Source: BPS, Susenas Maret 2022/BPS-Statistics Indonesia, The March 2022 Susenas

<a href="https://www.freepik.com/free-vector/group-different-vegetables-bottle-oil-wooden-wall\_11770802.htm#query=cooking%20oil&from\_query=cooking%20oil&position=26&from\_view=search">Image by brgfx</a> on Freepik

maupun perdesaan sama-sama mengalami kenaikan dibandingkan Maret 2021. Pengeluaran pada Maret 2021 untuk rumah tangga perkotaan sebanyak 46.529 rupiah sebulan, sedangkan pada rumah tangga di daerah perdesaan sedikit lebih tinggi yaitu 47.239 rupiah.

Dilihat dari besar konsumsinya, rata-rata konsumsi Minyak Goreng per rumah tangga sebulan di Indonesia sebanyak 3,66 liter (Lampiran Tabel 14). Terdapat sedikit peningkatan konsumsi dibandingkan Maret 2021 sekitar satu persen dimana konsumsi pada Maret 2021 yaitu 3,62 liter per rumah tangga sebulan. Peningkatan tersebut dipengaruhi oleh besar konsumsi Minyak Goreng rumah tangga di daerah perkotaan yang meningkat sekitar 2,16 persen yaitu dari 3,61 liter pada Maret 2021 menjadi 3,69 liter pada Maret 2022. Di sisi lain, konsumsi Minyak Goreng rumah tangga perdesaan sedikit menurun yaitu dari 3,65 liter menjadi 3,63 liter sebulan pada Maret 2022.

Tingginya kenaikan rata-rata pengeluaran komoditas Minyak Goreng pada Maret 2022 yang tidak dibarengi oleh tingginya kenaikan konsumsi diduga dipengaruhi oleh kenaikan harga minyak goreng yang sempat terjadi pada awal tahun 2022. Kenaikan

in March 2021 for urban households was 46,529 rupiahs a month, while for households in rural areas it was slightly higher at 47,239 rupiahs.

*Judging from the amount of consumption, the average consumption of Cooking Oil per household per month in Indonesia was 3.66 liters (Appendix Table 14). There was a slight increase in consumption compared to March 2021 of around one percent where consumption in March 2021 was 3.62 liters per household per month. This increase was influenced by the large household consumption of Cooking Oil in urban areas which increased by around 2.16 percent, from 3.61 liters in March 2021 to 3.69 liters in March 2022. On the other hand, the consumption of Cooking Oil of rural households decreased slightly, namely from 3.65 liters to 3.63 liters a month in March 2022.*

*The high increase in the average consumption of cooking oil in March 2022, which was not accompanied by a high increase in consumption, was thought to have been influenced by the increase in cooking oil prices that had occurred in early 2022. The increase in*

harga tersebut membuat rumah tangga harus mengeluarkan uang lebih banyak untuk konsumsi minyak goreng. Kenaikan harga minyak goreng dapat disebabkan oleh beberapa faktor, diantaranya kenaikan harga minyak sawit mentah serta faktor ketersediaan dan kebutuhan minyak goreng. Ketika demand meningkat namun tidak disertai dengan peningkatan supply, akan menyebabkan ketidakseimbangan dan akhirnya berdampak pada kenaikan harga di pasaran (Irnawati, 2021).

Harga komoditas minyak goreng pada selama bulan Maret 2022 mengalami kenaikan yang cukup besar baik untuk jenis minyak goreng curah, kemasan sederhana maupun kemasan premium. Data Kementerian Perdagangan menunjukkan bahwa pada akhir Maret 2022 harga minyak goreng curah mencapai 18.200 rupiah per liter naik 15,19 persen dibandingkan kondisi awal Maret. Begitu pula minyak goreng kemasan sederhana dengan kenaikan harga mencapai 40,24 persen menjadi 23.000 rupiah per liter, sedangkan untuk kemasan premium harganya 25.600 rupiah per liter naik 48,84 persen (Kemendag, 2022). Harga minyak goreng curah masih lebih tinggi dari Harga Eceran Tertinggi (HET) yang ditetapkan oleh pemerintah yaitu 14.000 rupiah per liter (Permendag No. 11 Tahun 2022).

*prices forced households to spent more money on cooking oil consumption. The increase in the price of cooking oil could be caused by several factors, including the increase in the price of crude palm oil and the availability and demand for cooking oil. When demand increased but was not accompanied by an increase in supply, it will cause an imbalance and eventually had an impact on price increased in the market (Irnawati, 2021).*

*Commodity prices for cooking oil during March 2022 experienced a fairly large increase for the types of bulk cooking oil, simple packaging and premium packaging. Data from the Ministry of Trade showed that at the end of March 2022 the price of bulk cooking oil reached 18,200 rupiahs per liter, an increase of 15.19 percent compared to conditions in early March. Likewise, simple packaged cooking oil with a price increased of 40.24 percent to 23,000 rupiahs per liter, while for premium packaging the price was 25,600 rupiahs per liter, an increase of 48.84 percent (Ministry of Trade, 2022). The price of bulk cooking oil was still higher than the price of The Highest Ransom (HET) set by the government was 14,000 rupiahs per liter (Ministry of Trade's Law No. 11 of 2022).*

Minyak Goreng merupakan salah satu komoditas yang cukup esensial dalam kegiatan konsumsi makanan rumah tangga. Minyak goreng tersedia hampir pada seluruh rumah tangga di Indonesia yang digunakan untuk mengolah makanan seperti menggoreng dan menumis (Irnawati, 2021). Hal tersebut dapat dilihat dari tingkat partisipasi konsumsi Minyak Goreng yang mencapai 93,67 persen (Lampiran Tabel 6). Artinya, sekitar 9 dari 10 rumah tangga mengonsumsi Minyak Goreng.

Disagregasi menurut kuintil pengeluaran menunjukkan bahwa rata-rata pengeluaran sebulan setiap rumah tangga untuk minyak goreng semakin meningkat seiring tingginya kelompok kuintil. Setiap rumah tangga pada kuintil kelima rata-rata menghabiskan sebanyak 94.886 rupiah sebulan untuk konsumsi minyak goreng. Pengeluaran tersebut sekitar dua kali lebih besar dibandingkan pengeluaran untuk minyak goreng rumah tangga pada kuintil pertama yang hanya sebanyak 44.679 rupiah sebulan. Sementara itu, rata-rata pengeluaran minyak goreng pada kuintil kedua hingga keempat secara berurutan yaitu 58.441 rupiah, 70.389 rupiah, dan 80.276 rupiah (Lampiran Tabel 15).

*Cooking oil was one of the essential commodities in household food consumption activities. Cooking oil was available in almost all households in Indonesia which was used to process food such as frying and sautéing (Irnawati, 2021). This could be seen from the participation rate of cooking oil consumption which reached 93.67 percent (Appendix Table 6). That was, about 9 out of 10 households consume cooking oil.*

*Disaggregation by expenditure quintile showed that the average monthly expenditure per household for cooking oil increased with the higher quintile group. Each household in the fifth quintile spent an average of 94,886 rupiahs a month on cooking oil consumption. This expenditure was about twice as large as the expenditure on household cooking oil in the first quintile which was only 44,679 rupiahs a month. Meanwhile, the average expenditure on cooking oil in the second to fourth quintiles, respectively, was 58,441 rupiahs, 70,389 rupiahs, and 80,276 rupiahs (Appendix Table 15).*



Meskipun terdapat perbedaan pengeluaran Minyak Goreng yang cukup besar antara rumah tangga pada kuintil tertinggi dan terendah, tetapi pada Gambar 10 terlihat bahwa proporsi pengeluaran Minyak Goreng terhadap total pengeluaran kelompok Minyak dan Kelapa pada setiap kuintil tidak berbeda jauh antar kuintil. Proporsi pengeluaran untuk minyak goreng mencapai lebih dari 80 persen pada seluruh kuintil. Hal tersebut diduga terkait dengan harga dari jenis minyak goreng. Seperti yang diketahui, terdapat 3 jenis minyak

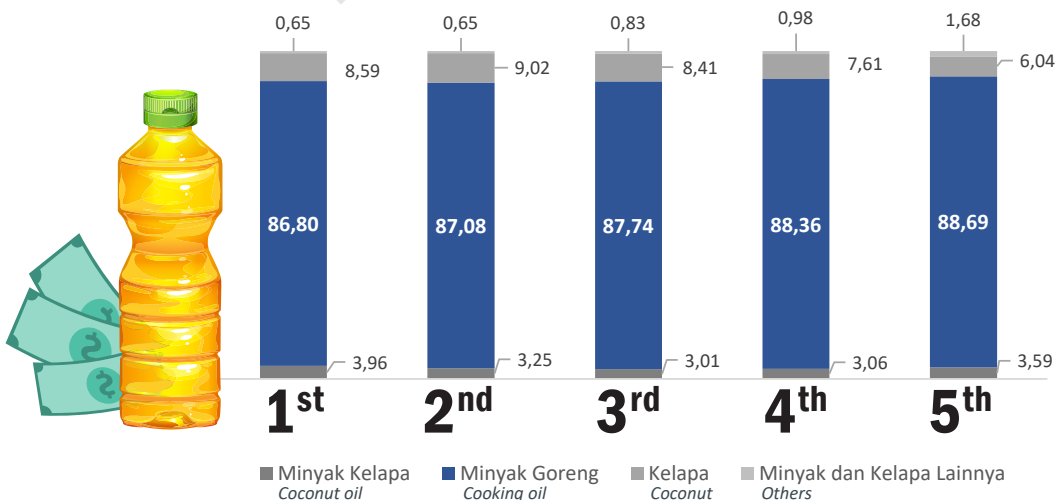
*Although there was a large difference in cooking oil expenditure between households in the highest and lowest quintiles, Figure 10 showed that the proportion of cooking oil expenditure to the total expenditure of oil and coconut in each quintile was not much different between quintiles. The proportion of expenditure on cooking oil reached more than 80 percent in all quintiles. This was allegedly related to the price of this type of cooking oil. As was known, there were 3 types of cooking oil derived from palm oil, namely bulk cooking oil, simple*

**Gambar**  
*Figure*

**10**

**Persentase Pengeluaran Komoditas Minyak Goreng terhadap Total Pengeluaran Kelompok Minyak dan Kelapa menurut Kuintil Pengeluaran, Maret 2022**

*Percentage of Cooking Oil Commodity Expenditure to Total Oil and Coconut Group Expenditure by Quintile of Expenditure, March 2022*



Sumber/Source: BPS, Susenas Maret 2022/BPS-Statistics Indonesia, The March 2022 Susenas

goreng yang berasal dari sawit yaitu minyak goreng curah, minyak goreng kemasan sederhana, dan minyak goreng kemasan premium. Perbedaan harga antara ketiga jenis minyak goreng tersebut cukup besar.

Jika dibandingkan dengan Maret 2021, rata-rata pengeluaran Minyak Goreng untuk semua kuintil mengalami peningkatan. Pada kuintil kelima peningkatan pengeluarannya mencapai 73,80 persen dimana pada Maret 2021 pengeluarannya sebanyak 54.594 rupiah sebulan per rumah tangga. Akan tetapi dilihat dari sisi konsumsinya, terdapat penurunan konsumsi minyak goreng pada rumah tangga kuintil pertama dan kedua masing-masing sebesar 4,66 persen dan 2,36 persen. Rata-rata konsumsi minyak goreng rumah tangga kuintil pertama pada Maret 2021 sebanyak 3,31 liter turun menjadi 3,16 liter sebulan pada Maret 2022. Sementara itu, konsumsi sebulan minyak goreng rumah tangga pada kuintil kedua sebanyak 3,63 liter pada Maret 2021 kemudian turun menjadi 3,55 liter pada Maret 2022. Rumah tangga pada kuintil keempat memiliki rata-rata konsumsi minyak goreng yang paling banyak yaitu 3,87 liter sebulan (Lampiran Tabel 16).

Rata-rata pengeluaran minyak goreng pada level provinsi besarnya

*packaged cooking oil, and premium packaged cooking oil. The price difference between the three types of cooking oil was quite large.*

*When compared to March 2021, the average cooking oil expenditure for all quintiles had increased. In the fifth quintile, the increase in expenditure reached 73.80 percent where in March 2021 the expenditure was 54,594 rupiahs a month per household. However, in terms of consumption, there was a decrease in consumption of cooking oil in the first and second quintile households by 4.66 percent and 2.36 percent, respectively. The average household cooking oil consumption of the first quintile in March 2021 was 3.31 liters, decreased to 3.16 liters a month in March 2022. Meanwhile, the monthly consumption of household cooking oil in the second quintile was 3.63 liters in March 2021 decreased to 3.55 liters in March 2022. Households in the fourth quintile had the highest average consumption of cooking oil, which was 3.87 liters a month (Appendix Table 16).*

*The average expenditure of cooking oil at the provincial level*



**Gambar**  
*Figure*

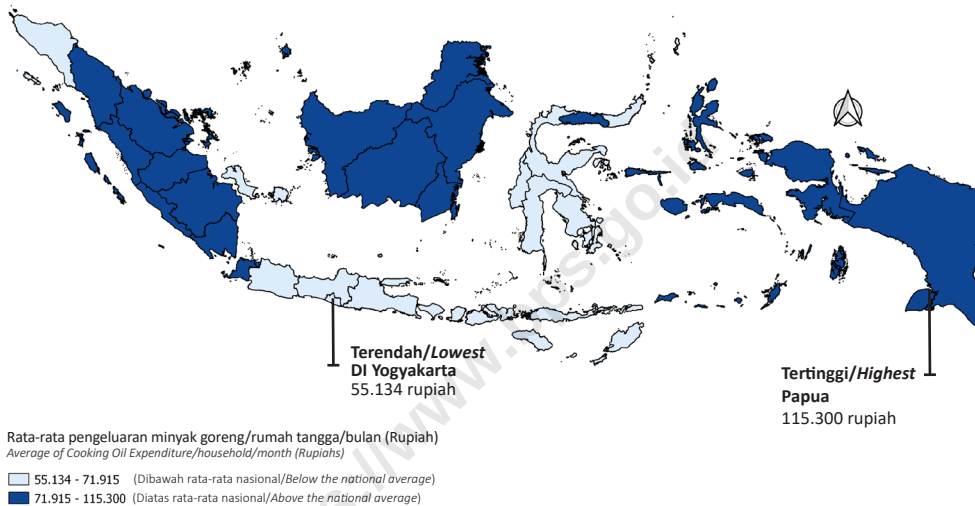
**11**

**Sebaran Rata-Rata Pengeluaran Minyak Goreng Sebulan per Rumah Tangga menurut Provinsi (Rupiah), Maret 2022**

*Distribution of Average Monthly per Household Cooking Oil Expenditures oby Province (Rupiah), March 2022*

Sebanyak 20 provinsi rata-rata pengeluaran minyak goreng diatas nasional.

*A total of 20 provinces the average of cooking oil expenditure above the national.*



Sumber/Source: BPS, Susenas Maret 2022/BPS-Statistics Indonesia, The March 2022 Susenas

cukup bervariasi. Tiga provinsi dengan rata-rata pengeluaran minyak goreng terbesar yaitu Papua (115.300 rupiah), Riau (111.712 rupiah), dan Papua Barat (102.569 rupiah) (Lampiran Tabel 17). Sementara itu, provinsi dengan rata-rata minyak goreng yang paling rendah yaitu DI Yogyakarta sebanyak 55.134 rupiah atau hanya sekitar separuh pengeluaran minyak goreng per rumah tangga di Papua.

Sebanyak 20 provinsi memiliki rata-rata pengeluaran minyak goreng diatas angka nasional pada Maret 2022. Selain itu, rata-rata pengeluaran

was quite varied. The three provinces with the largest average expenditure of cooking oil were Papua (115,300 rupiahs), Riau (111,712 rupiahs), and Papua Barat (102,569 rupiahs) (Appendix Table 17). Meanwhile, the province with the lowest average cooking oil was DI Yogyakarta with 55,134 rupiahs or only about half of the cooking oil expenditure per household in Papua.

A total of 20 provinces had an average cooking oil expenditure above the national figure in March 2022. In addition, the average cooking had

## OVERVIEW OF THE RESULTS

**Gambar**  
*Figure*

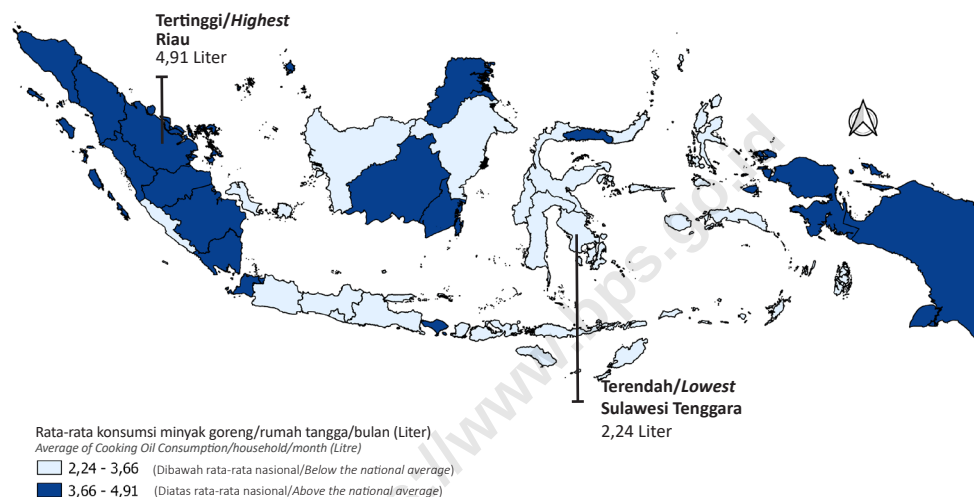
**12**

### Sebaran Rata-Rata Konsumsi Minyak Goreng Sebulan per Rumah Tangga menurut Provinsi (Liter), Maret 2022

*Distribution of Average Monthly per Household Cooking Oil Consumption by Province (Litre), March 2022*

Sebanyak 17 provinsi rata-rata konsumsi minyak gorengnya diatas nasional.

*A total of 17 provinces the average of health expenditure above the national.*



Sumber/Source: BPS, Susenas Maret 2022/BPS-Statistics Indonesia, The March 2022 Susenas

minyak goreng pada semua provinsi mengalami peningkatan dibandingkan Maret 2021. Peningkatan rata-rata pengeluaran minyak goreng terbesar ada di Provinsi Sulawesi Tengah sebesar 75,83 persen dari 39.624 rupiah pada Maret 2021 menjadi 69.670 rupiah per rumah tangga sebulan pada Maret 2022.

Berbeda dengan pengeluaran, ditinjau dari sisi konsumsinya, sebanyak 15 provinsi mengalami penurunan rata-rata konsumsi minyak goreng. Sulawesi Tenggara menjadi provinsi dengan penurunan terbesar

*increased compared to March 2021. The largest increase in average cooking oil expenditure was in Sulawesi Tengah Province of 75 .83 percent from 39,624 rupiahs in March 2021 to 69,670 rupiahs per household in March 2022.*

*In contrast to expenditure, in terms of consumption, as many as 15 provinces experienced a decrease in average consumption of cooking oil. Sulawesi Tenggara became the province with the largest decline in*

konsumsi minyak goreng. Pada Maret 2021, setiap rumah tangga di Sulawesi Tenggara mengonsumsi sebanyak 2,69 liter minyak goreng sebulan kemudian turun sekitar 16,77 persen menjadi 2,24 liter pada Maret 2022.

Rata-rata konsumsi minyak goreng per rumah tangga sebulan pada level provinsi pada Maret 2022 berkisar dalam rentang 2,24 liter hingga 4,91 liter. Provinsi dengan konsumsi minyak goreng terbesar yaitu Riau (4,91 liter), Sumatera Barat (4,81 liter), dan Jambi (4,67 liter) (Lampiran Tabel 18). Sementara itu, provinsi Sulawesi Tenggara memiliki konsumsi terendah sebanyak 2,24 liter sebulan per rumah tangga.

Minyak adalah komponen yang penting dalam menu manusia dan mampu memenuhi beberapa fungsi gizi. Minyak merupakan sumber energi yang padat (9 kal/gr) dan dapat membantu meningkatkan densitas kalori pada makanan (Winarno, 1999 dalam Amalia, dkk. 2010). Hasil Susenas Maret 2022 menunjukkan bahwa, konsumsi kalori per kapita sehari dari komoditas Minyak Goreng sebanyak 233,98 kkal (Gambar 13). Jika dibandingkan Maret 2021, terjadi penurunan sebesar 3,61 persen dimana konsumsi kalori minyak goreng pada Maret 2021 sebanyak 242,73 kkal.

*consumption of cooking oil. In March 2021, each household in Sulawesi Tenggara consumed as much as 2.69 liters of cooking oil a month and then decreased by around 16.77 percent to 2.24 liters in March 2022.*

*The average monthly consumption of cooking oil per household at the provincial level in March 2022 ranges from 2.24 liters to 4.91 liters. Provinces with the largest consumption of cooking oil were Riau (4.91 liters), Sumatera Barat (4.81 liters), and Jambi (4.67 liters) (Appendix Table 18). Meanwhile, Sulawesi Tenggara province had the lowest consumption of 2.24 liters per month per household.*

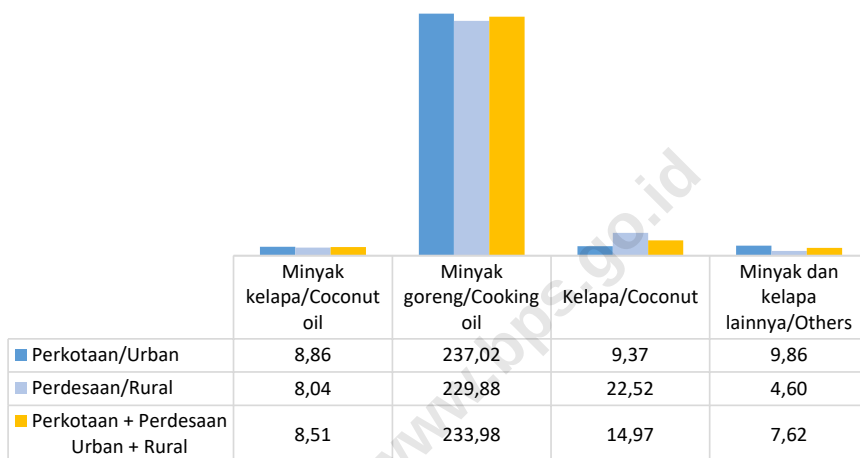
*Oil was an important component in the human diet and was able to fulfill several nutritional functions. Oil was a dense source of energy (9 cal/gr) and could help increase the calorie density of food (Winarno, 1999 in Amalia, et al. 2010). The results of the March 2022 Susenas showed that the daily per capita calorie consumption of the Cooking Oil commodity was 233.98 kcal (Figure 13). When compared to March 2021, there was a decrease of 3.61 percent where consumption calories of cooking oil in March 2021 as much as 242.73 kcal. The decrease in calorie consumption also occurred*

**Gambar**  
*Figure*

13

**Rata-rata Konsusmi Protein per Kapita Sehari Kelompok Minyak dan Kelapa menurut Komoditas dan Daerah Tempat Tinggal (Kkal), Maret 2022**

*Average Daily per Capita Protein Consumption of Oil and Coconut Group by Commodity and Residential Area (Kcal), March 2022*



Sumber/Source: BPS, Susenas Maret 2022/BPS-Statistics Indonesia, The March 2022 Susenas

Penurunan konsumsi kalori juga terjadi baik di daerah perkotaan maupun perdesaan. Rata-rata konsusmi kalori per kapita sehari Minyak Goreng di perkotaan menurun 1,92 persen yaitu dari 241,66 kkal menjadi 237,02 kkal. Sementara itu, untuk daerah perdesaan penurunannya sedikit lebih banyak sebesar 5,84 persen yaitu dari 244,14 kkal menjadi 229,88 kkal.

Proporsi kalori dari Minyak Goreng merupakan yang paling tinggi dibandingkan komoditas lain pada kelompok Minyak dan Kelapa. Baik secara nasional maupun saat

*in both urban and rural areas. The average daily consumption of calories per capita for cooking oil in urban areas decreased by 1.92 percent, from 241.66 kkal to 237.02 kkal. Meanwhile, for rural areas the decrease was slightly more by 5.84 percent, from 244.14 kkal to 229.88 kkal.*

*The proportion of calories from Cooking Oil was the highest compared to other commodities in the Oil and Coconut group. Both nationally and when differentiated by urban and*

dibedakan menurut daerah perkotaan dan perdesaan proporsi konsumsi kalori dari Minyak Goreng mencapai lebih dari 80 persen. Sementara itu, proporsinya terhadap total kalori seluruh komoditas makanan mencapai sekitar sebelas persen.

Sehingga dapat disimpulkan bahwa minyak goreng merupakan komoditas yang esensial pada kegiatan konsumsi masyarakat yang memiliki porsi cukup besar pada konsumsi kalori. Oleh karena itu, bila terjadi gejolak pada harga maupun ketersediaannya akan berdampak pada pola konsumsi masyarakat Indonesia.

*rural areas, the proportion of calorie consumption from cooking oil reached more than 80 percent. Meanwhile, the proportion to the total calories of all food commodities reached around eleven percent.*

*So it can be concluded that cooking oil is an essential commodity in people's consumption activities which have a fairly large portion of calorie consumption. Therefore, if there is a fluctuation in prices and availability, it will have an impact on the consumption patterns of the Indonesian population.*



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# LAMPIRAN

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*APPENDIX*



Tabel  
Table

1

**Rata-rata Pengeluaran per Kapita Sebulan menurut Kelompok Komoditas dan Daerah Tempat Tinggal (Rupiah), Maret 2022***Average Monthly per Capita Expenditure by Commodity Groups and Urban Rural Classification (Rupiahs), March 2022*

| Kelompok Komoditas<br><i>Commodity Groups</i>     |                                                                                 | Daerah Tempat Tinggal<br><i>Urban Rural Classification</i> |                           |                                                |
|---------------------------------------------------|---------------------------------------------------------------------------------|------------------------------------------------------------|---------------------------|------------------------------------------------|
|                                                   |                                                                                 | Perkotaan<br><i>Urban</i>                                  | Perdesaan<br><i>Rural</i> | Perkotaan +<br>Perdesaan<br><i>Urban+Rural</i> |
| (1)                                               |                                                                                 | (2)                                                        | (3)                       | (4)                                            |
| 1                                                 | Padi-padian/ <i>Cereals</i>                                                     | 67 200                                                     | 77 167                    | 71 442                                         |
| 2                                                 | Umbi-umbian/ <i>Tubers</i>                                                      | 7 495                                                      | 10 178                    | 8 637                                          |
| 3                                                 | Ikan/Udang/Cumi/Kerang<br><i>Fish/Shrimp/Squid/Shells</i>                       | 59 898                                                     | 51 512                    | 56 328                                         |
| 4                                                 | Daging/ <i>Meat</i>                                                             | 41 242                                                     | 27 243                    | 35 284                                         |
| 5                                                 | Telur dan Susu/ <i>Eggs and Milk</i>                                            | 42 297                                                     | 26 305                    | 35 491                                         |
| 6                                                 | Sayur-sayuran/ <i>Vegetables</i>                                                | 55 679                                                     | 52 598                    | 54 367                                         |
| 7                                                 | Kacang-kacangan/ <i>Legumes</i>                                                 | 14 743                                                     | 12 199                    | 13 660                                         |
| 8                                                 | Buah-buahan/ <i>Fruits</i>                                                      | 35 233                                                     | 24 646                    | 30 727                                         |
| 9                                                 | Minyak dan Kelapa/ <i>Oil and Coconut</i>                                       | 21 638                                                     | 21 824                    | 21 717                                         |
| 10                                                | Bahan Minuman/ <i>Beverages Stuffs</i>                                          | 19 551                                                     | 20 389                    | 19 908                                         |
| 11                                                | Bumbu-bumbuan/ <i>Spices</i>                                                    | 15 723                                                     | 13 898                    | 14 946                                         |
| 12                                                | Bahan Makanan Lainnya<br><i>Other Food Items</i>                                | 14 594                                                     | 11 825                    | 13 416                                         |
| 13                                                | Makanan dan Minuman Jadi<br><i>Prepared Food and Beverage</i>                   | 246 924                                                    | 154 644                   | 207 650                                        |
| 14                                                | Rokok dan Tembakau<br><i>Cigarette and Tobacco</i>                              | 78 867                                                     | 86 659                    | 82 183                                         |
| <b>Makanan/<i>Food</i></b>                        |                                                                                 | <b>721 084</b>                                             | <b>591 087</b>            | <b>665 757</b>                                 |
| 15                                                | Perumahan dan Fasilitas Rumah Tangga<br><i>Housing and Household Facilities</i> | 450 378                                                    | 226 439                   | 355 069                                        |
| 16                                                | Aneka Barang dan Jasa<br><i>Goods and Services</i>                              | 201 790                                                    | 97 026                    | 157 202                                        |
| 17                                                | Pakaian, Alas Kaki, dan Tutup Kepala<br><i>Clothing, Footwear, and Headgear</i> | 35 747                                                     | 27 264                    | 32 137                                         |
| 18                                                | Barang Tahan Lama/ <i>Durable Goods</i>                                         | 55 505                                                     | 39 660                    | 48 761                                         |
| 19                                                | Pajak, Pungutan, dan Asuransi<br><i>Taxes, Fees, and Insurances</i>             | 66 422                                                     | 33 744                    | 52 514                                         |
| 20                                                | Keperluan Pesta dan Upacara/Kenduri<br><i>Parties and Ceremonies</i>            | 18 316                                                     | 13 677                    | 16 342                                         |
| <b>Bukan Makanan/<i>Non Food</i></b>              |                                                                                 | <b>828 159</b>                                             | <b>437 809</b>            | <b>662 025</b>                                 |
| <b>Total Pengeluaran/<i>Total Expenditure</i></b> |                                                                                 | <b>1 549 242</b>                                           | <b>1 028 896</b>          | <b>1 327 782</b>                               |

Sumber/Source: BPS, Susenas Maret 2022/BPS-Statistics Indonesia, The March 2022 Susenas

Tabel  
Table

2.A

**Persentase Pengeluaran per Kapita Sebulan menurut Kelompok Komoditas Makanan dan Daerah Tempat Tinggal, Maret 2022***Percentage of Monthly per Capita Expenditure by Food Commodity Groups and Urban Rural Classification, March 2022*

| Kelompok Komoditas Makanan<br><i>Food Commodity Groups</i> |                                                               | Daerah Tempat Tinggal<br><i>Urban Rural Classification</i> |                           |                                                |
|------------------------------------------------------------|---------------------------------------------------------------|------------------------------------------------------------|---------------------------|------------------------------------------------|
|                                                            |                                                               | Perkotaan<br><i>Urban</i>                                  | Perdesaan<br><i>Rural</i> | Perkotaan +<br>Perdesaan<br><i>Urban+Rural</i> |
| (1)                                                        |                                                               | (2)                                                        | (3)                       | (4)                                            |
| 1                                                          | Padi-padian/ <i>Cereals</i>                                   | 9,32                                                       | 13,06                     | 10,73                                          |
| 2                                                          | Umbi-umbian/ <i>Tubers</i>                                    | 1,04                                                       | 1,72                      | 1,30                                           |
| 3                                                          | Ikan/Undang/Cumi/Kerang<br><i>Fish/Shrimp/Squid/Shell</i>     | 8,31                                                       | 8,71                      | 8,46                                           |
| 4                                                          | Daging/ <i>Meat</i>                                           | 5,72                                                       | 4,61                      | 5,30                                           |
| 5                                                          | Telur dan Susu/ <i>Eggs and Milk</i>                          | 5,87                                                       | 4,45                      | 5,33                                           |
| 6                                                          | Sayur-sayuran/ <i>Vegetables</i>                              | 7,72                                                       | 8,90                      | 8,17                                           |
| 7                                                          | Kacang-kacangan/ <i>Legumes</i>                               | 2,04                                                       | 2,06                      | 2,05                                           |
| 8                                                          | Buah-buahan/ <i>Fruits</i>                                    | 4,89                                                       | 4,17                      | 4,62                                           |
| 9                                                          | Minyak dan Kelapa/ <i>Oil and Coconut</i>                     | 3,00                                                       | 3,69                      | 3,26                                           |
| 10                                                         | Bahan Minuman/ <i>Beverages Stuffs</i>                        | 2,71                                                       | 3,45                      | 2,99                                           |
| 11                                                         | Bumbu-bumbuan/ <i>Spices</i>                                  | 2,18                                                       | 2,35                      | 2,24                                           |
| 12                                                         | Bahan Makanan Lainnya<br><i>Other Food Items</i>              | 2,02                                                       | 2,00                      | 2,02                                           |
| 13                                                         | Makanan dan Minuman Jadi<br><i>Prepared Food and Beverage</i> | 34,24                                                      | 26,16                     | 31,19                                          |
| 14                                                         | Rokok dan Tembakau<br><i>Cigarette and Tobacco</i>            | 10,94                                                      | 14,66                     | 12,34                                          |
| <b>Makanan/<i>Food</i></b>                                 |                                                               | <b>100,00</b>                                              | <b>100,00</b>             | <b>100,00</b>                                  |

Sumber/Source: BPS, Susenas Maret 2022/BPS-Statistics Indonesia, The March 2022 Susenas

Tabel  
Table

2.B

**Persentase Pengeluaran per Kapita Sebulan menurut Kelompok Komoditas Bukan Makanan dan Daerah Tempat Tinggal, Maret 2022***Percentage of Monthly per Capita Expenditure by Non Food Commodity Groups and Urban Rural Classification, March 2022*

| Kelompok Komoditas Bukan Makanan<br><i>Non Food Commodity Groups</i> |                                                                                 | Daerah Tempat Tinggal<br><i>Urban Rural Classification</i> |                           |                                                |
|----------------------------------------------------------------------|---------------------------------------------------------------------------------|------------------------------------------------------------|---------------------------|------------------------------------------------|
|                                                                      |                                                                                 | Perkotaan<br><i>Urban</i>                                  | Perdesaan<br><i>Rural</i> | Perkotaan +<br>Perdesaan<br><i>Urban+Rural</i> |
| (1)                                                                  |                                                                                 | (2)                                                        | (3)                       | (4)                                            |
| 1                                                                    | Perumahan dan Fasilitas Rumah Tangga<br><i>Housing and Household Facilities</i> | 54,38                                                      | 51,72                     | 53,63                                          |
| 2                                                                    | Aneka Barang dan Jasa<br><i>Goods and Services</i>                              | 24,37                                                      | 22,16                     | 23,75                                          |
| 3                                                                    | Pakaian, Alas Kaki, dan Tutup Kepala<br><i>Clothing, Footwear, and Headgear</i> | 4,32                                                       | 6,23                      | 4,85                                           |
| 4                                                                    | Barang Tahan Lama/ <i>Durable Goods</i>                                         | 6,70                                                       | 9,06                      | 7,37                                           |
| 5                                                                    | Pajak, Pungutan, dan Asuransi<br><i>Taxes and Insurances</i>                    | 8,02                                                       | 7,71                      | 7,93                                           |
| 6                                                                    | Keperluan Pesta dan Upacara/Kenduri<br><i>Parties and Ceremonies</i>            | 2,21                                                       | 3,12                      | 2,47                                           |
| <b>Bukan Makanan/<i>Non Food</i></b>                                 |                                                                                 | <b>100,00</b>                                              | <b>100,00</b>             | <b>100,00</b>                                  |

Sumber/Source: BPS, Susenas Maret 2022/BPS-Statistics Indonesia, The March 2022 Susenas

**Tabel 3 Rata-rata Pengeluaran per Kapita Sebulan menurut Kelompok Komoditas dan Kuintil Pengeluaran (Rupiah), Maret 2022**  
**Table Average Monthly per Capita Expenditure by Commodity Groups and Quintile of Expenditure (Rupiahs), March 2022**

| Kelompok Komoditas Makanan<br><i>Food Commodity Groups</i> |                                                                                 | Kuintil Pengeluaran<br><i>Quintile of Expenditure</i> |                        |                        |                          |                        |
|------------------------------------------------------------|---------------------------------------------------------------------------------|-------------------------------------------------------|------------------------|------------------------|--------------------------|------------------------|
|                                                            |                                                                                 | Pertama<br><i>First</i>                               | Kedua<br><i>Second</i> | Ketiga<br><i>Third</i> | Keempat<br><i>Fourth</i> | Kelima<br><i>Fifth</i> |
| (1)                                                        |                                                                                 | (2)                                                   | (3)                    | (4)                    | (5)                      | (6)                    |
| 1                                                          | Padi-padian/ <i>Cereals</i>                                                     | 60 412                                                | 65 133                 | 68 439                 | 75 224                   | 88 002                 |
| 2                                                          | Umbi-umbian/ <i>Tubers</i>                                                      | 4 166                                                 | 5 259                  | 7 058                  | 9 958                    | 16 742                 |
| 3                                                          | Ikan/Undang/Cumi/Kerang<br><i>Fish/Shrimp/Squid/Shell</i>                       | 21 281                                                | 34 614                 | 48 486                 | 66 584                   | 110 677                |
| 4                                                          | Daging/ <i>Meat</i>                                                             | 11 264                                                | 18 157                 | 25 513                 | 38 847                   | 82 639                 |
| 5                                                          | Telur dan Susu/ <i>Eggs and Milk</i>                                            | 14 068                                                | 20 550                 | 27 703                 | 39 367                   | 75 764                 |
| 6                                                          | Sayur-sayuran/ <i>Vegetables</i>                                                | 27 961                                                | 39 442                 | 49 743                 | 62 437                   | 92 254                 |
| 7                                                          | Kacang-kacangan/ <i>Legumes</i>                                                 | 8 169                                                 | 10 573                 | 12 610                 | 15 281                   | 21 667                 |
| 8                                                          | Buah-buahan/ <i>Fruits</i>                                                      | 9 236                                                 | 15 809                 | 23 052                 | 34 089                   | 71 450                 |
| 9                                                          | Minyak dan Kelapa/ <i>Oil and Coconut</i>                                       | 11 481                                                | 16 301                 | 20 880                 | 25 437                   | 34 485                 |
| 10                                                         | Bahan Minuman/ <i>Beverages Stuffs</i>                                          | 12 095                                                | 15 422                 | 18 279                 | 22 290                   | 31 454                 |
| 11                                                         | Bumbu-bumbuan/ <i>Spices</i>                                                    | 7 353                                                 | 10 338                 | 13 065                 | 16 843                   | 27 131                 |
| 12                                                         | Bahan Makanan Lainnya<br><i>Other Food Items</i>                                | 6 584                                                 | 9 348                  | 12 033                 | 15 834                   | 23 280                 |
| 13                                                         | Makanan dan Minuman Jadi<br><i>Prepared Food and Beverage</i>                   | 74 048                                                | 120 475                | 167 873                | 233 633                  | 442 216                |
| 14                                                         | Rokok dan Tembakau<br><i>Cigarette and Tobacco</i>                              | 34 151                                                | 58 095                 | 79 912                 | 104 859                  | 133 900                |
|                                                            | <b>Makanan/<i>Food</i></b>                                                      | <b>302 269</b>                                        | <b>439 517</b>         | <b>574 646</b>         | <b>760 683</b>           | <b>1 251 661</b>       |
| 15                                                         | Perumahan dan Fasilitas Rumah Tangga<br><i>Housing and Household Facilities</i> | 99 569                                                | 160 921                | 234 250                | 354 195                  | 926 403                |
| 16                                                         | Aneka Barang dan Jasa<br><i>Goods and Services</i>                              | 40 971                                                | 66 950                 | 96 385                 | 143 476                  | 438 225                |
| 17                                                         | Pakaian, Alas Kaki, dan Tutup Kepala<br><i>Clothing, Footwear, and Headgear</i> | 9 882                                                 | 17 130                 | 24 955                 | 35 239                   | 73 476                 |
| 18                                                         | Barang Tahan Lama/ <i>Durable Goods</i>                                         | 3 978                                                 | 8 598                  | 15 259                 | 31 747                   | 184 223                |
| 19                                                         | Pajak Pungutan dan Asuransi<br><i>Taxes and Insurances</i>                      | 17 857                                                | 25 525                 | 33 568                 | 48 651                   | 136 967                |
| 20                                                         | Keperluan Pesta dan Upacara/Kenduri<br><i>Parties and Ceremonies</i>            | 1 859                                                 | 3 721                  | 6 664                  | 13 229                   | 56 234                 |
|                                                            | <b>Bukan Makanan/<i>Non Food</i></b>                                            | <b>174 115</b>                                        | <b>282 845</b>         | <b>411 081</b>         | <b>626 537</b>           | <b>1 815 527</b>       |
|                                                            | <b>Total Pengeluaran/<i>Total Expenditure</i></b>                               | <b>476 384</b>                                        | <b>722 362</b>         | <b>985 727</b>         | <b>1 387 220</b>         | <b>3 067 188</b>       |

Sumber/Source: BPS, Susenas Maret 2022/BPS-Statistics Indonesia, The March 2022 Susenas



**Tabel 4.A** **Persentase Pengeluaran per Kapita Sebulan menurut Kelompok Komoditas Makanan dan Kuintil Pengeluaran, Maret 2022**  
*Percentage of Monthly per Capita Expenditure by Commodity Groups and Quintile of Expenditure, March 2022*

| Kelompok Komoditas Makanan<br><i>Food Commodity Groups</i> |                                                               | Kuintil Pengeluaran<br><i>Quintile of Expenditure</i> |                        |                        |                          |                        |
|------------------------------------------------------------|---------------------------------------------------------------|-------------------------------------------------------|------------------------|------------------------|--------------------------|------------------------|
|                                                            |                                                               | Pertama<br><i>First</i>                               | Kedua<br><i>Second</i> | Ketiga<br><i>Third</i> | Keempat<br><i>Fourth</i> | Kelima<br><i>Fifth</i> |
| (1)                                                        |                                                               | (2)                                                   | (3)                    | (4)                    | (5)                      | (6)                    |
| 1                                                          | Padi-padian/ <i>Cereals</i>                                   | 19,99                                                 | 14,82                  | 11,91                  | 9,89                     | 7,03                   |
| 2                                                          | Umbi-umbian/ <i>Tubers</i>                                    | 1,38                                                  | 1,20                   | 1,23                   | 1,31                     | 1,34                   |
| 3                                                          | Ikan/Udang/Cumi/Kerang<br><i>Fish/Shrimp/Squid/Shell</i>      | 7,04                                                  | 7,88                   | 8,44                   | 8,75                     | 8,84                   |
| 4                                                          | Daging/ <i>Meat</i>                                           | 3,73                                                  | 4,13                   | 4,44                   | 5,11                     | 6,60                   |
| 5                                                          | Telur dan Susu/ <i>Eggs and Milk</i>                          | 4,65                                                  | 4,68                   | 4,82                   | 5,18                     | 6,05                   |
| 6                                                          | Sayur-sayuran/ <i>Vegetables</i>                              | 9,25                                                  | 8,97                   | 8,66                   | 8,21                     | 7,37                   |
| 7                                                          | Kacang-kacangan/ <i>Legumes</i>                               | 2,70                                                  | 2,41                   | 2,19                   | 2,01                     | 1,73                   |
| 8                                                          | Buah-buahan/ <i>Fruits</i>                                    | 3,06                                                  | 3,60                   | 4,01                   | 4,48                     | 5,71                   |
| 9                                                          | Minyak dan Kelapa/ <i>Oil and Coconut</i>                     | 3,80                                                  | 3,71                   | 3,63                   | 3,34                     | 2,76                   |
| 10                                                         | Bahan Minuman/ <i>Beverages Stuffs</i>                        | 4,00                                                  | 3,51                   | 3,18                   | 2,93                     | 2,51                   |
| 11                                                         | Bumbu-bumbuan/ <i>Spices</i>                                  | 2,43                                                  | 2,35                   | 2,27                   | 2,21                     | 2,17                   |
| 12                                                         | Bahan Makanan Lainnya<br><i>Other Food Items</i>              | 2,18                                                  | 2,13                   | 2,09                   | 2,08                     | 1,86                   |
| 13                                                         | Makanan dan Minuman Jadi<br><i>Prepared Food and Beverage</i> | 24,50                                                 | 27,41                  | 29,21                  | 30,71                    | 35,33                  |
| 14                                                         | Rokok dan Tembakau<br><i>Cigarette and Tobacco</i>            | 11,30                                                 | 13,22                  | 13,91                  | 13,78                    | 10,70                  |
| <b>Makanan/<i>Food</i></b>                                 |                                                               | <b>100,00</b>                                         | <b>100,00</b>          | <b>100,00</b>          | <b>100,00</b>            | <b>100,00</b>          |

Sumber/Source: BPS, Susenas Maret 2022/BPS-Statistics Indonesia, The March 2022 Susenas

Tabel  
Table

4.B

**Persentase Pengeluaran per Kapita Sebulan menurut Kelompok Komoditas Bukan Makanan dan Kuintil Pengeluaran, Maret 2022***Percentage of Monthly per Capita Expenditure by Non Food Commodity Groups and Quintile of Expenditure, March 2022*

| Kelompok Komoditas Bukan Makanan<br><i>Non Food Commodity Groups</i> |                                                                                 | Kuintil Pengeluaran<br><i>Quintile of Expenditure</i> |                        |                        |                          |                        |
|----------------------------------------------------------------------|---------------------------------------------------------------------------------|-------------------------------------------------------|------------------------|------------------------|--------------------------|------------------------|
|                                                                      |                                                                                 | Pertama<br><i>First</i>                               | Kedua<br><i>Second</i> | Ketiga<br><i>Third</i> | Keempat<br><i>Fourth</i> | Kelima<br><i>Fifth</i> |
| (1)                                                                  |                                                                                 | (2)                                                   | (3)                    | (4)                    | (5)                      | (6)                    |
| 1                                                                    | Perumahan dan Fasilitas Rumah Tangga<br><i>Housing and Household Facilities</i> | 57,19                                                 | 56,89                  | 56,98                  | 56,53                    | 51,03                  |
| 2                                                                    | Aneka Barang dan Jasa<br><i>Goods and Services</i>                              | 23,53                                                 | 23,67                  | 23,45                  | 22,90                    | 24,14                  |
| 3                                                                    | Pakaian, Alas Kaki, dan Tutup Kepala<br><i>Clothing, Footwear, and Headgear</i> | 5,68                                                  | 6,06                   | 6,07                   | 5,62                     | 4,05                   |
| 4                                                                    | Barang Tahan Lama/ <i>Durable Goods</i>                                         | 2,28                                                  | 3,04                   | 3,71                   | 5,07                     | 10,15                  |
| 5                                                                    | Pajak, Pungutan, dan Asuransi<br><i>Taxes and Insurances</i>                    | 10,26                                                 | 9,02                   | 8,17                   | 7,77                     | 7,54                   |
| 6                                                                    | Keperluan Pesta dan Upacara/Kenduri<br><i>Parties and Ceremonies</i>            | 1,07                                                  | 1,32                   | 1,62                   | 2,11                     | 3,10                   |
| <b>Bukan Makanan/<i>Non Food</i></b>                                 |                                                                                 | <b>100,00</b>                                         | <b>100,00</b>          | <b>100,00</b>          | <b>100,00</b>            | <b>100,00</b>          |

Sumber/Source: BPS, Susenas Maret 2022/BPS-Statistics Indonesia, The March 2022 Susenas

**Tabel**  
**Table**

5

**Rata-rata Pengeluaran per Kapita Sebulan Komoditas Makanan dan Bukan Makanan menurut Provinsi (Rupiah), Maret 2022**

*Average Monthly per Capita Expenditure Food And Non Food Commodities by Province (Rupiahs), March 2022*

| Provinsi<br>Province | Komoditas Makanan<br>Food<br>Commodities | Komoditas Bukan Makanan<br>Non Food<br>Commodities | Rata-rata Pengeluaran<br>Average Expenditure |
|----------------------|------------------------------------------|----------------------------------------------------|----------------------------------------------|
| (1)                  | (2)                                      | (3)                                                | (4)                                          |
| Aceh                 | 668 481                                  | 511 652                                            | 1 180 133                                    |
| Sumatera Utara       | 663 927                                  | 552 570                                            | 1 216 497                                    |
| Sumatera Barat       | 716 262                                  | 626 724                                            | 1 342 986                                    |
| Riau                 | 730 826                                  | 694 345                                            | 1 425 171                                    |
| Jambi                | 663 021                                  | 598 816                                            | 1 261 837                                    |
| Sumatera Selatan     | 620 732                                  | 528 080                                            | 1 148 812                                    |
| Bengkulu             | 626 209                                  | 570 275                                            | 1 196 484                                    |
| Lampung              | 575 673                                  | 499 315                                            | 1 074 987                                    |
| Kep. Bangka Belitung | 881 622                                  | 772 658                                            | 1 654 281                                    |
| Kepulauan Riau       | 846 222                                  | 985 479                                            | 1 831 700                                    |
| DKI Jakarta          | 953 321                                  | 1 572 026                                          | 2 525 347                                    |
| Jawa Barat           | 708 390                                  | 729 004                                            | 1 437 394                                    |
| Jawa Tengah          | 572 808                                  | 548 986                                            | 1 121 794                                    |
| D I Yogyakarta       | 628 845                                  | 851 530                                            | 1 480 374                                    |
| Jawa Timur           | 600 848                                  | 564 290                                            | 1 165 138                                    |
| Banten               | 830 111                                  | 789 461                                            | 1 619 572                                    |
| Bali                 | 609 855                                  | 832 754                                            | 1 442 610                                    |
| NTB                  | 666 966                                  | 493 696                                            | 1 160 662                                    |
| NTT                  | 480 749                                  | 403 353                                            | 884 102                                      |
| Kalimantan Barat     | 666 066                                  | 566 552                                            | 1 232 618                                    |
| Kalimantan Tengah    | 762 634                                  | 679 661                                            | 1 442 295                                    |
| Kalimantan Selatan   | 727 961                                  | 679 758                                            | 1 407 719                                    |
| Kalimantan Timur     | 813 448                                  | 984 038                                            | 1 797 486                                    |
| Kalimantan Utara     | 758 431                                  | 811 755                                            | 1 570 186                                    |
| Sulawesi Utara       | 674 114                                  | 562 591                                            | 1 236 706                                    |
| Sulawesi Tengah      | 561 739                                  | 521 940                                            | 1 083 679                                    |
| Sulawesi Selatan     | 566 224                                  | 576 388                                            | 1 142 612                                    |
| Sulawesi Tenggara    | 535 048                                  | 576 547                                            | 1 111 595                                    |
| Gorontalo            | 534 461                                  | 608 535                                            | 1 142 997                                    |
| Sulawesi Barat       | 491 876                                  | 464 029                                            | 955 905                                      |
| Maluku               | 589 485                                  | 580 343                                            | 1 169 828                                    |
| Maluku Utara         | 585 162                                  | 543 424                                            | 1 128 586                                    |
| Papua Barat          | 723 855                                  | 724 651                                            | 1 448 505                                    |
| Papua                | 858 106                                  | 596 214                                            | 1 454 321                                    |
| <b>Indonesia</b>     | <b>665 757</b>                           | <b>662 025</b>                                     | <b>1 327 782</b>                             |

Sumber/Source: BPS, Susenas Maret 2022/BPS-Statistics Indonesia, The March 2022 Susenas

**Tabel** 6 **Tingkat Partisipasi Konsumsi menurut Komoditas Makanan, Maret 2022**  
**Table** **Participation Rate of Consumption by Food Commodities, March 2022**

| Komoditas Makanan<br>Food Commodities                                                          |     | Persentase<br>Percentage |
|------------------------------------------------------------------------------------------------|-----|--------------------------|
| (1)                                                                                            | (2) |                          |
| <b>1 PADI-PADIAN/Cereals</b>                                                                   |     | <b>98,86</b>             |
| 2 Beras (beras lokal, kualitas unggul, impor)<br><i>Rice (local, premium, imported rice)</i>   |     | 98,68                    |
| 3 Beras ketan/ <i>Sticky rice</i>                                                              |     | 2,04                     |
| 4 Jagung basah dengan kulit/ <i>Fresh corn with husk</i>                                       |     | 11,19                    |
| 5 Jagung pipilan/beras jagung/jagung titi<br><i>Dry shelled corn/cornmeal/jagung titi</i>      |     | 4,36                     |
| 6 Tepung terigu/ <i>Wheat flour</i>                                                            |     | 36,19                    |
| 7 Padi-padian lainnya/ <i>Others</i>                                                           |     | 1,18                     |
| <b>8 UMBI-UMBIAN/TUBERS</b>                                                                    |     | <b>59,62</b>             |
| 9 Ketela pohon/singkong/ <i>Cassava</i>                                                        |     | 28,21                    |
| 10 Ketela rambat/ubi jalar/ <i>Sweet potatoes</i>                                              |     | 14,19                    |
| 11 Sagu (bukan dari ketela pohon)/ <i>Sago flour</i>                                           |     | 1,79                     |
| 12 Talas/keladi/ <i>Taro</i>                                                                   |     | 4,32                     |
| 13 Kentang/ <i>Potatoes</i>                                                                    |     | 32,05                    |
| 14 Gaplek/ <i>Dried cassava</i>                                                                |     | 0,64                     |
| 15 Umbi-umbian lainnya/ <i>Others</i>                                                          |     | 0,79                     |
| <b>16 IKAN/UDANG/CUMI/KERANG<br/>FISH/SHRIMP/SQUID/CLAMS</b>                                   |     | <b>90,51</b>             |
| 17 Ekor kuning/ <i>Yellowtail fish</i>                                                         |     | 3,92                     |
| 18 Tongkol/ <i>Skipjack</i>                                                                    |     | 19,21                    |
| 19 Tuna/ <i>Tuna</i>                                                                           |     | 2,69                     |
| 20 Cakalang, dencis/ <i>Dencis</i>                                                             |     | 8,73                     |
| 21 Tenggiri/ <i>Mackerel</i>                                                                   |     | 1,31                     |
| 22 Selar/ <i>Trevally</i>                                                                      |     | 5,69                     |
| 23 Kembung, lema/tatare, banyar/banyara<br><i>Indian mackerel, lema/tatare, banyar/banyara</i> |     | 16,44                    |
| 24 Teri basah/ <i>Wet anchovies</i>                                                            |     | 5,52                     |
| 25 Bandeng/ <i>Milkfish</i>                                                                    |     | 12,99                    |
| 26 Gabus/ <i>Sneakhead</i>                                                                     |     | 3,87                     |
| 27 Mujair/ <i>Tilapia</i>                                                                      |     | 12,42                    |
| 28 Mas/ <i>Goldfish</i>                                                                        |     | 7,97                     |
| 29 Nila/ <i>Tilapia</i>                                                                        |     | 13,10                    |
| 30 Lele/ <i>Catfish</i>                                                                        |     | 20,28                    |
| 31 Kakap/ <i>Snapper</i>                                                                       |     | 1,69                     |
| 32 Baronang/ <i>Rabbitfish</i>                                                                 |     | 0,77                     |

**Tabel 6** Tingkat Partisipasi Konsumsi menurut Komoditas Makanan, Maret 2022 (Lanjutan)  
**Table** Participation Rate of Consumption by Food Commodities, March 2022 (Continued)

| Komoditas Makanan<br>Food Commodities                                                                     | Persentase<br>Percentage |
|-----------------------------------------------------------------------------------------------------------|--------------------------|
| (1)                                                                                                       | (2)                      |
| 33 Patin/Catfish                                                                                          | 6,05                     |
| 34 Bawal/Promfethfish                                                                                     | 3,29                     |
| 35 Gurame/Carp                                                                                            | 1,43                     |
| 36 Ikan segar/basah lainnya/Others                                                                        | 12,24                    |
| 37 Udang, lobster/Shrimp, lobster                                                                         | 11,33                    |
| 38 Cumi-cumi, sotong, gurita/Squid, cuttlefish, octopus                                                   | 5,70                     |
| 39 Ketam, kepiting, rajungan/Mud crab, swimming crab                                                      | 0,58                     |
| 40 Kerang, siput, bekicot, remis/Clams, snail, mussels                                                    | 1,97                     |
| 41 Udang dan hewan air lainnya yang segar lainnya/Others                                                  | 1,57                     |
| 42 Kembung diawetkan/peda<br>Preserved indian mackerel                                                    | 7,17                     |
| 43 Tenggiri diawetkan/Preserved mackerel                                                                  | 1,21                     |
| 44 Tongkol, tuna, cakalang, dencis, ikan kayu diawetkan<br>Preserved skipjack, tuna, dencis, wooden fish  | 10,98                    |
| 45 Teri diawetkan/Preserved anchovies                                                                     | 24,63                    |
| 46 Selar diawetkan/Preserved trevally                                                                     | 4,45                     |
| 47 Sepat diawetkan/Preserved sneaskin gourame                                                             | 6,04                     |
| 48 Bandeng diawetkan/Preserved milkfish                                                                   | 3,51                     |
| 49 Gabus diawetkan/Preserved snakehead                                                                    | 1,41                     |
| 50 Ikan dalam kaleng (sardencis, tuna dalam kaleng, dsb)<br>Canned fish (canned sardines, tuna, etc)      | 3,52                     |
| 51 Ikan diawetkan lainnya/Others                                                                          | 13,22                    |
| 52 Udang diawetkan (ebi, rebon)/Preserved shrimp (ebi, rebon)                                             | 4,50                     |
| 53 Cumi-cumi, sotong, gurita diawetkan<br>Preserved squid, cuttlefish, octopus                            | 2,39                     |
| 54 Udang dan hewan air lainnya yang diawetkan lainnya/Others                                              | 0,69                     |
| <b>55 DAGING/MEAT</b>                                                                                     | <b>68,73</b>             |
| 56 Daging sapi/Beef                                                                                       | 7,76                     |
| 57 Daging kambing, domba/biri-biri/Goat/lamb meat                                                         | 0,27                     |
| 58 Daging babi/Pork                                                                                       | 2,00                     |
| 59 Daging ayam ras/Boiler chicken                                                                         | 58,72                    |
| 60 Daging ayam kampung/Local chicken                                                                      | 5,69                     |
| 61 Daging segar lainnya/Others                                                                            | 1,02                     |
| 62 Daging diawetkan (sisis, abon, nugget, lainnya)<br>Preserved meat (sausage, shredded, nuggets, others) | 7,51                     |
| 63 Tetelan, sandung lamur/Fat, brisket                                                                    | 1,21                     |

**Tabel 6 Tingkat Partisipasi Konsumsi menurut Komoditas Makanan, Maret 2022 (Lanjutan)**  
**Table 6 Participation Rate of Consumption by Food Commodities, March 2022 (Continued)**

|           | Komoditas Makanan<br>Food Commodities                                                                                | Persentase<br>Percentage |
|-----------|----------------------------------------------------------------------------------------------------------------------|--------------------------|
|           | (1)                                                                                                                  | (2)                      |
| 64        | Lainnya (hati, jeroan, iga, kaki, buntut, kepala, dsb)<br><i>Others (liver, innards, rib, feet, tail, head, etc)</i> | 5,54                     |
| <b>65</b> | <b>TELUR DAN SUSU/EGGS AND MILK</b>                                                                                  | <b>94,07</b>             |
| 66        | Telur ayam ras/ <i>Boiler egg</i>                                                                                    | 89,23                    |
| 67        | Telur ayam kampung/ <i>Local chicken egg</i>                                                                         | 6,11                     |
| 68        | Telur itik/telur itik manila/ <i>Duck egg</i>                                                                        | 1,95                     |
| 69        | Telur lainnya (telur puyuh, telur asin mentah maupun matang, telur penyu, telur angsa, dsb,)/ <i>Others</i>          | 3,89                     |
| 70        | Susu cair pabrik/ <i>Liquid milk (factory produced)</i>                                                              | 7,60                     |
| 71        | Susu kental manis/ <i>Sweetened condensed milk</i>                                                                   | 23,17                    |
| 72        | Susu bubuk/ <i>Milk powder</i>                                                                                       | 8,46                     |
| 73        | Susu bubuk bayi/ <i>Baby milk powder</i>                                                                             | 5,66                     |
| 74        | Susu lainnya dan hasil lain dari susu<br><i>Other milk and milk products</i>                                         | 2,10                     |
| <b>75</b> | <b>SAYUR-SAYURAN/VEGETABLES</b>                                                                                      | <b>97,20</b>             |
| 76        | Bayam/ <i>Spinach</i>                                                                                                | 52,57                    |
| 77        | Kangkung/ <i>Kale</i>                                                                                                | 54,85                    |
| 78        | Kol/kubis/ <i>Cabbage</i>                                                                                            | 20,06                    |
| 79        | Sawi putih (petsai)/ <i>Petsai cabbage</i>                                                                           | 16,50                    |
| 80        | Sawi hijau/ <i>Mustard greens</i>                                                                                    | 22,14                    |
| 81        | Buncis/ <i>Green beans</i>                                                                                           | 18,28                    |
| 82        | Kacang panjang/ <i>Long beans</i>                                                                                    | 36,73                    |
| 83        | Tomat sayur, tomat ceri/ <i>Tomato, cherry tomato</i>                                                                | 42,92                    |
| 84        | Wortel/ <i>Carrots</i>                                                                                               | 26,34                    |
| 85        | Mentimun/ <i>Cucumber</i>                                                                                            | 23,80                    |
| 86        | Daun ketela pohon/daun singkong/ <i>Cassava leaves</i>                                                               | 26,19                    |
| 87        | Terong/ <i>Eggplant</i>                                                                                              | 33,75                    |
| 88        | Tauge/ <i>Bean sprouts</i>                                                                                           | 22,76                    |
| 89        | Labu, labu siam, labu parang/ <i>Pumpkin, squash</i>                                                                 | 19,13                    |
| 90        | Bahan sayur sop/cap cay/kimlo (paket)<br><i>Vegetable/cap cay soup ingredients (package)</i>                         | 42,05                    |
| 91        | Bahan sayur asam/lodeh (paket)<br><i>Tamarind/coconut curry vegetable soup ingredients (package)</i>                 | 24,25                    |
| 92        | Nangka muda/ <i>Young jackfruit</i>                                                                                  | 6,14                     |
| 93        | Pepaya muda/ <i>Green papaya</i>                                                                                     | 10,09                    |
| 94        | Jengkol/ <i>Jenkol</i>                                                                                               | 6,03                     |

**Tabel 6** Tingkat Partisipasi Konsumsi menurut Komoditas Makanan, Maret 2022 (Lanjutan)  
**Table** Participation Rate of Consumption by Food Commodities, March 2022 (Continued)

| Komoditas Makanan<br>Food Commodities                                                            | Persentase<br>Percentage |
|--------------------------------------------------------------------------------------------------|--------------------------|
| (1)                                                                                              | (2)                      |
| 95 Bawang merah/ <i>Red onion</i>                                                                | 94,95                    |
| 96 Bawang putih/ <i>Garlic</i>                                                                   | 91,79                    |
| 97 Bawang bombay/ <i>Onion</i>                                                                   | 4,80                     |
| 98 Cabai merah/ <i>Red chilies</i>                                                               | 56,55                    |
| 99 Cabai hijau/ <i>Green chilies</i>                                                             | 14,78                    |
| 100 Cabai rawit/ <i>Cayenne pepper</i>                                                           | 75,77                    |
| 101 Sayur-sayuran lainnya/ <i>Others</i>                                                         | 19,03                    |
| <b>102 KACANG-KACANGAN/BEANS AND NUTS</b>                                                        | <b>87,28</b>             |
| 103 Kacang tanah tanpa kulit/ <i>Peanuts without shell</i>                                       | 6,73                     |
| 104 Kacang kedelai/ <i>Soybeans</i>                                                              | 0,66                     |
| 105 Kacang lainnya/ <i>Others</i>                                                                | 2,50                     |
| 106 Tahu/ <i>Tofu</i>                                                                            | 76,21                    |
| 107 Tempe/ <i>Tempeh</i>                                                                         | 77,68                    |
| 108 Oncom/ <i>Fermented soybean cake</i>                                                         | 4,59                     |
| 109 Hasil lain dari kacang-kacangan/ <i>Others</i>                                               | 0,51                     |
| <b>110 BUAH-BUAHAN/FRUITS</b>                                                                    | <b>87,38</b>             |
| 111 Jeruk, jeruk bali/ <i>Orange, pomelo orange</i>                                              | 36,94                    |
| 112 Mangga/ <i>Mango</i>                                                                         | 4,12                     |
| 113 Apel/ <i>Apple</i>                                                                           | 9,81                     |
| 114 Rambutan/ <i>Rambutan</i>                                                                    | 7,06                     |
| 115 Duku, langsung/ <i>Duku, langsung</i>                                                        | 2,80                     |
| 116 Durian/ <i>Durian</i>                                                                        | 1,59                     |
| 117 Salak/ <i>Snake fruit</i>                                                                    | 16,52                    |
| 118 Pisang ambon/ <i>Ambon banana</i>                                                            | 16,76                    |
| 119 Pisang lainnya/ <i>Other banana</i>                                                          | 32,59                    |
| 120 Pepaya/ <i>Papaya</i>                                                                        | 25,20                    |
| 121 Semangka/ <i>Watermelon</i>                                                                  | 13,41                    |
| 122 Tomat buah/ <i>Tomato</i>                                                                    | 6,17                     |
| 123 Alpukat/ <i>Avocado</i>                                                                      | 4,83                     |
| 124 Jambu biji/ <i>Guava</i>                                                                     | 4,80                     |
| 125 Buah-buahan lainnya/ <i>Other</i>                                                            | 12,04                    |
| <b>126 MINYAK DAN KELAPA/OILS AND COCONUT</b>                                                    | <b>97,44</b>             |
| 127 Minyak kelapa/ <i>Coconut oil</i>                                                            | 3,61                     |
| 128 Minyak goreng (kelapa sawit, bunga matahari)<br><i>Cooking oil (palm oil, sunflower oil)</i> | 93,67                    |

**Tabel** 6 **Tingkat Partisipasi Konsumsi menurut Komoditas Makanan, Maret 2022 (Lanjutan)**  
**Table** **Participation Rate of Consumption by Food Commodities, March 2022 (Continued)**

| Komoditas Makanan<br>Food Commodities                                                                            |     | Persentase<br>Percentage |
|------------------------------------------------------------------------------------------------------------------|-----|--------------------------|
| (1)                                                                                                              | (2) |                          |
| 129 Kelapa (tidak termasuk santan instan)<br><i>Coconut (not including instant coconut milk)</i>                 |     | 22,01                    |
| 130 Minyak dan kelapa lainnya/ <i>Others</i>                                                                     |     | 2,60                     |
| <b>131 BAHAN MINUMAN/BEVERAGE</b>                                                                                |     | <b>97,29</b>             |
| 132 Gula pasir/ <i>Cane sugar</i>                                                                                |     | 92,30                    |
| 133 Gula merah, gula air (pohon aren, kelapa, lontar)<br><i>Brown sugar, syrup (from palm, coconut, palmyra)</i> |     | 20,59                    |
| 134 Teh bubuk/ <i>Tea powder</i>                                                                                 |     | 14,98                    |
| 135 Teh celup ( <i>sachet</i> )/ <i>Tea bags (sachet)</i>                                                        |     | 53,58                    |
| 136 Kopi (bubuk, biji)/ <i>Coffee (powder, beans)</i>                                                            |     | 33,89                    |
| 137 Kopi instan ( <i>sachet</i> )/ <i>Instant coffee (sachet)</i>                                                |     | 39,75                    |
| 138 Bahan minuman lainnya/ <i>Other beverages</i>                                                                |     | 2,14                     |
| <b>139 Bumbu-Bumbuan/SPICES</b>                                                                                  |     | <b>97,78</b>             |
| 140 Garam/ <i>Salt</i>                                                                                           |     | 96,37                    |
| 141 Kemiri/ <i>Candlenut</i>                                                                                     |     | 45,39                    |
| 142 Ketumbar/jinten/ <i>Coriander/caraway</i>                                                                    |     | 41,55                    |
| 143 Merica/lada/ <i>Pepper</i>                                                                                   |     | 56,16                    |
| 144 Jahe/ <i>Ginger</i>                                                                                          |     | 38,84                    |
| 145 Kunyit/ <i>Turmeric</i>                                                                                      |     | 46,67                    |
| 146 Asam/ <i>Tamarind</i>                                                                                        |     | 31,22                    |
| 147 Terasi/petis/ <i>Shrimp paste</i>                                                                            |     | 40,92                    |
| 148 Kecap/ <i>Soy sauce</i>                                                                                      |     | 59,08                    |
| 149 Penyedap masakan/vetsin/ <i>Monosodium glutamate</i>                                                         |     | 78,00                    |
| 150 Sambal jadi/ <i>Chili sauce</i>                                                                              |     | 6,12                     |
| 151 Saus tomat/ <i>Ketchup</i>                                                                                   |     | 7,60                     |
| 152 Bumbu masak jadi/kemasan, bumbu racikan<br><i>Packed spices, mixed spices</i>                                |     | 37,99                    |
| 153 Bumbu dapur lainnya (kencur, pala, kapulaga, dsb.)<br><i>Other spices (kencur, nutmeg, cardamom, etc)</i>    |     | 31,48                    |
| <b>154 BAHAN MAKANAN LAINNYA/OTHER FOOD</b>                                                                      |     | <b>83,88</b>             |
| 155 Mie instan/ <i>Instant noodles</i>                                                                           |     | 78,68                    |
| 156 Kerupuk/ <i>Crackers</i>                                                                                     |     | 24,41                    |
| 157 Bubur bayi kemasan/ <i>Packaged baby porridge</i>                                                            |     | 1,51                     |
| 158 Lainnya/ <i>Others</i>                                                                                       |     | 1,48                     |
| <b>159 MAKANAN MINUMAN JADI/PREPARED FOOD AND BEVERAGE</b>                                                       |     | <b>99,19</b>             |
| 160 Roti tawar/ <i>Bread</i>                                                                                     |     | 16,23                    |
| 161 Roti manis, roti lainnya/ <i>Sweet bread, other bread</i>                                                    |     | 61,21                    |



**Tabel 6** Tingkat Partisipasi Konsumsi menurut Komoditas Makanan, Maret 2022 (Lanjutan)  
**Table** Participation Rate of Consumption by Food Commodities, March 2022 (Continued)

| Komoditas Makanan<br>Food Commodities                                                                                    |     | Persentase<br>Percentage |
|--------------------------------------------------------------------------------------------------------------------------|-----|--------------------------|
| (1)                                                                                                                      | (2) |                          |
| 162 Kue kering, biskuit, semprong/Cookies, biscuit, wafer                                                                |     | 41,89                    |
| 163 Kue basah (kue lapis, bika ambon, lempur, dsb)<br>Cake (layered cake, honeycomb cake, lempur, etc)                   |     | 57,17                    |
| 164 Makanan gorengan (tahu, tempe, bakwan, pisang)<br>Fried food (tofu, tempeh, bakwan, banana)                          |     | 75,31                    |
| 165 Makanan gorengan lainnya/Other fried food                                                                            |     | 9,32                     |
| 166 Bubur kacang hijau/Mung bean porridge                                                                                |     | 23,36                    |
| 167 Gado-gado, ketoprak, pecel<br>Salad with peanut sauce (gado-gado, ketoprak, pecel)                                   |     | 32,84                    |
| 168 Nasi campur/rames/Rice with various kind of dishes                                                                   |     | 42,56                    |
| 169 Nasi goreng/Fried rice                                                                                               |     | 29,97                    |
| 170 Nasi putih/Rice                                                                                                      |     | 19,02                    |
| 171 Lontong/ketupat sayur/Rice cake with vegetable                                                                       |     | 26,48                    |
| 172 Soto, gule, sop, rawon, cincang/Soto, curry, soup, rawon, minced meat                                                |     | 27,48                    |
| 173 Sayur matang (ditumis, disantan, dsb )/Cooked vegetables (stir fried, coconut milk soup, etc )                       |     | 27,48                    |
| 174 Sate, tongseng/Satay, skewers, stew                                                                                  |     | 16,78                    |
| 175 Mie bakso, mie rebus, mie goreng<br>Noodle with meatballs, noodle soup, fried noodle                                 |     | 65,48                    |
| 176 Mie instan/Instant noodle                                                                                            |     | 14,58                    |
| 177 Makanan ringan anak-anak, krupuk/kripik<br>Children's snacks, crackers/chips                                         |     | 57,30                    |
| 178 Ikan matang/Cooked fish                                                                                              |     | 14,04                    |
| 179 Ayam/bebek/daging matang (ayam goreng, rendang, dsb)<br>Cooked chicken/duck/meat (fried chicken, rendang, etc)       |     | 25,52                    |
| 180 Daging olahan matang (sisis, nugget, daging asap, dsb,)<br>Cooked processed meat (sausage, nugget, smoked meat, etc) |     | 32,22                    |
| 181 Bubur ayam/Chicken porridge                                                                                          |     | 23,32                    |
| 182 Siomay, batagor/Dumplings, fried fish dumplings                                                                      |     | 37,10                    |
| 183 Makanan jadi lainnya/Other prepared food                                                                             |     | 26,87                    |
| 184 Air kemasan/Mineral water (bottle)                                                                                   |     | 22,58                    |
| 185 Air kemasan galon/Mineral water (gallon)                                                                             |     | 43,22                    |
| 186 Air teh kemasan, minuman bersoda/mengandung CO2<br>Bottled tea, soft drink/contained CO2 drinks                      |     | 21,47                    |
| 187 Sari buah kemasan, minuman kesehatan, minuman berenergi<br>Packed juice, health drinks, energy drinks                |     | 19,49                    |
| 188 Minuman jadi (kopi, kopi susu, teh, susu coklat, dsb,)/Prepared drinks<br>(coffee, latte, tea, milk chocolate, etc ) |     | 54,03                    |

**Tabel** 6 **Tingkat Partisipasi Konsumsi menurut Komoditas Makanan, Maret 2022 (Lanjutan)**  
**Table** 6 **Participation Rate of Consumption by Food Commodities, March 2022 (Continued)**

| Komoditas Makanan<br>Food Commodities                          | Persentase<br>Percentage |
|----------------------------------------------------------------|--------------------------|
| (1)                                                            | (2)                      |
| 189 Es krim/Ice cream                                          | 31,66                    |
| 190 Es lainnya/Other ice products                              | 32,59                    |
| 191 Minuman keras/Alcoholic beverage                           | 1,00                     |
| <b>192 ROKOK DAN TEMBAKAU/CIGARETTE AND TOBACCO</b>            | <b>64,46</b>             |
| 193 Rokok kretek filter/Filtered clove cigarette               | 50,00                    |
| 194 Rokok kretek tanpa filter/Non-filtered clove cigarette     | 12,15                    |
| 195 Rokok putih/Cigarette                                      | 3,09                     |
| 196 Tembakau/Tobacco                                           | 5,47                     |
| 197 Rokok dan tembakau lainnya<br>Other cigarettes and tobacco | 4,43                     |

Sumber/Source: BPS, Susenas Maret 2022/BPS-Statistics Indonesia, The March 2022 Susenas

Tabel  
Table

7

**Rata-rata Konsumsi per Kapita Sebulan Beberapa Jenis Komoditas Makanan yang Banyak Dikonsumsi menurut Daerah Tempat Tinggal, Maret 2022**  
*Average Monthly per Capita Consumption of Several Food Items that much Consumed by Urban Rural Classification, March 2022*

|    | Komoditas Makanan<br><i>Food Commodity</i>                                                 | Satuan<br><i>Unit of Quantity</i> | Daerah Tempat Tinggal<br><i>Urban Rural Classification</i> |                           |                                                |
|----|--------------------------------------------------------------------------------------------|-----------------------------------|------------------------------------------------------------|---------------------------|------------------------------------------------|
|    |                                                                                            |                                   | Perkotaan<br><i>Urban</i>                                  | Perdesaan<br><i>Rural</i> | Perkotaan +<br>Perdesaan<br><i>Urban+Rural</i> |
|    | (1)                                                                                        | (2)                               | (3)                                                        | (4)                       | (5)                                            |
| 1  | Beras (beras lokal, kualitas unggul, impor)<br><i>Rice (local, premium, imported rice)</i> | Kg                                | 6,22                                                       | 7,26                      | 6,66                                           |
| 2  | Tepung Terigu/Wheat flour                                                                  | Kg                                | 0,22                                                       | 0,23                      | 0,23                                           |
| 3  | Ketela Pohon/singkong<br><i>Cassava</i>                                                    | Kg                                | 0,38                                                       | 0,56                      | 0,45                                           |
| 4  | Ikan dan Udang segar<br><i>Fresh fish and shrimp</i>                                       | Kg                                | 1,56                                                       | 1,59                      | 1,57                                           |
| 5  | Ikan dan Udang diawetkan<br><i>Preserved fish and shrimp</i>                               | Ons/0,1 Kg                        | 1,68                                                       | 1,96                      | 1,80                                           |
| 6  | Daging Sapi/Beef                                                                           | Kg                                | 0,06                                                       | 0,02                      | 0,04                                           |
| 7  | Daging ayam ras dan kampung<br><i>Boiler and local chicken meat</i>                        | Kg                                | 0,73                                                       | 0,55                      | 0,66                                           |
| 8  | Telur ayam ras dan kampung<br><i>Boiler and local chicken eggs</i>                         | Butir/Unit                        | 11,10                                                      | 8,54                      | 10,01                                          |
| 9  | Susu kental manis<br><i>Sweetened condensed milk</i>                                       | 397 gr                            | 0,31                                                       | 0,29                      | 0,30                                           |
| 10 | Bayam/Spinach                                                                              | Kg                                | 0,29                                                       | 0,29                      | 0,29                                           |
| 11 | Pisang/Banana                                                                              | Kg                                | 0,68                                                       | 0,78                      | 0,72                                           |
| 12 | Bawang merah/Red onion                                                                     | Ons/0,1 Kg                        | 2,44                                                       | 2,55                      | 2,49                                           |
| 13 | Bawang putih/Garlics                                                                       | Ons/0,1 Kg                        | 1,71                                                       | 1,58                      | 1,66                                           |
| 14 | Cabe merah/Red chilies                                                                     | Kg                                | 0,17                                                       | 0,14                      | 0,16                                           |
| 15 | Cabe rawit/Cayenne pepper                                                                  | Kg                                | 0,16                                                       | 0,19                      | 0,17                                           |
| 16 | Tahu/Tofu                                                                                  | Kg                                | 0,69                                                       | 0,56                      | 0,64                                           |
| 17 | Tempe/Tempeh                                                                               | Kg                                | 0,64                                                       | 0,54                      | 0,60                                           |
| 18 | Minyak kelapa dan goreng<br><i>Coconut oil and frying oil</i>                              | Liter/Litre                       | 1,02                                                       | 0,99                      | 1,01                                           |
| 19 | Kelapa/Coconut                                                                             | Butir/Unit                        | 0,21                                                       | 0,51                      | 0,34                                           |
| 20 | Gula pasir/Cane sugar                                                                      | Ons/0,1 Kg                        | 4,68                                                       | 5,89                      | 5,19                                           |

Sumber/Source: BPS, Susenas Maret 2022/BPS-Statistics Indonesia, The March 2022 Susenas

Tabel  
Table

8

**Rata-rata Konsumsi Kalori per Kapita Sehari menurut Kelompok Komoditas Makanan dan Daerah Tempat Tinggal (Kkal), Maret 2022**  
*Average Daily per Capita Consumption of Calorie by Food Commodity Groups and Urban Rural Classification (Kcal), March 2022*

| Kelompok Komoditas Makanan<br><i>Food Commodity Groups</i> |                                                               | Daerah Tempat Tinggal<br><i>Urban Rural Classification</i> |                           |                                                |
|------------------------------------------------------------|---------------------------------------------------------------|------------------------------------------------------------|---------------------------|------------------------------------------------|
|                                                            |                                                               | Perkotaan<br><i>Urban</i>                                  | Perdesaan<br><i>Rural</i> | Perkotaan +<br>Perdesaan<br><i>Urban+Rural</i> |
| (1)                                                        |                                                               | (2)                                                        | (3)                       | (4)                                            |
| 1                                                          | Padi-padian/ <i>Cereals</i>                                   | 782,80                                                     | 920,19                    | 841,27                                         |
| 2                                                          | Umbi-umbian/ <i>Tubers</i>                                    | 33,64                                                      | 57,27                     | 43,70                                          |
| 3                                                          | Ikan/Undang/Cumi/Kerang<br><i>Fish/Shrimp/Squid/Shell</i>     | 51,47                                                      | 55,30                     | 53,10                                          |
| 4                                                          | Daging/ <i>Meat</i>                                           | 89,23                                                      | 64,31                     | 78,62                                          |
| 5                                                          | Telur dan Susu/ <i>Eggs and Milk</i>                          | 68,28                                                      | 46,27                     | 58,91                                          |
| 6                                                          | Sayur-sayuran/ <i>Vegetables</i>                              | 38,03                                                      | 45,06                     | 41,02                                          |
| 7                                                          | Kacang-kacangan/ <i>Legumes</i>                               | 55,00                                                      | 47,53                     | 51,82                                          |
| 8                                                          | Buah-buahan/ <i>Fruits</i>                                    | 48,46                                                      | 50,65                     | 49,39                                          |
| 9                                                          | Minyak dan Kelapa/ <i>Oil and Coconut</i>                     | 265,11                                                     | 265,04                    | 265,08                                         |
| 10                                                         | Bahan Minuman/ <i>Beverages Stuffs</i>                        | 87,48                                                      | 100,91                    | 93,19                                          |
| 11                                                         | Bumbu-bumbuan/ <i>Spices</i>                                  | 11,56                                                      | 12,19                     | 11,83                                          |
| 12                                                         | Bahan Makanan Lainnya<br><i>Other Food Items</i>              | 65,85                                                      | 55,62                     | 61,50                                          |
| 13                                                         | Makanan dan Minuman Jadi<br><i>Prepared Food and Beverage</i> | 466,73                                                     | 379,61                    | 429,65                                         |
| 14                                                         | Rokok dan Tembakau<br><i>Cigarette and Tobacco</i>            | 0,00                                                       | 0,00                      | 0,00                                           |
| <b>Makanan/<i>Food</i></b>                                 |                                                               | <b>2 063,63</b>                                            | <b>2 099,95</b>           | <b>2 079,09</b>                                |

Sumber/Source: BPS, Susenas Maret 2022/BPS-Statistics Indonesia, The March 2022 Susenas

**Tabel 9** Rata-rata Konsumsi Protein per Kapita Sehari menurut Kelompok Komoditas Makanan dan Daerah Tempat Tinggal (Gram), Maret 2022  
*Average Daily per Capita Consumption of Protein by Food Commodity Groups and Urban Rural Classification (Grams), March 2022*

| Kelompok Komoditas Makanan<br><i>Food Commodity Groups</i> |                                                               | Daerah Tempat Tinggal<br><i>Urban Rural Classification</i> |                           |                                                |
|------------------------------------------------------------|---------------------------------------------------------------|------------------------------------------------------------|---------------------------|------------------------------------------------|
|                                                            |                                                               | Perkotaan<br><i>Urban</i>                                  | Perdesaan<br><i>Rural</i> | Perkotaan +<br>Perdesaan<br><i>Urban+Rural</i> |
| (1)                                                        |                                                               | (2)                                                        | (3)                       | (4)                                            |
| 1                                                          | Padi-padian/ <i>Cereals</i>                                   | 18,42                                                      | 21,65                     | 19,80                                          |
| 2                                                          | Umbi-umbian/ <i>Tubers</i>                                    | 0,39                                                       | 0,51                      | 0,44                                           |
| 3                                                          | Ikan/Udang/Cumi/Kerang<br><i>Fish/Shrimp/Squid/Shell</i>      | 9,42                                                       | 9,79                      | 9,58                                           |
| 4                                                          | Daging/ <i>Meat</i>                                           | 5,46                                                       | 3,89                      | 4,79                                           |
| 5                                                          | Telur dan Susu/ <i>Eggs and Milk</i>                          | 3,90                                                       | 2,65                      | 3,37                                           |
| 6                                                          | Sayur-sayuran/ <i>Vegetables</i>                              | 2,22                                                       | 2,90                      | 2,51                                           |
| 7                                                          | Kacang-kacangan/ <i>Legumes</i>                               | 5,46                                                       | 4,64                      | 5,11                                           |
| 8                                                          | Buah-buahan/ <i>Fruits</i>                                    | 0,53                                                       | 0,52                      | 0,52                                           |
| 9                                                          | Minyak dan Kelapa/ <i>Oil and Coconut</i>                     | 0,12                                                       | 0,23                      | 0,17                                           |
| 10                                                         | Bahan Minuman/ <i>Beverages Stuffs</i>                        | 0,73                                                       | 0,94                      | 0,82                                           |
| 11                                                         | Bumbu-bumbuan/ <i>Spices</i>                                  | 0,48                                                       | 0,49                      | 0,49                                           |
| 12                                                         | Bahan Makanan Lainnya<br><i>Other Food Items</i>              | 1,31                                                       | 1,10                      | 1,22                                           |
| 13                                                         | Makanan dan Minuman Jadi<br><i>Prepared Food and Beverage</i> | 15,02                                                      | 11,23                     | 13,41                                          |
| 14                                                         | Rokok dan Tembakau<br><i>Cigarette and Tobacco</i>            | 0,00                                                       | 0,00                      | 0,00                                           |
| <b>Makanan/<i>Food</i></b>                                 |                                                               | <b>63,45</b>                                               | <b>60,54</b>              | <b>62,21</b>                                   |

Sumber/Source: BPS, Susenas Maret 2022/BPS-Statistics Indonesia, The March 2022 Susenas

Tabel  
Table

10

**Rata-rata Konsumsi Kalori per Kapita Sehari menurut Kelompok Komoditas Makanan dan Kuintil Pengeluaran (Kkal), Maret 2022**

*Average Daily per Capita Consumption of Calorie by Food Commodity Groups and Quintile of Expenditure (Kcal), March 2022*

| Kelompok Komoditas Makanan<br><i>Food Commodity Groups</i> |                                                               | Kuintil Pengeluaran<br><i>Quintile of Expenditure</i> |                        |                        |                          |                        |
|------------------------------------------------------------|---------------------------------------------------------------|-------------------------------------------------------|------------------------|------------------------|--------------------------|------------------------|
|                                                            |                                                               | Pertama<br><i>First</i>                               | Kedua<br><i>Second</i> | Ketiga<br><i>Third</i> | Keempat<br><i>Fourth</i> | Kelima<br><i>Fifth</i> |
| (1)                                                        |                                                               | (2)                                                   | (3)                    | (4)                    | (5)                      | (6)                    |
| 1                                                          | Padi-padian/ <i>Cereals</i>                                   | 813,33                                                | 849,95                 | 860,71                 | 864,97                   | 817,41                 |
| 2                                                          | Umbi-umbian/ <i>Tubers</i>                                    | 38,61                                                 | 39,48                  | 41,73                  | 46,44                    | 52,22                  |
| 3                                                          | Ikan/Udang/Cumi/Kerang<br><i>Fish/Shrimp/Squid/Shell</i>      | 32,41                                                 | 43,77                  | 52,41                  | 61,72                    | 75,18                  |
| 4                                                          | Daging/ <i>Meat</i>                                           | 34,95                                                 | 53,98                  | 70,73                  | 94,13                    | 139,31                 |
| 5                                                          | Telur dan Susu/ <i>Eggs and Milk</i>                          | 31,83                                                 | 43,59                  | 53,84                  | 67,62                    | 97,69                  |
| 6                                                          | Sayur-sayuran/ <i>Vegetables</i>                              | 32,24                                                 | 37,49                  | 40,84                  | 44,67                    | 49,87                  |
| 7                                                          | Kacang-kacangan/ <i>Legumes</i>                               | 39,82                                                 | 46,58                  | 50,78                  | 56,16                    | 65,77                  |
| 8                                                          | Buah-buahan/ <i>Fruits</i>                                    | 30,87                                                 | 40,50                  | 47,07                  | 55,39                    | 73,13                  |
| 9                                                          | Minyak dan Kelapa/ <i>Oil and Coconut</i>                     | 191,98                                                | 234,93                 | 267,05                 | 294,45                   | 336,97                 |
| 10                                                         | Bahan Minuman/ <i>Beverages Stuffs</i>                        | 71,26                                                 | 85,11                  | 93,47                  | 102,59                   | 113,53                 |
| 11                                                         | Bumbu-bumbuan/ <i>Spices</i>                                  | 7,81                                                  | 9,92                   | 11,63                  | 13,64                    | 16,14                  |
| 12                                                         | Bahan Makanan Lainnya<br><i>Other Food Items</i>              | 40,76                                                 | 52,28                  | 60,05                  | 70,56                    | 83,83                  |
| 13                                                         | Makanan dan Minuman Jadi<br><i>Prepared Food and Beverage</i> | 272,66                                                | 364,24                 | 419,49                 | 484,22                   | 607,65                 |
| 14                                                         | Rokok dan Tembakau<br><i>Cigarette and Tobacco</i>            | 0,00                                                  | 0,00                   | 0,00                   | 0,00                     | 0,00                   |
| <b>Makanan/<i>Food</i></b>                                 |                                                               | <b>1 638,53</b>                                       | <b>1 901,84</b>        | <b>2 069,82</b>        | <b>2 256,55</b>          | <b>2 528,68</b>        |

Sumber/Source: BPS, Susenas Maret 2022/BPS-Statistics Indonesia, The March 2022 Susenas

Tabel  
Table

11

**Rata-rata Konsumsi Protein per Kapita Sehari menurut Kelompok Komoditas Makanan dan Kuintil Pengeluaran (Gram), Maret 2022**  
*Average Daily per Capita Consumption of Protein by Food Commodity Groups and Quintile of Expenditure (Grams), March 2022*

| Kelompok Komoditas Makanan<br><i>Food Commodity Groups</i> |                                                               | Kuintil Pengeluaran<br><i>Quintile of Expenditure</i> |                        |                        |                          |                        |
|------------------------------------------------------------|---------------------------------------------------------------|-------------------------------------------------------|------------------------|------------------------|--------------------------|------------------------|
|                                                            |                                                               | Pertama<br><i>First</i>                               | Kedua<br><i>Second</i> | Ketiga<br><i>Third</i> | Keempat<br><i>Fourth</i> | Kelima<br><i>Fifth</i> |
| (1)                                                        |                                                               | (2)                                                   | (3)                    | (4)                    | (5)                      | (6)                    |
| 1                                                          | Padi-padian/ <i>Cereals</i>                                   | 19,12                                                 | 19,99                  | 20,25                  | 20,36                    | 19,27                  |
| 2                                                          | Umbi-umbian/ <i>Tubers</i>                                    | 0,32                                                  | 0,37                   | 0,42                   | 0,49                     | 0,60                   |
| 3                                                          | Ikan/Undang/Cumi/Kerang<br><i>Fish/Shrimp/Squid/Shell</i>     | 5,62                                                  | 7,76                   | 9,39                   | 11,17                    | 13,95                  |
| 4                                                          | Daging/ <i>Meat</i>                                           | 2,11                                                  | 3,29                   | 4,30                   | 5,72                     | 8,54                   |
| 5                                                          | Telur dan Susu/ <i>Eggs and Milk</i>                          | 1,91                                                  | 2,56                   | 3,12                   | 3,85                     | 5,39                   |
| 6                                                          | Sayur-sayuran/ <i>Vegetables</i>                              | 2,10                                                  | 2,35                   | 2,51                   | 2,68                     | 2,90                   |
| 7                                                          | Kacang-kacangan/ <i>Legumes</i>                               | 3,97                                                  | 4,62                   | 5,03                   | 5,52                     | 6,42                   |
| 8                                                          | Buah-buahan/ <i>Fruits</i>                                    | 0,31                                                  | 0,41                   | 0,49                   | 0,59                     | 0,82                   |
| 9                                                          | Minyak dan Kelapa/ <i>Oil and Coconut</i>                     | 0,13                                                  | 0,16                   | 0,18                   | 0,18                     | 0,17                   |
| 10                                                         | Bahan Minuman/ <i>Beverages Stuffs</i>                        | 0,67                                                  | 0,76                   | 0,80                   | 0,87                     | 0,99                   |
| 11                                                         | Bumbu-bumbuan/ <i>Spices</i>                                  | 0,33                                                  | 0,42                   | 0,48                   | 0,56                     | 0,65                   |
| 12                                                         | Bahan Makanan Lainnya<br><i>Other Food Items</i>              | 0,82                                                  | 1,05                   | 1,20                   | 1,40                     | 1,63                   |
| 13                                                         | Makanan dan Minuman Jadi<br><i>Prepared Food and Beverage</i> | 7,64                                                  | 10,61                  | 12,62                  | 15,12                    | 21,04                  |
| 14                                                         | Rokok dan Tembakau<br><i>Cigarette and Tobacco</i>            | 0,00                                                  | 0,00                   | 0,00                   | 0,00                     | 0,00                   |
| <b>Makanan/<i>Food</i></b>                                 |                                                               | <b>45,06</b>                                          | <b>54,34</b>           | <b>60,79</b>           | <b>68,51</b>             | <b>82,37</b>           |

Sumber/Source: BPS, Susenas Maret 2022/BPS-Statistics Indonesia, The March 2022 Susenas

Tabel  
Table

12

**Rata-rata Konsumsi Kalori dan Protein per Kapita Sehari menurut Provinsi,  
Maret 2022***Average Daily per Capita Consumption of Calorie and Protein by Province,  
March 2022*

| Provinsi<br>Province | Kalori (Kkal)<br>Calorie (Kcal) | Protein (Gram)<br>Protein (Grams) |
|----------------------|---------------------------------|-----------------------------------|
| (1)                  | (2)                             | (3)                               |
| Aceh                 | 2 064,30                        | 61,17                             |
| Sumatera Utara       | 2 123,41                        | 64,65                             |
| Sumatera Barat       | 2 109,43                        | 59,24                             |
| Riau                 | 2 022,05                        | 59,69                             |
| Jambi                | 2 069,51                        | 60,70                             |
| Sumatera Selatan     | 2 182,47                        | 65,18                             |
| Bengkulu             | 2 037,55                        | 60,29                             |
| Lampung              | 2 002,72                        | 57,67                             |
| Kep. Bangka Belitung | 2 065,86                        | 67,57                             |
| Kepulauan Riau       | 2 019,87                        | 64,67                             |
| DKI Jakarta          | 2 146,87                        | 68,15                             |
| Jawa Barat           | 2 115,70                        | 63,62                             |
| Jawa Tengah          | 2 017,64                        | 59,78                             |
| DI Yogyakarta        | 2 024,44                        | 62,65                             |
| Jawa Timur           | 2 041,69                        | 59,96                             |
| Banten               | 2 270,48                        | 69,31                             |
| Bali                 | 2 145,71                        | 61,37                             |
| NTB                  | 2 460,44                        | 74,82                             |
| NTT                  | 1 974,12                        | 56,36                             |
| Kalimantan Barat     | 1 892,26                        | 58,19                             |
| Kalimantan Tengah    | 2 116,05                        | 65,01                             |
| Kalimantan Selatan   | 2 188,80                        | 68,01                             |
| Kalimantan Timur     | 1 918,34                        | 63,00                             |
| Kalimantan Utara     | 1 857,92                        | 59,74                             |
| Sulawesi Utara       | 2 154,56                        | 68,06                             |
| Sulawesi Tengah      | 2 001,12                        | 58,12                             |
| Sulawesi Selatan     | 2 077,92                        | 64,18                             |
| Sulawesi Tenggara    | 1 948,63                        | 60,39                             |
| Gorontalo            | 1 958,11                        | 57,10                             |
| Sulawesi Barat       | 2 082,99                        | 61,40                             |
| Maluku               | 1 836,68                        | 52,91                             |
| Maluku Utara         | 1 843,68                        | 54,76                             |
| Papua Barat          | 1 879,75                        | 55,32                             |
| Papua                | 1 902,04                        | 45,07                             |
| <b>Indonesia</b>     | <b>2 079,09</b>                 | <b>62,21</b>                      |

Sumber/Source: BPS, Susenas Maret 2022/BPS-Statistics Indonesia, The March 2022 Susenas



**Tabel 13** Rata-Rata Pengeluaran Minyak dan Kelapa per Rumah Tangga Sebulan menurut Komoditas dan Daerah Tempat Tinggal (Rupiah), Maret 2022  
*Average Monthly per Household Expenditure of Oil and Coconut by Commodity and Urban Rural Classification (Rupiahs), March 2022*

| Komoditas<br>Commodities                                                                | Daerah Tempat Tinggal<br>Urban Rural Classification |                    |                                         |
|-----------------------------------------------------------------------------------------|-----------------------------------------------------|--------------------|-----------------------------------------|
|                                                                                         | Perkotaan<br>Urban                                  | Perdesaan<br>Rural | Perkotaan +<br>Perdesaan<br>Urban+Rural |
| (1)                                                                                     | (2)                                                 | (3)                | (4)                                     |
| 1 Minyak kelapa/Coconut oil                                                             | 2 913                                               | 2 480              | 2 731                                   |
| 2 Minyak goreng (kelapa sawit, bunga matahari)<br>Cooking oil (palm oil, sunflower oil) | 72 203                                              | 71 521             | 71 915                                  |
| 3 Kelapa (tidak termasuk santan instan)<br>Coconut (not including instant coconut milk) | 4 642                                               | 8 325              | 6 196                                   |
| 4 Minyak dan kelapa lainnya/Others                                                      | 1 178                                               | 497                | 890                                     |
| <b>Minyak dan Kelapa/Oil and Coconut</b>                                                | <b>80 935</b>                                       | <b>82 824</b>      | <b>81 732</b>                           |

Sumber/Source: BPS, Susenas Maret 2022/BPS-Statistics Indonesia, The March 2022 Susenas

**Tabel 14** Rata-Rata Konsumsi Minyak dan Kelapa per Rumah Tangga Sebulan menurut Komoditas dan Daerah Tempat Tinggal, Maret 2022  
*Average Monthly per Household Consumption of Oil and Coconut by Commodity and Urban Rural Classification, March 2022*

| Komoditas<br>Commodities                                                                | Satuan<br>Unit | Daerah Tempat Tinggal<br>Urban Rural Classification |                    |                                         |
|-----------------------------------------------------------------------------------------|----------------|-----------------------------------------------------|--------------------|-----------------------------------------|
|                                                                                         |                | Perkotaan<br>Urban                                  | Perdesaan<br>Rural | Perkotaan +<br>Perdesaan<br>Urban+Rural |
| (1)                                                                                     |                | (2)                                                 | (3)                | (4)                                     |
| 1 Minyak kelapa/Coconut oil                                                             | Liter/Litre    | 0,14                                                | 0,13               | 0,14                                    |
| 2 Minyak goreng (kelapa sawit, bunga matahari)<br>Cooking oil (palm oil, sunflower oil) | Liter/Litre    | 3,69                                                | 3,63               | 3,66                                    |
| 3 Kelapa (tidak termasuk santan instan)<br>Coconut (not including instant coconut milk) | Butir/Unit     | 0,79                                                | 1,92               | 1,27                                    |
| 4 Minyak dan kelapa lainnya/Others                                                      | ...            | 0,17                                                | 0,08               | 0,13                                    |

Sumber/Source: BPS, Susenas Maret 2022/BPS-Statistics Indonesia, The March 2022 Susenas

**Tabel 15 Rata-Rata Pengeluaran Minyak dan Kelapa per Rumah Tangga Sebulan menurut Komoditas dan Kuintil Pengeluaran (Rupiah), Maret 2022**  
*Average Monthly per Household Expenditure of Oil and Coconut by Commodity and Quintile of Expenditure (Rupiahs), March 2022*

| Komoditas<br>Commodities                                                                | Kuintil Pengeluaran<br>Quintile of Expenditure |                 |                 |                   |                 |
|-----------------------------------------------------------------------------------------|------------------------------------------------|-----------------|-----------------|-------------------|-----------------|
|                                                                                         | Pertama<br>First                               | Kedua<br>Second | Ketiga<br>Third | Keempat<br>Fourth | Kelima<br>Fifth |
| (1)                                                                                     | (2)                                            | (3)             | (4)             | (5)               | (6)             |
| 1 Minyak kelapa/Coconut oil                                                             | 2 038                                          | 2 178           | 2 418           | 2 776             | 3 839           |
| 2 Minyak goreng (kelapa sawit, bunga matahari)<br>Cooking oil (palm oil, sunflower oil) | 44 679                                         | 58 441          | 70 389          | 80 277            | 94 886          |
| 3 Kelapa (tidak termasuk santan instan)<br>Coconut (not including instant coconut milk) | 4 422                                          | 6 053           | 6 749           | 6 909             | 6 467           |
| 4 Minyak dan kelapa lainnya/Others                                                      | 333                                            | 437             | 669             | 887               | 1 799           |
| <b>Minyak dan Kelapa/Oil and Coconut</b>                                                | <b>51 471</b>                                  | <b>67 109</b>   | <b>80 226</b>   | <b>90 850</b>     | <b>106 990</b>  |

Sumber/Source: BPS, Susenas Maret 2022/BPS-Statistics Indonesia, The March 2022 Susenas

**Tabel 16 Rata-Rata Konsumsi Minyak dan Kelapa per Rumah Tangga Sebulan menurut Komoditas dan Kuintil Pengeluaran, Maret 2022**  
*Average Monthly per Household Consumption of Oil and Coconut by Commodity and Quintile of Expenditure, March 2022*

| Komoditas<br>Commodities                                                             | Satuan<br>Unit | Kuintil Pengeluaran<br>Quintile of Expenditure |                 |                 |                   |                 |
|--------------------------------------------------------------------------------------|----------------|------------------------------------------------|-----------------|-----------------|-------------------|-----------------|
|                                                                                      |                | Pertama<br>First                               | Kedua<br>Second | Ketiga<br>Third | Keempat<br>Fourth | Kelima<br>Fifth |
| (1)                                                                                  |                | (2)                                            | (3)             | (4)             | (5)               | (6)             |
| 1 Minyak kelapa/Coconut oil                                                          | Liter/Litre    | 0,14                                           | 0,13            | 0,13            | 0,13              | 0,15            |
| 2 Minyak goreng (kelapa sawit, bunga matahari)/Cooking oil (palm oil, sunflower oil) | Liter/Litre    | 3,16                                           | 3,55            | 3,76            | 3,87              | 3,84            |
| 3 Kelapa (tidak termasuk santan instan)/Coconut (not including instant coconut milk) | Butir/Unit     | 1,19                                           | 1,43            | 1,48            | 1,33              | 0,97            |
| 4 Minyak dan kelapa lainnya/Others                                                   | ...            | 0,07                                           | 0,09            | 0,11            | 0,14              | 0,20            |

Sumber/Source: BPS, Susenas Maret 2022/BPS-Statistics Indonesia, The March 2022 Susenas

**Tabel**  
*Table*

17

**Rata-Rata Pengeluaran Minyak Goreng per Rumah Tangga Sebulan menurut Provinsi dan Daerah Tempat Tinggal (Rupiah), Maret 2022**

*Average Monthly per Household Expenditure of Cooking Oil by Province and Urban Rural Classification (Rupiahs), March 2022*

| Provinsi<br><i>Province</i> | Daerah Tempat Tinggal/ <i>Urban Rural Classification</i> |                           |                                             |
|-----------------------------|----------------------------------------------------------|---------------------------|---------------------------------------------|
|                             | Perkotaan<br><i>Urban</i>                                | Perdesaan<br><i>Rural</i> | Perkotaan + Perdesaan<br><i>Urban+Rural</i> |
| (1)                         | (2)                                                      | (3)                       | (4)                                         |
| Aceh                        | 72 742                                                   | 61 863                    | 65 568                                      |
| Sumatera Utara              | 88 535                                                   | 81 105                    | 85 297                                      |
| Sumatera Barat              | 103 753                                                  | 96 637                    | 100 164                                     |
| Riau                        | 116 798                                                  | 108 316                   | 111 712                                     |
| Jambi                       | 90 321                                                   | 94 760                    | 93 337                                      |
| Sumatera Selatan            | 64 534                                                   | 76 085                    | 71 935                                      |
| Bengkulu                    | 76 100                                                   | 73 627                    | 74 432                                      |
| Lampung                     | 81 794                                                   | 80 600                    | 80 976                                      |
| Kep Bangka Belitung         | 67 535                                                   | 66 675                    | 67 164                                      |
| Kepulauan Riau              | 80 108                                                   | 89 247                    | 81 079                                      |
| DKI Jakarta                 | 78 259                                                   | -                         | 78 259                                      |
| Jawa Barat                  | 63 617                                                   | 56 412                    | 61 994                                      |
| Jawa Tengah                 | 64 293                                                   | 65 879                    | 65 052                                      |
| D I Yogyakarta              | 51 261                                                   | 67 494                    | 55 134                                      |
| Jawa Timur                  | 67 420                                                   | 64 299                    | 66 027                                      |
| Banten                      | 86 370                                                   | 84 693                    | 85 957                                      |
| Bali                        | 67 285                                                   | 63 359                    | 66 123                                      |
| NTB                         | 60 665                                                   | 53 645                    | 57 130                                      |
| NTT                         | 76 460                                                   | 52 455                    | 58 846                                      |
| Kalimantan Barat            | 85 823                                                   | 77 540                    | 80 538                                      |
| Kalimantan Tengah           | 83 963                                                   | 89 172                    | 87 027                                      |
| Kalimantan Selatan          | 79 838                                                   | 81 318                    | 80 592                                      |
| Kalimantan Timur            | 84 118                                                   | 108 095                   | 91 425                                      |
| Kalimantan Utara            | 92 077                                                   | 93 733                    | 92 684                                      |
| Sulawesi Utara              | 66 767                                                   | 74 789                    | 70 353                                      |
| Sulawesi Tengah             | 76 549                                                   | 66 427                    | 69 670                                      |
| Sulawesi Selatan            | 61 779                                                   | 60 590                    | 61 143                                      |
| Sulawesi Tenggara           | 65 750                                                   | 51 037                    | 56 402                                      |
| Gorontalo                   | 83 280                                                   | 78 402                    | 80 571                                      |
| Sulawesi Barat              | 69 229                                                   | 53 325                    | 56 441                                      |
| Maluku                      | 83 582                                                   | 63 287                    | 72 358                                      |
| Maluku Utara                | 92 831                                                   | 77 843                    | 82 223                                      |
| Papua Barat                 | 113 536                                                  | 94 626                    | 102 569                                     |
| Papua                       | 134 128                                                  | 108 534                   | 115 300                                     |
| <b>Indonesia</b>            | <b>72 203</b>                                            | <b>71 521</b>             | <b>71 915</b>                               |

Sumber/Source: BPS, Susenas Maret 2022/BPS-Statistics Indonesia, The March 2022 Susenas

**Tabel 18** Rata-Rata Konsumsi Minyak Goreng per Rumah Tangga Sebulan menurut Provinsi dan Daerah Tempat Tinggal (Liter), Maret 2022  
*Average Monthly per Household Consumption of Cooking Oil by Province and Urban Rural Classification (Litre), March 2022*

| Provinsi<br>Province | Daerah Tempat Tinggal/Urban Rural Classification |                    |                                      |
|----------------------|--------------------------------------------------|--------------------|--------------------------------------|
|                      | Perkotaan<br>Urban                               | Perdesaan<br>Rural | Perkotaan + Perdesaan<br>Urban+Rural |
| (1)                  | (2)                                              | (3)                | (4)                                  |
| Aceh                 | 4,14                                             | 3,97               | 4,03                                 |
| Sumatera Utara       | 4,61                                             | 4,25               | 4,45                                 |
| Sumatera Barat       | 4,89                                             | 4,73               | 4,81                                 |
| Riau                 | 4,98                                             | 4,86               | 4,91                                 |
| Jambi                | 4,55                                             | 4,73               | 4,67                                 |
| Sumatera Selatan     | 3,63                                             | 3,92               | 3,82                                 |
| Bengkulu             | 3,79                                             | 3,50               | 3,59                                 |
| Lampung              | 4,23                                             | 3,86               | 3,98                                 |
| Kep. Bangka Belitung | 3,10                                             | 2,99               | 3,06                                 |
| Kepulauan Riau       | 3,93                                             | 4,33               | 3,98                                 |
| DKI Jakarta          | 4,18                                             | -                  | 4,18                                 |
| Jawa Barat           | 3,40                                             | 3,06               | 3,32                                 |
| Jawa Tengah          | 3,39                                             | 3,64               | 3,51                                 |
| D I Yogyakarta       | 2,83                                             | 3,25               | 2,93                                 |
| Jawa Timur           | 3,47                                             | 3,40               | 3,44                                 |
| Banten               | 4,25                                             | 4,49               | 4,31                                 |
| Bali                 | 3,76                                             | 3,68               | 3,74                                 |
| NTB                  | 3,56                                             | 2,91               | 3,23                                 |
| NTT                  | 3,67                                             | 2,82               | 3,05                                 |
| Kalimantan Barat     | 3,67                                             | 3,39               | 3,49                                 |
| Kalimantan Tengah    | 3,98                                             | 3,78               | 3,86                                 |
| Kalimantan Selatan   | 3,57                                             | 3,82               | 3,70                                 |
| Kalimantan Timur     | 3,41                                             | 4,03               | 3,60                                 |
| Kalimantan Utara     | 4,05                                             | 3,75               | 3,94                                 |
| Sulawesi Utara       | 3,35                                             | 3,73               | 3,52                                 |
| Sulawesi Tengah      | 3,50                                             | 3,50               | 3,50                                 |
| Sulawesi Selatan     | 2,87                                             | 3,10               | 2,99                                 |
| Sulawesi Tenggara    | 2,43                                             | 2,13               | 2,24                                 |
| Gorontalo            | 4,66                                             | 4,41               | 4,52                                 |
| Sulawesi Barat       | 3,46                                             | 2,75               | 2,89                                 |
| Maluku               | 3,48                                             | 2,99               | 3,21                                 |
| Maluku Utara         | 4,20                                             | 3,33               | 3,58                                 |
| Papua Barat          | 4,71                                             | 4,55               | 4,62                                 |
| Papua                | 5,33                                             | 3,63               | 4,08                                 |
| <b>Indonesia</b>     | <b>3,69</b>                                      | <b>3,63</b>        | <b>3,66</b>                          |

Sumber/Source: BPS, Susenas Maret 2022/BPS-Statistics Indonesia, The March 2022 Susenas

Tabel  
Table

19

**Rata-rata Konsumsi dan Pengeluaran per Kapita Seminggu Komoditas Makanan, Maret 2022***Average Weekly per Capita Consumption and Expenditure of Food Commodities, March 2022*

| Komoditas Makanan<br>Food Commodities                                                          |     | Satuan<br>Unit of<br>Quantity | Banyaknya<br>Quantity | Nilai (Rp)<br>Value (Rp) |
|------------------------------------------------------------------------------------------------|-----|-------------------------------|-----------------------|--------------------------|
| (1)                                                                                            | (2) | (3)                           | (4)                   |                          |
| <b>1 PADI-PADIAN/Cereals</b>                                                                   |     |                               |                       | 16 670                   |
| 2 Beras (beras lokal, kualitas unggul, impor)<br><i>Rice (local, premium, imported rice)</i>   | Kg  | 1,554                         |                       | 15 710                   |
| 3 Beras ketan/Sticky rice                                                                      | Kg  | 0,006                         |                       | 90                       |
| 4 Jagung basah dengan kulit/Fresh corn with husk                                               | Kg  | 0,032                         |                       | 232                      |
| 5 Jagung pipilan/beras jagung/jagung titi<br><i>Dry shelled corn/cornmeal/jagung titi</i>      | Kg  | 0,014                         |                       | 100                      |
| 6 Tepung terigu/Wheat flour                                                                    | Kg  | 0,053                         |                       | 514                      |
| 7 Padi-padian lainnya/Others                                                                   | Kg  | 0,002                         |                       | 24                       |
| <b>8 UMBI-UMBIAN/TUBERS</b>                                                                    |     |                               |                       | 2 015                    |
| 9 Ketela pohon/singkong/Cassava                                                                | Kg  | 0,106                         |                       | 493                      |
| 10 Ketela rambat/ubi jalar/Sweet potatoes                                                      | Kg  | 0,065                         |                       | 537                      |
| 11 Sagu (bukan dari ketela pohon)/Sago flour                                                   | Kg  | 0,006                         |                       | 59                       |
| 12 Talas/keladi/Taro                                                                           | Kg  | 0,016                         |                       | 119                      |
| 13 Kentang/Potatoes                                                                            | Kg  | 0,061                         |                       | 775                      |
| 14 Gaplek/Dried cassava                                                                        | Kg  | 0,002                         |                       | 13                       |
| 15 Umbi-umbian lainnya/Others                                                                  | Kg  | 0,003                         |                       | 20                       |
| <b>16 IKAN/UDANG/CUMI/KERANG<br/>FISH/SHRIMP/SQUID/CLAMS</b>                                   |     |                               |                       | 13 143                   |
| 17 Ekor kuning/Yellowtail fish                                                                 | Kg  | 0,009                         |                       | 258                      |
| 18 Tongkol/Skipjack                                                                            | Kg  | 0,037                         |                       | 1 047                    |
| 19 Tuna/Tuna                                                                                   | Kg  | 0,006                         |                       | 218                      |
| 20 Cakalang, dencis/Dencis                                                                     | Kg  | 0,020                         |                       | 518                      |
| 21 Tenggiri/Mackerel                                                                           | Kg  | 0,002                         |                       | 121                      |
| 22 Selar/Trevally                                                                              | Kg  | 0,013                         |                       | 309                      |
| 23 Kembung, lema/tatare, banyar/banyara<br><i>Indian mackerel, lema/tatare, banyar/banyara</i> | Kg  | 0,033                         |                       | 962                      |
| 24 Teri basah/Wet anchovies                                                                    | Kg  | 0,008                         |                       | 186                      |
| 25 Bandeng/Milkfish                                                                            | Kg  | 0,025                         |                       | 697                      |
| 26 Gabus/Sneakhead                                                                             | Kg  | 0,009                         |                       | 307                      |
| 27 Mujair/Tilapia                                                                              | Kg  | 0,025                         |                       | 695                      |
| 28 Mas/Goldfish                                                                                | Kg  | 0,018                         |                       | 551                      |
| 29 Nila/Tilapia                                                                                | Kg  | 0,029                         |                       | 893                      |
| 30 Lele/Catfish                                                                                | Kg  | 0,042                         |                       | 962                      |
| 31 Kakap/Snapper                                                                               | Kg  | 0,004                         |                       | 185                      |
| 32 Baronang/Rabbitfish                                                                         | Kg  | 0,002                         |                       | 61                       |

Tabel  
Table

19

**Rata-rata Konsumsi dan Pengeluaran per Kapita Seminggu Komoditas Makanan, Maret 2022 (Lanjutan)***Average Weekly per Capita Consumption and Expenditure of Food Commodities, March 2022 (Continued)*

| Komoditas Makanan<br>Food Commodities                                                                     | Satuan<br>Unit of<br>Quantity | Banyaknya<br>Quantity | Nilai (Rp)<br>Value (Rp) |
|-----------------------------------------------------------------------------------------------------------|-------------------------------|-----------------------|--------------------------|
| (1)                                                                                                       | (2)                           | (3)                   | (4)                      |
| 33 Patin/Catfish                                                                                          | Kg                            | 0,013                 | 335                      |
| 34 Bawal/Promfethfish                                                                                     | Kg                            | 0,006                 | 194                      |
| 35 Gurame/Carp                                                                                            | Kg                            | 0,003                 | 154                      |
| 36 Ikan segar/basah lainnya/Others                                                                        | Kg                            | 0,032                 | 750                      |
| 37 Udang, lobster/Shrimp, lobster                                                                         | Kg                            | 0,015                 | 873                      |
| 38 Cumi-cumi, sotong, gurita/Squid, cuttlefish, octopus                                                   | Kg                            | 0,009                 | 467                      |
| 39 Ketam, kepiting, rajungan/Mud crab, swimming crab                                                      | Kg                            | 0,001                 | 59                       |
| 40 Kerang, siput, bekicot, remis/Clams, snail, mussels                                                    | Kg                            | 0,004                 | 86                       |
| 41 Udang dan hewan air lainnya yang segar lainnya/Others                                                  | Kg                            | 0,002                 | 87                       |
| 42 Kembung diawetkan/peda<br>Preserved indian mackerel                                                    | Ons/0,1 Kg                    | 0,035                 | 151                      |
| 43 Tenggiri diawetkan/Preserved mackerel                                                                  | Ons/0,1 Kg                    | 0,005                 | 35                       |
| 44 Tongkol, tuna, cakalang, dencis, ikan kayu diawetkan<br>Preserved skipjack, tuna, dencis, wooden fish  | Ons/0,1 Kg                    | 0,081                 | 325                      |
| 45 Teri diawetkan/Preserved anchovies                                                                     | Ons/0,1 Kg                    | 0,093                 | 651                      |
| 46 Selar diawetkan/Preserved trevally                                                                     | Ons/0,1 Kg                    | 0,020                 | 80                       |
| 47 Sepat diawetkan/Preserved sneakskin gourame                                                            | Ons/0,1 Kg                    | 0,023                 | 120                      |
| 48 Bandeng diawetkan/Preserved milkfish                                                                   | Ons/0,1 Kg                    | 0,026                 | 111                      |
| 49 Gabus diawetkan/Preserved snakehead                                                                    | Ons/0,1 Kg                    | 0,007                 | 52                       |
| 50 Ikan dalam kaleng (sardencis, tuna dalam kaleng, dsb)<br>Canned fish (canned sardines, tuna, etc)      | Ons/0,1 Kg                    | 0,024                 | 146                      |
| 51 Ikan diawetkan lainnya/Others                                                                          | Ons/0,1 Kg                    | 0,078                 | 314                      |
| 52 Udang diawetkan (ebi, rebon)/Preserved shrimp (ebi, rebon)                                             | Ons/0,1 Kg                    | 0,013                 | 67                       |
| 53 Cumi-cumi, sotong, gurita diawetkan<br>Preserved squid, cuttlefish, octopus                            | Ons/0,1 Kg                    | 0,011                 | 97                       |
| 54 Udang dan hewan air lainnya yang diawetkan lainnya/Others                                              | Ons/0,1 Kg                    | 0,003                 | 17                       |
| <b>55 DAGING/MEAT</b>                                                                                     |                               |                       | <b>8 233</b>             |
| 56 Daging sapi/Beef                                                                                       | Kg                            | 0,010                 | 1 374                    |
| 57 Daging kambing, domba/biri-biri/Goat/lamb meat                                                         | Kg                            | 0,000                 | 40                       |
| 58 Daging babi/Pork                                                                                       | Kg                            | 0,004                 | 355                      |
| 59 Daging ayam ras/Boiler chicken                                                                         | Kg                            | 0,137                 | 4 745                    |
| 60 Daging ayam kampung/Local chicken                                                                      | Kg                            | 0,016                 | 803                      |
| 61 Daging segar lainnya/Others                                                                            | Kg                            | 0,002                 | 108                      |
| 62 Daging diawetkan (sosis, abon, nugget, lainnya)<br>Preserved meat (sausage, shredded, nuggets, others) | Kg                            | 0,010                 | 518                      |
| 63 Tetelan, sandung lamur/Fat, brisket                                                                    | Kg                            | 0,001                 | 73                       |

**Tabel 19** Rata-rata Konsumsi dan Pengeluaran per Kapita Seminggu Komoditas Makanan, Maret 2022 (Lanjutan)  
*Average Weekly per Capita Consumption and Expenditure of Food Commodities, March 2022 (Continued)*

|           | Komoditas Makanan<br>Food Commodities                                                                                | Satuan<br>Unit of<br>Quantity | Banyaknya<br>Quantity | Nilai (Rp)<br>Value (Rp) |
|-----------|----------------------------------------------------------------------------------------------------------------------|-------------------------------|-----------------------|--------------------------|
|           | (1)                                                                                                                  | (2)                           | (3)                   | (4)                      |
| 64        | Lainnya (hati, jeroan, iga, kaki, buntut, kepala, dsb)<br><i>Others (liver, innards, rib, feet, tail, head, etc)</i> | Kg                            | 0,007                 | 216                      |
| <b>65</b> | <b>TELUR DAN SUSU/EGGS AND MILK</b>                                                                                  |                               |                       | 8 281                    |
| 66        | Telur ayam ras/Boiler egg                                                                                            | Butir/Unit                    | 2,262                 | 3 640                    |
| 67        | Telur ayam kampung/Local chicken egg                                                                                 | Butir/Unit                    | 0,074                 | 191                      |
| 68        | Telur itik/telur itik manila/Duck egg                                                                                | Butir/Unit                    | 0,027                 | 69                       |
| 69        | Telur lainnya (telur puyuh, telur asin mentah maupun matang, telur penyu, telur angsa, dsb,)/Others                  | Butir/Unit                    | 0,114                 | 98                       |
| 70        | Susu cair pabrik/Liquid milk (factory produced)                                                                      | ±250 ml                       | 0,099                 | 453                      |
| 71        | Susu kental manis/Sweetened condensed milk                                                                           | ±397 gr                       | 0,071                 | 794                      |
| 72        | Susu bubuk/Milk powder                                                                                               | Kg                            | 0,014                 | 1 515                    |
| 73        | Susu bubuk bayi/Baby milk powder                                                                                     | Kg                            | 0,013                 | 1 319                    |
| 74        | Susu lainnya dan hasil lain dari susu<br><i>Other milk and milk products</i>                                         | ...                           | 0,020                 | 203                      |
| <b>75</b> | <b>SAYUR-SAYURAN/VEGETABLES</b>                                                                                      |                               |                       | 12 686                   |
| 76        | Bayam/Spinach                                                                                                        | Kg                            | 0,068                 | 583                      |
| 77        | Kangkung/Kale                                                                                                        | Kg                            | 0,080                 | 607                      |
| 78        | Kol/kubis/Cabbage                                                                                                    | Kg                            | 0,033                 | 245                      |
| 79        | Sawi putih (petsai)/Petsai cabbage                                                                                   | Kg                            | 0,024                 | 217                      |
| 80        | Sawi hijau/Mustard greens                                                                                            | Kg                            | 0,029                 | 262                      |
| 81        | Buncis/Green beans                                                                                                   | Kg                            | 0,020                 | 217                      |
| 82        | Kacang panjang/Long beans                                                                                            | Kg                            | 0,044                 | 393                      |
| 83        | Tomat sayur, tomat ceri/Tomato, cherry tomato                                                                        | Kg                            | 0,048                 | 482                      |
| 84        | Wortel/Carrots                                                                                                       | Kg                            | 0,027                 | 326                      |
| 85        | Mentimun/Cucumber                                                                                                    | Kg                            | 0,042                 | 303                      |
| 86        | Daun ketela pohon/daun singkong/Cassava leaves                                                                       | Kg                            | 0,052                 | 308                      |
| 87        | Terong/Eggplant                                                                                                      | Kg                            | 0,055                 | 401                      |
| 88        | Tauge/Bean sprouts                                                                                                   | Kg                            | 0,019                 | 195                      |
| 89        | Labu, labu siam, labu parang/Pumpkin, squash                                                                         | Kg                            | 0,035                 | 241                      |
| 90        | Bahan sayur sop/cap cay/kimlo (paket)<br><i>Vegetable/cap cay soup ingredients (package)</i>                         | Bungkus/Pack                  | 0,185                 | 574                      |
| 91        | Bahan sayur asam/lodeh (paket)<br><i>Tamarind/coconut curry vegetable soup ingredients (package)</i>                 | Bungkus/Pack                  | 0,098                 | 322                      |
| 92        | Nangka muda/Young jackfruit                                                                                          | Kg                            | 0,014                 | 91                       |
| 93        | Pepaya muda/Green papaya                                                                                             | Kg                            | 0,024                 | 113                      |
| 94        | Jengkol/Jenkol                                                                                                       | Kg                            | 0,008                 | 196                      |

**Tabel 19** Rata-rata Konsumsi dan Pengeluaran per Kapita Seminggu Komoditas Makanan, Maret 2022 (Lanjutan)  
*Average Weekly per Capita Consumption and Expenditure of Food Commodities, March 2022 (Continued)*

| Komoditas Makanan<br><i>Food Commodities</i>                                                     | Satuan<br><i>Unit of Quantity</i> | Banyaknya<br><i>Quantity</i> | Nilai (Rp)<br><i>Value (Rp)</i> |
|--------------------------------------------------------------------------------------------------|-----------------------------------|------------------------------|---------------------------------|
| (1)                                                                                              | (2)                               | (3)                          | (4)                             |
| 95 Bawang merah/ <i>Red onion</i>                                                                | Ons/0,1 Kg                        | 0,580                        | 1 814                           |
| 96 Bawang putih/ <i>Garlic</i>                                                                   | Ons/0,1 Kg                        | 0,387                        | 1 241                           |
| 97 Bawang bombay/ <i>Onion</i>                                                                   | Ons/0,1 Kg                        | 0,020                        | 84                              |
| 98 Cabai merah/ <i>Red chilies</i>                                                               | Kg                                | 0,037                        | 1 419                           |
| 99 Cabai hijau/ <i>Green chilies</i>                                                             | Kg                                | 0,008                        | 217                             |
| 100 Cabai rawit/ <i>Cayenne pepper</i>                                                           | Kg                                | 0,040                        | 1 531                           |
| 101 Sayur-sayuran lainnya/ <i>Others</i>                                                         | Kg                                | 0,035                        | 304                             |
| <b>102 KACANG-KACANGAN/BEANS AND NUTS</b>                                                        |                                   |                              | 3 187                           |
| 103 Kacang tanah tanpa kulit/ <i>Peanuts without shell</i>                                       | Kg                                | 0,006                        | 141                             |
| 104 Kacang kedelai/ <i>Soybeans</i>                                                              | Kg                                | 0,001                        | 13                              |
| 105 Kacang lainnya/ <i>Others</i>                                                                | Kg                                | 0,003                        | 57                              |
| 106 Tahu/ <i>Tofu</i>                                                                            | Kg                                | 0,148                        | 1 452                           |
| 107 Tempe/ <i>Tempeh</i>                                                                         | Kg                                | 0,140                        | 1 475                           |
| 108 Oncom/ <i>Fermented soybean cake</i>                                                         | Ons/0,1 Kg                        | 0,024                        | 41                              |
| 109 Hasil lain dari kacang-kacangan/ <i>Others</i>                                               | Ons/0,1 Kg                        | 0,002                        | 8                               |
| <b>110 BUAH-BUAHAN/FRUITS</b>                                                                    |                                   |                              | 7 170                           |
| 111 Jeruk, jeruk bali/ <i>Orange, pomelo orange</i>                                              | Kg                                | 0,093                        | 1 555                           |
| 112 Mangga/ <i>Mango</i>                                                                         | Kg                                | 0,011                        | 200                             |
| 113 Apel/ <i>Apple</i>                                                                           | Kg                                | 0,020                        | 621                             |
| 114 Rambutan/ <i>Rambutan</i>                                                                    | Kg                                | 0,022                        | 212                             |
| 115 Duku, langsung/ <i>Duku, langsung</i>                                                        | Kg                                | 0,007                        | 129                             |
| 116 Durian/ <i>Durian</i>                                                                        | Kg                                | 0,011                        | 243                             |
| 117 Salak/ <i>Snake fruit</i>                                                                    | Kg                                | 0,043                        | 434                             |
| 118 Pisang ambon/ <i>Ambon banana</i>                                                            | Kg                                | 0,052                        | 615                             |
| 119 Pisang lainnya/ <i>Other banana</i>                                                          | Kg                                | 0,117                        | 987                             |
| 120 Pepaya/ <i>Papaya</i>                                                                        | Kg                                | 0,083                        | 633                             |
| 121 Semangka/ <i>Watermelon</i>                                                                  | Kg                                | 0,061                        | 471                             |
| 122 Tomat buah/ <i>Tomato</i>                                                                    | Kg                                | 0,010                        | 105                             |
| 123 Alpukat/ <i>Avocado</i>                                                                      | Kg                                | 0,013                        | 249                             |
| 124 Jambu biji/ <i>Guava</i>                                                                     | Kg                                | 0,011                        | 117                             |
| 125 Buah-buahan lainnya/ <i>Other</i>                                                            | Kg                                | 0,034                        | 598                             |
| <b>126 MINYAK DAN KELAPA/OILS AND COCONUT</b>                                                    |                                   |                              | 5 067                           |
| 127 Minyak kelapa/ <i>Coconut oil</i>                                                            | Liter/Litre                       | 0,009                        | 169                             |
| 128 Minyak goreng (kelapa sawit, bunga matahari)<br><i>Cooking oil (palm oil, sunflower oil)</i> | Liter/Litre                       | 0,227                        | 4 459                           |
| 129 Kelapa (tidak termasuk santan instan)<br><i>Coconut (not including instant coconut milk)</i> | Butir/Unit                        | 0,078                        | 384                             |



**Tabel 19** Rata-rata Konsumsi dan Pengeluaran per Kapita Seminggu Komoditas Makanan, Maret 2022 (Lanjutan)  
*Average Weekly per Capita Consumption and Expenditure of Food Commodities, March 2022 (Continued)*

| Komoditas Makanan<br>Food Commodities                                                                     | Satuan<br>Unit of<br>Quantity | Banyaknya<br>Quantity | Nilai (Rp)<br>Value (Rp) |
|-----------------------------------------------------------------------------------------------------------|-------------------------------|-----------------------|--------------------------|
| (1)                                                                                                       | (2)                           | (3)                   | (4)                      |
| 130 Minyak dan kelapa lainnya/Others                                                                      | ...                           | 0,008                 | 55                       |
| <b>131 BAHAN MINUMAN/BEVERAGE</b>                                                                         |                               |                       | 4 645                    |
| 132 Gula pasir/Cane sugar                                                                                 | Ons/0,1 Kg                    | 1,212                 | 1 852                    |
| 133 Gula merah, gula air (pohon aren, kelapa, lontar)<br>Brown sugar, syrup (from palm, coconut, palmyra) | Ons/0,1 Kg                    | 0,125                 | 238                      |
| 134 Teh bubuk/Tea powder                                                                                  | Ons/0,1 Kg                    | 0,041                 | 141                      |
| 135 Teh celup (sachet)/Tea bags (sachet)                                                                  | 2 gr                          | 1,430                 | 445                      |
| 136 Kopi (bubuk, biji)/Coffee (powder, beans)                                                             | Ons/0,1 Kg                    | 0,166                 | 715                      |
| 137 Kopi instan (sachet)/Instant coffee (sachet)                                                          | 20 gr                         | 0,861                 | 1 175                    |
| 138 Bahan minuman lainnya/Other beverages                                                                 | ...                           | 0,028                 | 80                       |
| <b>139 Bumbu-Bumbuan/SPICES</b>                                                                           |                               |                       | 3 487                    |
| 140 Garam/Salt                                                                                            | Gram                          | 22,985                | 337                      |
| 141 Kemiri/Candlenut                                                                                      | Gram                          | 4,807                 | 228                      |
| 142 Ketumbar/jinten/Coriander/caraway                                                                     | Gram                          | 2,864                 | 141                      |
| 143 Merica/lada/Pepper                                                                                    | Gram                          | 2,169                 | 248                      |
| 144 Jahe/Ginger                                                                                           | Gram                          | 5,086                 | 198                      |
| 145 Kunyit/Turmeric                                                                                       | Gram                          | 5,430                 | 183                      |
| 146 Asam/Tamarind                                                                                         | Gram                          | 4,679                 | 156                      |
| 147 Terasi/petis/Shrimp paste                                                                             | Gram                          | 3,288                 | 195                      |
| 148 Kecap/Soy sauce                                                                                       | 100 ml                        | 0,157                 | 584                      |
| 149 Penyedap masakan/vetsin/Monosodium glutamate                                                          | Gram                          | 7,848                 | 432                      |
| 150 Sambal jadi/Chili sauce                                                                               | 100 ml                        | 0,018                 | 90                       |
| 151 Saus tomat/Ketchup                                                                                    | 100 ml                        | 0,024                 | 110                      |
| 152 Bumbu masak jadi/kemasan, bumbu racikan<br>Packed spices, mixed spices                                | Gram                          | 4,949                 | 366                      |
| 153 Bumbu dapur lainnya (kencur, pala, kapulaga, dsb.)<br>Other spices (kencur, nutmeg, cardamom, etc)    | Gram                          | 6,289                 | 220                      |
| <b>154 BAHAN MAKANAN LAINNYA/OTHER FOOD</b>                                                               |                               |                       | 3 130                    |
| 155 Mie instan/Instant noodles                                                                            | ±80 ml                        | 0,954                 | 2 556                    |
| 156 Kerupuk/Crackers                                                                                      | Ons/0,1 Kg                    | 0,184                 | 463                      |
| 157 Bubur bayi kemasan/Packaged baby porridge                                                             | ±150 ml                       | 0,010                 | 73                       |
| 158 Lainnya/Others                                                                                        | ...                           | 0,012                 | 39                       |
| <b>159 MAKANAN MINUMAN JADI<br/>PREPARED FOOD AND BEVERAGE</b>                                            |                               |                       | 48 452                   |
| 160 Roti tawar/Bread                                                                                      | Potong/Pieces                 | 0,353                 | 527                      |
| 161 Roti manis, roti lainnya/Sweet bread, other bread                                                     | Potong/Pieces                 | 1,044                 | 1 917                    |

**Tabel 19** Rata-rata Konsumsi dan Pengeluaran per Kapita Seminggu Komoditas Makanan, Maret 2022 (Lanjutan)  
*Average Weekly per Capita Consumption and Expenditure of Food Commodities, March 2022 (Continued)*

| Komoditas Makanan<br>Food Commodities                                                                                           | Satuan<br>Unit of<br>Quantity          | Banyaknya<br>Quantity | Nilai (Rp)<br>Value (Rp) |
|---------------------------------------------------------------------------------------------------------------------------------|----------------------------------------|-----------------------|--------------------------|
| (1)                                                                                                                             | (2)                                    | (3)                   | (4)                      |
| 162 Kue kering, biskuit, semprong/ <i>Cookies, biscuit, wafer</i>                                                               | Ons/0,1 Kg                             | 0,406                 | 1 324                    |
| 163 Kue basah (kue lapis, bika ambon, lemper, dsb)<br><i>Cake (layered cake, honeycomb cake, lemper, etc)</i>                   | Buah/Unit                              | 1,285                 | 1 803                    |
| 164 Makanan gorengan (tahu, tempe, bakwan, pisang)<br><i>Fried food (tofu, tempeh, bakwan, banana)</i>                          | Potong/Pieces                          | 2,575                 | 2 535                    |
| 165 Makanan gorengan lainnya/ <i>Other fried food</i>                                                                           | Potong/Pieces                          | 0,185                 | 216                      |
| 166 Bubur kacang hijau/ <i>Mung bean porridge</i>                                                                               | Potong/Pieces                          | 0,130                 | 668                      |
| 167 Gado-gado, ketoprak, pecel<br><i>Salad with peanut sauce (gado-gado, ketoprak, pecel)</i>                                   | Porsi/Portion                          | 0,181                 | 1 422                    |
| 168 Nasi campur/rames/ <i>Rice with various kind of dishes</i>                                                                  | Porsi/Portion                          | 0,575                 | 5 816                    |
| 169 Nasi goreng/ <i>Fried rice</i>                                                                                              | Porsi/Portion                          | 0,178                 | 2 074                    |
| 170 Nasi putih/ <i>Rice</i>                                                                                                     | Porsi/Portion                          | 0,271                 | 1 034                    |
| 171 Lontong/ketupat sayur/ <i>Rice cake with vegetable</i>                                                                      | Porsi/Portion                          | 0,184                 | 1 186                    |
| 172 Soto, gule, sop, rawon, cincang/ <i>Soto, curry, soup, rawon, minced meat</i>                                               | Porsi/Portion                          | 0,158                 | 1 599                    |
| 173 Sayur matang (ditumis, disantan, dsb )/ <i>Cooked vegetables (stir fried, coconut milk soup, etc )</i>                      | Porsi/Portion                          | 0,290                 | 1 234                    |
| 174 Sate, tongseng/ <i>Satay, skewers, stew</i>                                                                                 | Porsi (5 tusuk)/<br>Portion (5 skeers) | 0,095                 | 1 031                    |
| 175 Mie bakso, mie rebus, mie goreng<br><i>Noodle with meatballs, noodle soup, fried noodle</i>                                 | Porsi/Portion                          | 0,520                 | 4 764                    |
| 176 Mie instan/ <i>Instant noodle</i>                                                                                           | Porsi/Portion                          | 0,090                 | 482                      |
| 177 Makanan ringan anak-anak, krupuk/kripik<br><i>Children's snacks, crackers/chips</i>                                         | Ons/0,1 Kg                             | 0,671                 | 2 322                    |
| 178 Ikan matang/ <i>Cooked fish</i>                                                                                             | Potong/Pieces                          | 0,134                 | 877                      |
| 179 Ayam/bebek/daging matang (ayam goreng, rendang, dsb)<br><i>Cooked chicken/duck/meat (fried chicken, rendang, etc)</i>       | Potong/Pieces                          | 0,228                 | 2 023                    |
| 180 Daging olahan matang (sisis, nugget, daging asap, dsb.)<br><i>Cooked processed meat (sausage, nugget, smoked meat, etc)</i> | Potong/Pieces                          | 0,614                 | 960                      |
| 181 Bubur ayam/ <i>Chicken porridge</i>                                                                                         | Porsi/Portion                          | 0,163                 | 1 172                    |
| 182 Siomay, batagor/ <i>Dumplings, fried fish dumplings</i>                                                                     | Porsi (5 tusuk)/<br>portion (5 skeers) | 0,242                 | 1 297                    |
| 183 Makanan jadi lainnya/ <i>Other prepared food</i>                                                                            | ...                                    | 0,334                 | 1 278                    |
| 184 Air kemasan/ <i>Mineral water (bottle)</i>                                                                                  | Liter/Litre                            | 0,185                 | 847                      |
| 185 Air kemasan galon/ <i>Mineral water (gallon)</i>                                                                            | Galon                                  | 0,226                 | 1 826                    |
| 186 Air teh kemasan, minuman bersoda/mengandung CO2<br><i>Bottled tea, soft drink/contained CO2 drinks</i>                      | ±250 ml                                | 0,190                 | 565                      |
| 187 Sari buah kemasan, minuman kesehatan, minuman berenergi/ <i>Packed juice, health drinks, energy drinks</i>                  | ±200 ml                                | 0,190                 | 628                      |

**Tabel** 19 **Rata-rata Konsumsi dan Pengeluaran per Kapita Seminggu Komoditas Makanan, Maret 2022 (Lanjutan)**  
**Table** 19 *Average Weekly per Capita Consumption and Expenditure of Food Commodities, March 2022 (Continued)*

|            | Komoditas Makanan<br>Food Commodities                                                                                 | Satuan<br>Unit of<br>Quantity | Banyaknya<br>Quantity | Nilai (Rp)<br>Value (Rp) |
|------------|-----------------------------------------------------------------------------------------------------------------------|-------------------------------|-----------------------|--------------------------|
|            | (1)                                                                                                                   | (2)                           | (3)                   | (4)                      |
| 188        | Minuman jadi (kopi, kopi susu, teh, susu coklat, dsb,)/<br>Prepared drinks (coffee, latte, tea, milk chocolate, etc ) | Gelas/Glass                   | 0,911                 | 2 802                    |
| 189        | Es krim/Ice cream                                                                                                     | Mangkok kecil/<br>Small bowl  | 0,229                 | 969                      |
| 190        | Es lainnya/Other ice products                                                                                         | Porsi/Portion                 | 0,396                 | 1 181                    |
| 191        | Minuman keras/Alcoholic beverage                                                                                      | Liter/Litre                   | 0,005                 | 74                       |
| <b>192</b> | <b>ROKOK DAN TEMBAKAU/CIGARETTE AND TOBACCO</b>                                                                       |                               |                       | <b>19 176</b>            |
| 193        | Rokok kretek filter/Filtered clove cigarette                                                                          | Batang/Unit                   | 12,487                | 15 312                   |
| 194        | Rokok kretek tanpa filter/Non-filtered clove cigarette                                                                | Batang/Unit                   | 2,445                 | 2 463                    |
| 195        | Rokok putih/Cigarette                                                                                                 | Batang/Unit                   | 0,761                 | 1 013                    |
| 196        | Tembakau/Tobacco                                                                                                      | Ons/0,1 Kg                    | 0,027                 | 201                      |
| 197        | Rokok dan tembakau lainnya<br>Other cigarettes and tobacco                                                            | ...                           | 0,070                 | 187                      |

Sumber/Source: BPS, Susenas Maret 2022/BPS-Statistics Indonesia, The March 2022 Susenas

Tabel  
Table

20

**Rata-rata Pengeluaran per Kapita Sebulan Komoditas Bukan Makanan menurut Daerah Tempat Tinggal (Rupiah), Maret 2022**  
*Average Monthly per Capita Expenditure of Non Food Commodities by Urban Rural Classification (Rupiahs), March 2022*

| Komoditas Bukan Makanan<br><i>Non Food Commodities</i> |                                                                                                     | Daerah Tempat Tinggal<br><i>Urban Rural Classification</i> |                           |                                                  |
|--------------------------------------------------------|-----------------------------------------------------------------------------------------------------|------------------------------------------------------------|---------------------------|--------------------------------------------------|
|                                                        |                                                                                                     | Perkotaan<br><i>Urban</i>                                  | Perdesaan<br><i>Rural</i> | Perkotaan +<br>Perdesaan<br><i>Urban + Rural</i> |
| (1)                                                    |                                                                                                     | (2)                                                        | (3)                       | (4)                                              |
| 1                                                      | <b>PERUMAHAN DAN FASILITAS RUMAH TANGGA</b><br><b><i>HOUSING AND HOUSEHOLD FACILITIES</i></b>       | <b>450 378</b>                                             | <b>226 439</b>            | <b>355 069</b>                                   |
| 2                                                      | Perkiraan sewa rumah sendiri/bebas sewa<br><i>Imputed house rent</i>                                | 203 785                                                    | 89 343                    | 155 078                                          |
| 3                                                      | Kontrak rumah/ <i>House contract</i>                                                                | 11 334                                                     | 529                       | 6 735                                            |
| 4                                                      | Sewa rumah/ <i>House rent</i>                                                                       | 5 502                                                      | 392                       | 3 327                                            |
| 5                                                      | Rumah dinas dan lainnya/ <i>Official rent and others</i>                                            | 2 055                                                      | 834                       | 1 536                                            |
| 6                                                      | Pemeliharaan rumah dan perbaikan ringan<br><i>House maintenance and minor repairs</i>               | 11 099                                                     | 6 467                     | 9 128                                            |
| 7                                                      | Listrik/ <i>Electricity</i>                                                                         | 54 783                                                     | 19 721                    | 39 860                                           |
| 8                                                      | Air (PAM/pikulan/membeli)/ <i>Water</i>                                                             | 9 246                                                      | 2 204                     | 6 249                                            |
| 9                                                      | <b>GENERATOR/GENERATOR</b>                                                                          |                                                            |                           |                                                  |
| 9                                                      | Bahan bakar Minyak/ <i>Fuel</i>                                                                     | 395                                                        | 818                       | 575                                              |
| 10                                                     | Minyak pelumas/ <i>Lubricant oil</i>                                                                | 39                                                         | 59                        | 47                                               |
| 11                                                     | Pemeliharaan dan perbaikan generator<br><i>Generator maintenance and service</i>                    | 36                                                         | 48                        | 41                                               |
| 12                                                     | <b>KENDARAAN BERMOTOR/MOTOR VEHICLES</b>                                                            |                                                            |                           |                                                  |
| 12                                                     | Bensin/ <i>Gasoline</i>                                                                             | 61 986                                                     | 42 210                    | 53 569                                           |
| 13                                                     | Solar/ <i>Diesel oil</i>                                                                            | 1 336                                                      | 2 146                     | 1 681                                            |
| 14                                                     | Minyak tanah/ <i>Kerosene</i>                                                                       | 62                                                         | 70                        | 65                                               |
| 15                                                     | Minyak pelumas/ <i>Lubricant oil</i>                                                                | 6 935                                                      | 5 078                     | 6 145                                            |
| 16                                                     | Perbaikan ringan dan pemeliharaan kendaraan bermotor<br><i>Motor vehicle repair and maintenance</i> | 8 551                                                      | 5 970                     | 7 453                                            |
| 17                                                     | Elpiji/LPG                                                                                          | 13 701                                                     | 10 644                    | 12 400                                           |
| 18                                                     | Gas Kota/ <i>City gas</i>                                                                           | 291                                                        | 11                        | 172                                              |
| 19                                                     | Minyak tanah untuk keperluan lainnya<br><i>Kerosene for other purposes</i>                          | 619                                                        | 719                       | 661                                              |
| 20                                                     | Arang/batu bara/briket/ <i>Charcoal/coal/briquette</i>                                              | 15                                                         | 50                        | 30                                               |
| 21                                                     | Biogas/ <i>Biogas</i>                                                                               | 5                                                          | 8                         | 6                                                |
| 22                                                     | Kayu bakar dan bahan bakar lainnya<br><i>Firewood and other fuel</i>                                | 1 038                                                      | 6 473                     | 3 351                                            |
| 23                                                     | Kebutuhan rumah lainnya/ <i>Others</i>                                                              | 4 147                                                      | 2 981                     | 3 650                                            |
| 24                                                     | Rekening telepon rumah/ <i>Phone bill (home)</i>                                                    | 571                                                        | 73                        | 359                                              |
| 25                                                     | Pulsa HP/ <i>Mobile phone bill</i>                                                                  | 18 484                                                     | 11 931                    | 15 695                                           |
| 26                                                     | Benda pos/ <i>Post stuff</i>                                                                        | 130                                                        | 60                        | 100                                              |
| 27                                                     | Biaya internet/ <i>Internet cost</i>                                                                | 33 924                                                     | 17 437                    | 26 907                                           |

**Tabel 20 Rata-rata Pengeluaran per Kapita Sebulan Komoditas Bukan Makanan menurut Daerah Tempat Tinggal (Rupiah), Maret 2022 (Lanjutan)**  
*Average Monthly per Capita Expenditure of Non Food Commodities by Urban Rural Classification (Rupiahs), March 2022 (Continued)*

|    | Komoditas Bukan Makanan<br><i>Non Food Commodities</i>                                                                                                            | Daerah Tempat Tinggal<br><i>Urban Rural Classification</i> |                           |                                                  |
|----|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------|---------------------------|--------------------------------------------------|
|    |                                                                                                                                                                   | Perkotaan<br><i>Urban</i>                                  | Perdesaan<br><i>Rural</i> | Perkotaan +<br>Perdesaan<br><i>Urban + Rural</i> |
|    | (1)                                                                                                                                                               | (2)                                                        | (3)                       | (4)                                              |
| 28 | Lainnya (nomor perdana warnet kirim paket dsb)<br><i>Others</i>                                                                                                   | 309                                                        | 161                       | 246                                              |
| 29 | <b>ANEKA BARANG DAN JASA/GOODS AND SERVICES</b>                                                                                                                   | <b>201 790</b>                                             | <b>97 026</b>             | <b>157 202</b>                                   |
| 30 | Sabun mandi, pasta gigi, sikat gigi, dan shampo<br><i>Soap, toothpaste, toothbrush, and shampoo</i>                                                               | 17 750                                                     | 11 895                    | 15 258                                           |
| 31 | Barang kecantikan/ <i>Cosmetic include perfume</i>                                                                                                                | 8 933                                                      | 5 330                     | 7 400                                            |
| 32 | Perawatan kulit, muka, kuku, rambut<br><i>Skin care, face care, hair care, etc</i>                                                                                | 13 688                                                     | 7 430                     | 11 024                                           |
| 33 | Sabun cuci/ <i>Laundry soap</i>                                                                                                                                   | 9 924                                                      | 7 721                     | 8 986                                            |
| 34 | Bahan pemeliharaan pakaian<br><i>Clothes maintenance material</i>                                                                                                 | 5 664                                                      | 3 135                     | 4 588                                            |
| 35 | Surat kabar, majalah, buku-buku, dan alat tulis<br><i>Newspapers, magazine, books, and stationeries</i>                                                           | 1 801                                                      | 985                       | 1 454                                            |
| 36 | Barang lainnya (tissue, pampers, kantong plastik, tali/<br>tambang plastik, dsb )/ <i>Other stuffs (tissue, baby diaper, plastic bag, rope/plastic rope, etc)</i> | 12 644                                                     | 7 273                     | 10 358                                           |
| 37 | Rumah Sakit Pemerintah/ <i>Public Hospital</i>                                                                                                                    | 8 141                                                      | 4 416                     | 6 556                                            |
| 38 | Rumah Sakit Swasta/ <i>Private Hospital</i>                                                                                                                       | 11 070                                                     | 3 975                     | 8 051                                            |
| 39 | Puskesmas/pustu/polindes/posyandu/ <i>Public Health Center/ Sub Ordinary Public Health Center</i>                                                                 | 537                                                        | 801                       | 649                                              |
| 40 | Praktik dokter/poliklinik/ <i>Clinic</i>                                                                                                                          | 2 069                                                      | 1 422                     | 1 794                                            |
| 41 | Praktik petugas kesehatan<br><i>Health care practitioners practice</i>                                                                                            | 974                                                        | 1 478                     | 1 189                                            |
| 42 | Praktik pengobatan tradisional<br><i>Traditional medicine practices</i>                                                                                           | 383                                                        | 315                       | 354                                              |
| 43 | Dukun penolong persalinan<br><i>The birth attendant shaman</i>                                                                                                    | 171                                                        | 152                       | 163                                              |
| 44 | Obat yang dibeli dengan resep dari tenaga kesehatan<br><i>Take medicine with recipe</i>                                                                           | 1 907                                                      | 877                       | 1 469                                            |
| 45 | Obat modern yang dibeli tanpa resep dari tenaga kesehatan/ <i>Take medicine without recipe</i>                                                                    | 2 221                                                      | 1 299                     | 1 828                                            |
| 46 | Obat tradisional/jamu untuk pengobatan<br><i>Purchasing traditional medicine</i>                                                                                  | 661                                                        | 453                       | 572                                              |
| 47 | Biaya pemeliharaan kacamata, kaki/tangan palsu, dan kursi roda/ <i>Purchasing glasses, hand/leg artificial, and wheel chair</i>                                   | 243                                                        | 81                        | 174                                              |

**Tabel 20** Rata-rata Pengeluaran per Kapita Sebulan Komoditas Bukan Makanan menurut Daerah Tempat Tinggal (Rupiah), Maret 2022 (Lanjutan)  
*Average Monthly per Capita Expenditure of Non Food Commodities by Urban Rural Classification (Rupiahs), March 2022 (Continued)*

| Komoditas Bukan Makanan<br><i>Non Food Commodities</i> |                                                                                                                  | Daerah Tempat Tinggal<br><i>Urban Rural Classification</i> |                           |                                                  |
|--------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------|---------------------------|--------------------------------------------------|
|                                                        |                                                                                                                  | Perkotaan<br><i>Urban</i>                                  | Perdesaan<br><i>Rural</i> | Perkotaan +<br>Perdesaan<br><i>Urban + Rural</i> |
| (1)                                                    |                                                                                                                  | (2)                                                        | (3)                       | (4)                                              |
| 48                                                     | Periksa kehamilan/ <i>Pregnancy examination</i>                                                                  | 637                                                        | 334                       | 508                                              |
| 49                                                     | Imunisasi/ <i>Immunization cost</i>                                                                              | 1 656                                                      | 1 614                     | 1 639                                            |
| 50                                                     | Vaksin Covid-19/ <i>Covid-19 vaccine</i>                                                                         | -                                                          | -                         | -                                                |
| 51                                                     | Tes kesehatan/ <i>Medical Check Up</i>                                                                           | 4 481                                                      | 1 511                     | 3 217                                            |
| 52                                                     | Keluarga Berencana (alat/cara kontrasepsi, konsultasi, dsb)/ <i>Contraception</i>                                | 1 975                                                      | 1 867                     | 1 929                                            |
| 53                                                     | Biaya pemeliharaan kesehatan lainnya<br><i>Other health care cost</i>                                            | 2 817                                                      | 1 081                     | 2 078                                            |
| 54                                                     | Sumbangan pembangunan sekolah (uang pangkal)<br><i>Development school contribution/admission fee</i>             | 9 186                                                      | 2 322                     | 6 265                                            |
| 55                                                     | Uang Sekolah (SPP/UKT) dan iuran komite sekolah<br><i>POMG/School fee</i>                                        | 34 140                                                     | 14 741                    | 25 883                                           |
| 56                                                     | Iuran sekolah lainnya<br><i>Other cost of school contribution</i>                                                | 3 080                                                      | 1 248                     | 2 300                                            |
| 57                                                     | Buku pelajaran, foto copy bahan pelajaran<br><i>Text books, school material copy</i>                             | 2 663                                                      | 1 612                     | 2 216                                            |
| 58                                                     | Alat-alat tulis/ <i>Stationery</i>                                                                               | 1 508                                                      | 1 157                     | 1 359                                            |
| 59                                                     | Uang kursus/bimbingan belajar di luar sekolah<br><i>Non formal education cost</i>                                | 2 360                                                      | 705                       | 1 656                                            |
| 60                                                     | Transportasi darat/ <i>Road transportation expenses</i>                                                          | 7 135                                                      | 3 688                     | 5 668                                            |
| 61                                                     | Transportasi udara/pesawat<br><i>Air transportation/airplane</i>                                                 | 2 206                                                      | 418                       | 1 445                                            |
| 62                                                     | Transportasi laut/kapal feri, kapal laut<br><i>Coast transportation expenses</i>                                 | 251                                                        | 231                       | 242                                              |
| 63                                                     | Lainnya (uang parkir, karcis tol, dsb)/ <i>Others</i>                                                            | 2 281                                                      | 583                       | 1 558                                            |
| 64                                                     | Hotel/motel/penginapan/ <i>Hotel inn</i>                                                                         | 1 138                                                      | 191                       | 735                                              |
| 65                                                     | Hiburan/ <i>Theatre and other recreation</i>                                                                     | 1 450                                                      | 339                       | 977                                              |
| 66                                                     | Gaji/upah pembantu rumah tangga, satpam, tukang kebun dan sopir<br><i>Domestic servant, security, and driver</i> | 20 945                                                     | 2 965                     | 13 293                                           |
| 67                                                     | Jasa Lembaga keuangan/ <i>Financial service charge</i>                                                           | 2 452                                                      | 1 007                     | 1 837                                            |
| 68                                                     | Jasa lainnya (pembulatan KTP, SIM, akte kelahiran, dll)<br><i>Other services (ID card, etc )</i>                 | 648                                                        | 374                       | 532                                              |
| 69                                                     | <b>PAKAIAN ALAS KAKI DAN TUTUP KEPALA</b><br><b>CLOTHING FOOTWEAR AND HEADGEAR</b>                               | <b>35 747</b>                                              | <b>27 264</b>             | <b>32 137</b>                                    |

**Tabel 20 Rata-rata Pengeluaran per Kapita Sebulan Komoditas Bukan Makanan menurut Daerah Tempat Tinggal (Rupiah), Maret 2022 (Lanjutan)**  
*Average Monthly per Capita Expenditure of Non Food Commodities by Urban Rural Classification (Rupiahs), March 2022 (Continued)*

|           | Komoditas Bukan Makanan<br><i>Non Food Commodities</i>                                                                                                                   | Daerah Tempat Tinggal<br><i>Urban Rural Classification</i> |                           |                                                  |
|-----------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------|---------------------------|--------------------------------------------------|
|           |                                                                                                                                                                          | Perkotaan<br><i>Urban</i>                                  | Perdesaan<br><i>Rural</i> | Perkotaan +<br>Perdesaan<br><i>Urban + Rural</i> |
|           | (1)                                                                                                                                                                      | (2)                                                        | (3)                       | (4)                                              |
| 70        | Pakaian jadi untuk laki-laki dewasa<br><i>Ready to wear clothes for men</i>                                                                                              | 8 887                                                      | 6 966                     | 8 070                                            |
| 71        | Pakaian jadi untuk perempuan dewasa<br><i>Ready to wear clothes for women</i>                                                                                            | 10 170                                                     | 7 871                     | 9 192                                            |
| 72        | Pakaian jadi untuk anak-anak<br><i>Ready to wear clothes for children</i>                                                                                                | 5 294                                                      | 4 450                     | 4 935                                            |
| 73        | Bahan pakaian/ <i>Clothing material</i>                                                                                                                                  | 899                                                        | 743                       | 833                                              |
| 74        | Upah menjahit, memperbaiki pakaian, dll<br><i>Tailor fee, sewing materials</i>                                                                                           | 609                                                        | 473                       | 551                                              |
| 75        | Alas Kaki (sepatu, sandal, kaos kaki, dsb)<br><i>Footwear (shoes, sandals, socks, etc.)</i>                                                                              | 6 340                                                      | 4 071                     | 5 374                                            |
| 76        | Tutup kepala/ <i>Headgear</i>                                                                                                                                            | 1 664                                                      | 1 490                     | 1 590                                            |
| 77        | Lainnya (handuk, ikat pinggang, semir sepatu, dll)<br><i>Others (towel, belt, shoe polish, etc)</i>                                                                      | 1 883                                                      | 1 200                     | 1 592                                            |
| <b>78</b> | <b>BARANG TAHAN LAMA/DURABLE GOODS</b>                                                                                                                                   | <b>55 505</b>                                              | <b>39 660</b>             | <b>48 761</b>                                    |
| 79        | Meubelair/ <i>Furniture</i>                                                                                                                                              | 3 091                                                      | 3 095                     | 3 093                                            |
| 80        | Peralatan rumah tangga/ <i>Household Appliances</i>                                                                                                                      | 2 124                                                      | 1 363                     | 1 800                                            |
| 81        | Perlengkapan perabot rumah tangga<br><i>Household furnishing</i>                                                                                                         | 1 798                                                      | 1 816                     | 1 806                                            |
| 82        | Perkakas rumah tangga/ <i>Household equipment</i>                                                                                                                        | 932                                                        | 1 122                     | 1 013                                            |
| 83        | Alat-alat dapur/makan/ <i>Kitchen utensils</i>                                                                                                                           | 1 673                                                      | 1 742                     | 1 702                                            |
| 84        | Barang-barang pajangan/hiasan/ <i>Decoration stuff</i>                                                                                                                   | 251                                                        | 151                       | 209                                              |
| 85        | Perbaikan perabot, perlengkapan, dan perkakas rumah tangga/ <i>Repairing household furniture, equipment, and appliances</i>                                              | 668                                                        | 379                       | 545                                              |
| 86        | Pembelian & perbaikan HP/smartphone dan asesorisnya<br><i>Purchasing &amp; repairment mobile phone and accessories</i>                                                   | 4 884                                                      | 2 703                     | 3 956                                            |
| 87        | Pembelian & perbaikan kamera, kacamata, video camera, alat-alat optik lainnya/ <i>Purchasing &amp; repairment camera, glasses, video camera, and other optical stuff</i> | 457                                                        | 134                       | 320                                              |
| 88        | Pembelian & perbaikan arloji, jam, payung, tas, koper/<br><i>Purchasing &amp; repairment watch, clock, umbrella, bag, suitcase</i>                                       | 737                                                        | 374                       | 583                                              |
| 89        | Perhiasan mahal terbuat dari logam atau batu mulia dan perbaikannya/ <i>Expensive jewelry made of metals and precious stone</i>                                          | 3 629                                                      | 2 162                     | 3 005                                            |

**Tabel 20 Rata-rata Pengeluaran per Kapita Sebulan Komoditas Bukan Makanan menurut Daerah Tempat Tinggal (Rupiah), Maret 2022 (Lanjutan)**  
*Average Monthly per Capita Expenditure of Non Food Commodities by Urban Rural Classification (Rupiahs), March 2022 (Continued)*

|     | Komoditas Bukan Makanan<br><i>Non Food Commodities</i>                                                                                                                                                                                                 | Daerah Tempat Tinggal<br><i>Urban Rural Classification</i> |                           |                                                  |
|-----|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------|---------------------------|--------------------------------------------------|
|     |                                                                                                                                                                                                                                                        | Perkotaan<br><i>Urban</i>                                  | Perdesaan<br><i>Rural</i> | Perkotaan +<br>Perdesaan<br><i>Urban + Rural</i> |
|     | (1)                                                                                                                                                                                                                                                    | (2)                                                        | (3)                       | (4)                                              |
| 90  | Pembelian & perbaikan mainan anak (sepeda roda tiga), perhiasan murah dan imitasi/ <i>Purchasing &amp; repairment of children's toys (tricycle), cheap jewelry and imitations</i>                                                                      | 1 110                                                      | 692                       | 932                                              |
| 91  | Pembelian & perbaikan televisi, radio, video, DVD, kaset, gitar, piano/organ, komputer, laptop, tablet dan perbaikannya/ <i>Purchasing &amp; repairment of television, radio, video, DVD, cassette, guitar, piano/organs, computer, laptop, tablet</i> | 1 525                                                      | 695                       | 1 172                                            |
| 92  | Pembelian & perbaikan alat dan perlengkapan olahraga/ <i>Purchasing &amp; repairment of sports equipment</i>                                                                                                                                           | 396                                                        | 143                       | 288                                              |
| 93  | Pembelian kendaraan untuk transportasi/ <i>Purchasing of vehicles</i>                                                                                                                                                                                  | 29 627                                                     | 20 328                    | 25 669                                           |
| 94  | Binatang dan tanaman peliharaan termasuk biaya pemeliharaan/ <i>Domestic animal and plant maintenance</i>                                                                                                                                              | 1 977                                                      | 2 231                     | 2 085                                            |
| 95  | Barang tahan lama lainnya/ <i>Other durable goods</i>                                                                                                                                                                                                  | 625                                                        | 531                       | 585                                              |
| 96  | <b>PAJAK PUNGUTAN DAN ASURANSI<br/>TAXES AND INSURANCES</b>                                                                                                                                                                                            | <b>66 422</b>                                              | <b>33 744</b>             | <b>52 514</b>                                    |
| 97  | Pajak Bumi dan Bangunan/ <i>Land and building taxes</i>                                                                                                                                                                                                | 2 933                                                      | 966                       | 2 096                                            |
| 98  | Pajak Kendaraan Bermotor dan tak bermotor/ <i>Motor and non-motor vehicle taxes</i>                                                                                                                                                                    | 15 527                                                     | 8 115                     | 12 372                                           |
| 99  | Pungutan/retribusi/ <i>Charges/Retribution</i>                                                                                                                                                                                                         | 4 073                                                      | 919                       | 2 730                                            |
| 100 | Asuransi kesehatan/ <i>Health insurance</i>                                                                                                                                                                                                            | 40 022                                                     | 22 861                    | 32 718                                           |
| 101 | Asuransi jiwa lainnya dan asuransi kerugian/ <i>Other life insurance and general insurance</i>                                                                                                                                                         | 3 052                                                      | 685                       | 2 045                                            |
| 102 | Lainnya/ <i>Others</i>                                                                                                                                                                                                                                 | 815                                                        | 198                       | 552                                              |
| 103 | <b>KEPERLUAN PESTA DAN UPACARA/KENDURI<br/>PARTIES AND CEREMONIES</b>                                                                                                                                                                                  | <b>18 316</b>                                              | <b>13 677</b>             | <b>16 342</b>                                    |
| 104 | Perkawinan/ <i>Wedding</i>                                                                                                                                                                                                                             | 9 534                                                      | 7 196                     | 8 539                                            |
| 105 | Khitanan dan ulang tahun/ <i>Circumcision and birthday</i>                                                                                                                                                                                             | 2 016                                                      | 1 459                     | 1 779                                            |
| 106 | Perayaan hari raya agama/ <i>Religious ceremony</i>                                                                                                                                                                                                    | 701                                                        | 605                       | 660                                              |
| 107 | Biaya penyelenggaraan ibadah haji (BPIH), umroh, perjalanan rohani/ <i>Pilgrimage/Hajj cost (BPIH), religious trips</i>                                                                                                                                | 774                                                        | 285                       | 566                                              |
| 108 | Upacara agama atau adat lainnya/ <i>Religious/traditional ceremony</i>                                                                                                                                                                                 | 3 815                                                      | 2 987                     | 3 462                                            |
| 109 | Biaya Pemakaman/ <i>Funeral</i>                                                                                                                                                                                                                        | 1 476                                                      | 1 143                     | 1 335                                            |

Sumber/Source: BPS, Susenas Maret 2022/BPS-Statistics Indonesia, The March 2022 Susenas



**Tabel 21** Daftar Konversi Zat Gizi menurut Komoditas Makanan  
*Table List of Nutrition Conversion by Food Commodities*

| Komoditas Makanan<br><i>Food Commodities</i>                                                   | Satuan<br><i>Unit of Quantity</i> | Kalori (Kkal)<br><i>Calorie (Kcal)</i> | Protein (Gram)<br><i>Protein (Gram)</i> |
|------------------------------------------------------------------------------------------------|-----------------------------------|----------------------------------------|-----------------------------------------|
| (1)                                                                                            | (2)                               | (3)                                    | (4)                                     |
| <b>1 PADI-PADIAN/Cereals</b>                                                                   |                                   |                                        |                                         |
| 2 Beras (beras lokal, kualitas unggul, impor)<br><i>Rice (local, premium, imported rice)</i>   | Kg                                | 3 622,00                               | 84,75                                   |
| 3 Beras ketan/ <i>Sticky rice</i>                                                              | Kg                                | 3 605,00                               | 77,00                                   |
| 4 Jagung basah dengan kulit/ <i>Fresh corn with husk</i>                                       | Kg                                | 361,20                                 | 11,48                                   |
| 5 Jagung pipilan/beras jagung/jagung titi<br><i>Dry shelled corn/cornmeal/jagung titi</i>      | Kg                                | 3 200,00                               | 82,80                                   |
| 6 Tepung terigu/ <i>Wheat flour</i>                                                            | Kg                                | 3 330,00                               | 90,00                                   |
| 7 Padi-padian lainnya/ <i>Others</i>                                                           | Kg                                | 3 570,00                               | 73,00                                   |
| <b>8 UMBI-UMBIAN/TUBERS</b>                                                                    |                                   |                                        |                                         |
| 9 Ketela pohon/singkong/ <i>Cassava</i>                                                        | Kg                                | 1 309,00                               | 8,50                                    |
| 10 Ketela rambat/ubi jalar/ <i>Sweet potatoes</i>                                              | Kg                                | 1 252,00                               | 11,78                                   |
| 11 Sagu (bukan dari ketela pohon)/ <i>Sago flour</i>                                           | Kg                                | 3 380,00                               | 6,00                                    |
| 12 Talas/keladi/ <i>Taro</i>                                                                   | Kg                                | 1 135,40                               | 15,50                                   |
| 13 Kentang/ <i>Potatoes</i>                                                                    | Kg                                | 520,80                                 | 17,64                                   |
| 14 Gaplek/ <i>Dried cassava</i>                                                                | Kg                                | 3 380,00                               | 15,00                                   |
| 15 Umbi-umbian lainnya/ <i>Others</i>                                                          | Kg                                | 3 014,83                               | 13,00                                   |
| <b>16 IKAN/UDANG/CUMI/KERANG<br/>FISH/SHRIMP/SQUID/CLAMS</b>                                   |                                   |                                        |                                         |
| 17 Ekor kuning/ <i>Yellowtail fish</i>                                                         | Kg                                | 872,00                                 | 136,00                                  |
| 18 Tongkol/ <i>Skipjack</i>                                                                    | Kg                                | 904,00                                 | 137,00                                  |
| 19 Tuna/ <i>Tuna</i>                                                                           | Kg                                | 904,00                                 | 233,00                                  |
| 20 Cakalang, dencis/ <i>Dencis</i>                                                             | Kg                                | 904,00                                 | 196,00                                  |
| 21 Tenggiri/ <i>Mackerel</i>                                                                   | Kg                                | 904,00                                 | 136,00                                  |
| 22 Selar/ <i>Trevally</i>                                                                      | Kg                                | 480,00                                 | 90,24                                   |
| 23 Kembung, lema/tatare, banyar/banyara<br><i>Indian mackerel, lema/tatare, banyar/banyara</i> | Kg                                | 824,00                                 | 176,00                                  |
| 24 Teri basah/ <i>Wet anchovies</i>                                                            | Kg                                | 740,00                                 | 103,00                                  |
| 25 Bandeng/ <i>Milkfish</i>                                                                    | Kg                                | 1 032,00                               | 160,00                                  |
| 26 Gabus/ <i>Sneakhead</i>                                                                     | Kg                                | 477,40                                 | 76,88                                   |
| 27 Mujair/ <i>Tilapia</i>                                                                      | Kg                                | 712,00                                 | 149,60                                  |
| 28 Mas/ <i>Goldfish</i>                                                                        | Kg                                | 860,00                                 | 160,00                                  |
| 29 Nila/ <i>Tilapia</i>                                                                        | Kg                                | 890,00                                 | 187,00                                  |
| 30 Lele/ <i>Catfish</i>                                                                        | Kg                                | 477,40                                 | 76,88                                   |
| 31 Kakap/ <i>Snapper</i>                                                                       | Kg                                | 736,00                                 | 160,00                                  |
| 32 Baronang/ <i>Rabbitfish</i>                                                                 | Kg                                | 1 200,00                               | 165,00                                  |

**Tabel** 21 **Daftar Konversi Zat Gizi menurut Komoditas Makanan (Lanjutan)**  
**Table** *List of Nutrition Conversion by Food Commodities (Continued)*

| Komoditas Makanan<br>Food Commodities                                                                     | Satuan<br>Unit of<br>Quantity | Kalori (Kkal)<br>Calorie (Kcal) | Protein (Gram)<br>Protein (Gram) |
|-----------------------------------------------------------------------------------------------------------|-------------------------------|---------------------------------|----------------------------------|
| (1)                                                                                                       | (2)                           | (3)                             | (4)                              |
| 33 Patin/Catfish                                                                                          | Kg                            | 477,40                          | 76,88                            |
| 34 Bawal/Promfotfish                                                                                      | Kg                            | 960,00                          | 190,00                           |
| 35 Gurame/Carp                                                                                            | Kg                            | 712,00                          | 149,60                           |
| 36 Ikan segar/basah lainnya/Others                                                                        | Kg                            | 904,00                          | 136,00                           |
| 37 Udang, lobster/Shrimp, lobster                                                                         | Kg                            | 618,80                          | 142,80                           |
| 38 Cumi-cumi, sotong, gurita/Squid, cuttlefish, octopus                                                   | Kg                            | 750,00                          | 161,00                           |
| 39 Ketam, kepiting, rajungan/Mud crab, swimming crab                                                      | Kg                            | 679,50                          | 62,10                            |
| 40 Kerang, siput, bekicot, remis/Clams, snail, mussels                                                    | Kg                            | 1 010,00                        | 144,00                           |
| 41 Udang dan hewan air lainnya yang segar lainnya/Others                                                  | Kg                            | 552,20                          | 108,60                           |
| 42 Kembung diawetkan/peda<br>Preserved indian mackerel                                                    | Ons/0,1 Kg                    | 140,40                          | 25,20                            |
| 43 Tenggiri diawetkan/Preserved mackerel                                                                  | Ons/0,1 Kg                    | 135,10                          | 29,40                            |
| 44 Tongkol, tuna, cakalang, dencis, ikan kayu diawetkan<br>Preserved skipjack, tuna, dencis, wooden fish  | Ons/0,1 Kg                    | 138,60                          | 25,55                            |
| 45 Teri diawetkan/Preserved anchovies                                                                     | Ons/0,1 Kg                    | 230,50                          | 48,65                            |
| 46 Selar diawetkan/Preserved trevally                                                                     | Ons/0,1 Kg                    | 145,50                          | 28,50                            |
| 47 Sepat diawetkan/Preserved sneaskin gourame                                                             | Ons/0,1 Kg                    | 216,80                          | 28,50                            |
| 48 Bandeng diawetkan/Preserved milkfish                                                                   | Ons/0,1 Kg                    | 296,00                          | 17,10                            |
| 49 Gabus diawetkan/Preserved snakehead                                                                    | Ons/0,1 Kg                    | 233,60                          | 46,40                            |
| 50 Ikan dalam kaleng (sardencis, tuna dalam kaleng, dsb)<br>Canned fish (canned sardines, tuna, etc)      | Ons/0,1 Kg                    | 338,00                          | 21,10                            |
| 51 Ikan diawetkan lainnya/Others                                                                          | Ons/0,1 Kg                    | 305,00                          | 43,62                            |
| 52 Udang diawetkan (ebi, rebon)/Preserved shrimp (ebi, rebon)                                             | Ons/0,1 Kg                    | 265,50                          | 56,16                            |
| 53 Cumi-cumi, sotong, gurita diawetkan<br>Preserved squid, cuttlefish, octopus                            | Ons/0,1 Kg                    | 265,50                          | 56,16                            |
| 54 Udang dan hewan air lainnya yang diawetkan lainnya/Others                                              | Ons/0,1 Kg                    | 357,00                          | 41,10                            |
| <b>55 DAGING/MEAT</b>                                                                                     |                               |                                 |                                  |
| 56 Daging sapi/Beef                                                                                       | Kg                            | 2 070,00                        | 188,00                           |
| 57 Daging kambing, domba/biri-biri/Goat/lamb meat                                                         | Kg                            | 1 540,00                        | 166,00                           |
| 58 Daging babi/Pork                                                                                       | Kg                            | 4 165,00                        | 130,00                           |
| 59 Daging ayam ras/Boiler chicken                                                                         | Kg                            | 3 020,00                        | 182,00                           |
| 60 Daging ayam kampung/Local chicken                                                                      | Kg                            | 3 020,00                        | 182,00                           |
| 61 Daging segar lainnya/Others                                                                            | Kg                            | 2 050,00                        | 171,00                           |
| 62 Daging diawetkan (sosis, abon, nugget, lainnya)<br>Preserved meat (sausage, shredded, nuggets, others) | Kg                            | 3 385,69                        | 145,00                           |
| 63 Tetelan, sandung lamur/Fat, brisket                                                                    | Kg                            | 1 280,00                        | 155,30                           |

**Tabel 21** Daftar Konversi Zat Gizi menurut Komoditas Makanan (Lanjutan)  
*Table List of Nutrition Conversion by Food Commodities (Continued)*

|           | Komoditas Makanan<br><i>Food Commodities</i>                                                                         | Satuan<br><i>Unit of Quantity</i> | Kalori (Kkal)<br><i>Calorie (Kcal)</i> | Protein (Gram)<br><i>Protein (Gram)</i> |
|-----------|----------------------------------------------------------------------------------------------------------------------|-----------------------------------|----------------------------------------|-----------------------------------------|
|           | (1)                                                                                                                  | (2)                               | (3)                                    | (4)                                     |
| 64        | Lainnya (hati, jeroan, iga, kaki, buntut, kepala, dsb)<br><i>Others (liver, innards, rib, feet, tail, head, etc)</i> | Kg                                | 1 189,58                               | 155,30                                  |
| <b>65</b> | <b>TELUR DAN SUSU/EGGS AND MILK</b>                                                                                  |                                   |                                        |                                         |
| 66        | Telur ayam ras/ <i>Boiler egg</i>                                                                                    | Butir/ <i>Unit</i>                | 82,24                                  | 6,62                                    |
| 67        | Telur ayam kampung/ <i>Local chicken egg</i>                                                                         | Butir/ <i>Unit</i>                | 68,90                                  | 4,52                                    |
| 68        | Telur itik/telur itik manila/ <i>Duck egg</i>                                                                        | Butir/ <i>Unit</i>                | 125,40                                 | 7,76                                    |
| 69        | Telur lainnya (telur puyuh, telur asin mentah maupun matang, telur penyu, telur angsa, dsb,)/ <i>Others</i>          | Butir/ <i>Unit</i>                | 64,20                                  | 4,83                                    |
| 70        | Susu cair pabrik/ <i>Liquid milk (factory produced)</i>                                                              | ±250 ml                           | 122,00                                 | 6,40                                    |
| 71        | Susu kental manis/ <i>Sweetened condensed milk</i>                                                                   | ±397 gr                           | 1 333,90                               | 32,55                                   |
| 72        | Susu bubuk/ <i>Milk powder</i>                                                                                       | Kg                                | 5 090,00                               | 246,00                                  |
| 73        | Susu bubuk bayi/ <i>Baby milk powder</i>                                                                             | Kg                                | 1 672,00                               | 76,00                                   |
| 74        | Susu lainnya dan hasil lain dari susu<br><i>Other milk and milk products</i>                                         | ...                               | 488,00                                 | 3,30                                    |
| <b>75</b> | <b>SAYUR-SAYURAN/VEGETABLES</b>                                                                                      |                                   |                                        |                                         |
| 76        | Bayam/ <i>Spinach</i>                                                                                                | Kg                                | 113,60                                 | 6,39                                    |
| 77        | Kangkung/ <i>Kale</i>                                                                                                | Kg                                | 168,00                                 | 20,40                                   |
| 78        | Kol/kubis/ <i>Cabbage</i>                                                                                            | Kg                                | 180,00                                 | 10,50                                   |
| 79        | Sawi putih (petsai)/ <i>Petsai cabbage</i>                                                                           | Kg                                | 66,00                                  | 6,30                                    |
| 80        | Sawi hijau/ <i>Mustard greens</i>                                                                                    | Kg                                | 191,40                                 | 20,01                                   |
| 81        | Buncis/ <i>Green beans</i>                                                                                           | Kg                                | 306,00                                 | 21,60                                   |
| 82        | Kacang panjang/ <i>Long beans</i>                                                                                    | Kg                                | 276,00                                 | 27,60                                   |
| 83        | Tomat sayur, tomat ceri/ <i>Tomato, cherry tomato</i>                                                                | Kg                                | 190,00                                 | 9,50                                    |
| 84        | Wortel/ <i>Carrots</i>                                                                                               | Kg                                | 288,00                                 | 8,00                                    |
| 85        | Mentimun/ <i>Cucumber</i>                                                                                            | Kg                                | 68,70                                  | 3,22                                    |
| 86        | Daun ketela pohon/daun singkong/ <i>Cassava leaves</i>                                                               | Kg                                | 635,10                                 | 59,16                                   |
| 87        | Terong/ <i>Eggplant</i>                                                                                              | Kg                                | 373,10                                 | 15,32                                   |
| 88        | Tauge/ <i>Bean sprouts</i>                                                                                           | Kg                                | 340,00                                 | 37,00                                   |
| 89        | Labu, labu siam, labu parang/ <i>Pumpkin, squash</i>                                                                 | Kg                                | 191,70                                 | 6,08                                    |
| 90        | Bahan sayur sop/cap cay/kimlo (paket)<br><i>Vegetable/cap cay soup ingredients (package)</i>                         | Bungkus/ <i>Pack</i>              | 67,50                                  | 3,25                                    |
| 91        | Bahan sayur asam/lodeh (paket)/ <i>Tamarind/coconut curry vegetable soup ingredients (package)</i>                   | Bungkus/ <i>Pack</i>              | 116,00                                 | 2,80                                    |
| 92        | Nangka muda/ <i>Young jackfruit</i>                                                                                  | Kg                                | 408,00                                 | 16,00                                   |
| 93        | Pepaya muda/ <i>Green papaya</i>                                                                                     | Kg                                | 197,60                                 | 15,96                                   |
| 94        | Jengkol/ <i>Jenkol</i>                                                                                               | Kg                                | 1 260,00                               | 56,70                                   |

**Tabel 21** Daftar Konversi Zat Gizi menurut Komoditas Makanan (Lanjutan)  
*Table List of Nutrition Conversion by Food Commodities (Continued)*

| Komoditas Makanan<br><i>Food Commodities</i>                                                     | Satuan<br><i>Unit of Quantity</i> | Kalori (Kkal)<br><i>Calorie (Kcal)</i> | Protein (Gram)<br><i>Protein (Gram)</i> |
|--------------------------------------------------------------------------------------------------|-----------------------------------|----------------------------------------|-----------------------------------------|
| (1)                                                                                              | (2)                               | (3)                                    | (4)                                     |
| 95 Bawang merah/ <i>Red onion</i>                                                                | Ons/0,1 Kg                        | 35,10                                  | 1,35                                    |
| 96 Bawang putih/ <i>Garlic</i>                                                                   | Ons/0,1 Kg                        | 83,60                                  | 3,96                                    |
| 97 Bawang bombay/ <i>Onion</i>                                                                   | Ons/0,1 Kg                        | 43,00                                  | 1,40                                    |
| 98 Cabai merah/ <i>Red chilies</i>                                                               | Kg                                | 264,00                                 | 8,50                                    |
| 99 Cabai hijau/ <i>Green chilies</i>                                                             | Kg                                | 189,00                                 | 5,70                                    |
| 100 Cabai rawit/ <i>Cayenne pepper</i>                                                           | Kg                                | 876,00                                 | 40,00                                   |
| 101 Sayur-sayuran lainnya/ <i>Others</i>                                                         | Kg                                | 110,15                                 | 24,96                                   |
| <b>102 KACANG-KACANGAN/BEANS AND NUTS</b>                                                        |                                   |                                        |                                         |
| 103 Kacang tanah tanpa kulit/ <i>Peanuts without shell</i>                                       | Kg                                | 4 520,00                               | 253,00                                  |
| 104 Kacang kedelai/ <i>Soybeans</i>                                                              | Kg                                | 3 810,00                               | 404,00                                  |
| 105 Kacang lainnya/ <i>Others</i>                                                                | Kg                                | 2 988,23                               | 201,31                                  |
| 106 Tahu/ <i>Tofu</i>                                                                            | Kg                                | 800,00                                 | 109,00                                  |
| 107 Tempe/ <i>Tempeh</i>                                                                         | Kg                                | 1 430,00                               | 120,00                                  |
| 108 Oncom/ <i>Fermented soybean cake</i>                                                         | Ons/0,1 Kg                        | 187,00                                 | 13,00                                   |
| 109 Hasil lain dari kacang-kacangan/ <i>Others</i>                                               | Ons/0,1 Kg                        | 228,40                                 | 16,15                                   |
| <b>110 BUAH-BUAHAN/FRUITS</b>                                                                    |                                   |                                        |                                         |
| 111 Jeruk, jeruk bali/ <i>Orange, pomelo orange</i>                                              | Kg                                | 311,30                                 | 5,29                                    |
| 112 Mangga/ <i>Mango</i>                                                                         | Kg                                | 365,30                                 | 3,64                                    |
| 113 Apel/ <i>Apple</i>                                                                           | Kg                                | 484,50                                 | 4,25                                    |
| 114 Rambutan/ <i>Rambutan</i>                                                                    | Kg                                | 276,00                                 | 3,60                                    |
| 115 Duku, langsung/ <i>Duku, langsung</i>                                                        | Kg                                | 403,20                                 | 6,40                                    |
| 116 Durian/ <i>Durian</i>                                                                        | Kg                                | 294,80                                 | 5,50                                    |
| 117 Salak/ <i>Snake fruit</i>                                                                    | Kg                                | 1 350,60                               | 4,68                                    |
| 118 Pisang ambon/ <i>Ambon banana</i>                                                            | Kg                                | 644,00                                 | 7,00                                    |
| 119 Pisang lainnya/ <i>Other banana</i>                                                          | Kg                                | 1 131,10                               | 10,06                                   |
| 120 Pepaya/ <i>Papaya</i>                                                                        | Kg                                | 345,00                                 | 3,75                                    |
| 121 Semangka/ <i>Watermelon</i>                                                                  | Kg                                | 128,80                                 | 2,30                                    |
| 122 Tomat buah/ <i>Tomato</i>                                                                    | Kg                                | 240,00                                 | 13,00                                   |
| 123 Alpukat/ <i>Avocado</i>                                                                      | Kg                                | 850,00                                 | 9,00                                    |
| 124 Jambu biji/ <i>Guava</i>                                                                     | Kg                                | 490,00                                 | 9,00                                    |
| 125 Buah-buahan lainnya/ <i>Other</i>                                                            | Kg                                | 383,98                                 | 10,00                                   |
| <b>126 MINYAK DAN KELAPA/OILS AND COCONUT</b>                                                    |                                   |                                        |                                         |
| 127 Minyak kelapa/ <i>Coconut oil</i>                                                            | Liter/Litre                       | 6 960,00                               | 8,00                                    |
| 128 Minyak goreng (kelapa sawit, bunga matahari)<br><i>Cooking oil (palm oil, sunflower oil)</i> | Liter/Litre                       | 7 216,00                               | 0,00                                    |
| 129 Kelapa (tidak termasuk santan instan)<br><i>Coconut (not including instant coconut milk)</i> | Butir/Unit                        | 1 335,50                               | 12,65                                   |

**Tabel 21** Daftar Konversi Zat Gizi menurut Komoditas Makanan (Lanjutan)  
**Table** List of Nutrition Conversion by Food Commodities (Continued)

| Komoditas Makanan<br>Food Commodities                                                                     | Satuan<br>Unit of<br>Quantity | Kalori (Kkal)<br>Calorie (Kcal) | Protein (Gram)<br>Protein (Gram) |
|-----------------------------------------------------------------------------------------------------------|-------------------------------|---------------------------------|----------------------------------|
| (1)                                                                                                       | (2)                           | (3)                             | (4)                              |
| 130 Minyak dan kelapa lainnya/Others                                                                      | ...                           | 6 598,00                        | 13,50                            |
| <b>131 BAHAN MINUMAN/BEVERAGE</b>                                                                         |                               |                                 |                                  |
| 132 Gula pasir/Cane sugar                                                                                 | Ons/0,1 Kg                    | 364,00                          | 0,00                             |
| 133 Gula merah, gula air (pohon aren, kelapa, lontar)<br>Brown sugar, syrup (from palm, coconut, palmyra) | Ons/0,1 Kg                    | 377,00                          | 3,00                             |
| 134 Teh bubuk/Tea powder                                                                                  | Ons/0,1 Kg                    | 132,00                          | 19,50                            |
| 135 Teh celup (sachet)/Tea bags (sachet)                                                                  | 2 gr                          | 2,64                            | 0,39                             |
| 136 Kopi (bubuk, biji)/Coffee (powder, beans)                                                             | Ons/0,1 Kg                    | 352,00                          | 17,40                            |
| 137 Kopi instan (sachet)/Instant coffee (sachet)                                                          | 20 gr                         | 90,00                           | 1,00                             |
| 138 Bahan minuman lainnya/Other beverages                                                                 | ...                           | 666,50                          | 8,17                             |
| <b>139 Bumbu-Bumbu/SPICES</b>                                                                             |                               |                                 |                                  |
| 140 Garam/Salt                                                                                            | Gram                          | 0,00                            | 0,00                             |
| 141 Kemiri/Candlenut                                                                                      | Gram                          | 6,36                            | 0,19                             |
| 142 Ketumbar/jinten/Coriander/caraway                                                                     | Gram                          | 4,04                            | 0,14                             |
| 143 Merica/lada/Pepper                                                                                    | Gram                          | 3,59                            | 0,12                             |
| 144 Jahe/Ginger                                                                                           | Gram                          | 0,51                            | 0,02                             |
| 145 Kunyit/Turmeric                                                                                       | Gram                          | 0,69                            | 0,02                             |
| 146 Asam/Tamarind                                                                                         | Gram                          | 1,32                            | 0,01                             |
| 147 Terasi/petis/Shrimp paste                                                                             | Gram                          | 2,50                            | 0,23                             |
| 148 Kecap/Soy sauce                                                                                       | 100 ml                        | 36,79                           | 4,56                             |
| 149 Penyedap masakan/vetsin/Monosodium glutamate                                                          | Gram                          | 0,00                            | 0,00                             |
| 150 Sambal jadi/Chili sauce                                                                               | 100 ml                        | 78,43                           | 1,60                             |
| 151 Saus tomat/Ketchup                                                                                    | 100 ml                        | 78,43                           | 1,60                             |
| 152 Bumbu masak jadi/kemasan, bumbu racikan<br>Packed spices, mixed spices                                | Gram                          | 0,00                            | 0,00                             |
| 153 Bumbu dapur lainnya (kencur, pala, kapulaga, dsb.)<br>Other spices (kencur, nutmeg, cardamom, etc)    | Gram                          | 0,49                            | 0,02                             |
| <b>154 BAHAN MAKANAN LAINNYA/OTHER FOOD</b>                                                               |                               |                                 |                                  |
| 155 Mie instan/Instant noodles                                                                            | ±80 ml                        | 356,00                          | 8,00                             |
| 156 Kerupuk/Crackers                                                                                      | Ons/0,1 Kg                    | 453,00                          | 3,88                             |
| 157 Bubur bayi kemasan/Packaged baby porridge                                                             | ±150 ml                       | 277,10                          | 9,96                             |
| 158 Lainnya/Others                                                                                        | ...                           | 396,08                          | 8,50                             |
| <b>159 MAKANAN MINUMAN JADI<br/>PREPARED FOOD AND BEVERAGE</b>                                            |                               |                                 |                                  |
| 160 Roti tawar/Bread                                                                                      | Potong/Pieces                 | 248,50                          | 7,95                             |
| 161 Roti manis, roti lainnya/Sweet bread, other bread                                                     | Potong/Pieces                 | 161,50                          | 2,45                             |

**Tabel 21** Daftar Konversi Zat Gizi menurut Komoditas Makanan (Lanjutan)  
*Table List of Nutrition Conversion by Food Commodities (Continued)*

| Komoditas Makanan<br><i>Food Commodities</i>                                                                                    | Satuan<br><i>Unit of Quantity</i>             | Kalori (Kkal)<br><i>Calorie (Kcal)</i> | Protein (Gram)<br><i>Protein (Gram)</i> |
|---------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------|----------------------------------------|-----------------------------------------|
| (1)                                                                                                                             | (2)                                           | (3)                                    | (4)                                     |
| 162 Kue kering, biskuit, semprong/ <i>Cookies, biscuit, wafer</i>                                                               | Ons/0,1 Kg                                    | 426,30                                 | 6,19                                    |
| 163 Kue basah (kue lapis, bika ambon, lemper, dsb)<br><i>Cake (layered cake, honeycomb cake, lemper, etc)</i>                   | Buah/Unit                                     | 137,50                                 | 1,96                                    |
| 164 Makanan gorengan (tahu, tempe, bakwan, pisang)<br><i>Fried food (tofu, tempeh, bakwan, banana)</i>                          | Potong/ <i>Pieces</i>                         | 94,30                                  | 3,62                                    |
| 165 Makanan gorengan lainnya/ <i>Other fried food</i>                                                                           | Potong/ <i>Pieces</i>                         | 181,00                                 | 4,94                                    |
| 166 Bubur kacang hijau/ <i>Mung bean porridge</i>                                                                               | Potong/ <i>Pieces</i>                         | 109,00                                 | 8,70                                    |
| 167 Gado-gado, ketoprak, pecel<br><i>Salad with peanut sauce (gado-gado, ketoprak, pecel)</i>                                   | Porsi/ <i>Portion</i>                         | 290,00                                 | 14,00                                   |
| 168 Nasi campur/rames/ <i>Rice with various kind of dishes</i>                                                                  | Porsi/ <i>Portion</i>                         | 583,60                                 | 19,42                                   |
| 169 Nasi goreng/ <i>Fried rice</i>                                                                                              | Porsi/ <i>Portion</i>                         | 552,00                                 | 6,40                                    |
| 170 Nasi putih/ <i>Rice</i>                                                                                                     | Porsi/ <i>Portion</i>                         | 391,60                                 | 4,62                                    |
| 171 Lontong/ketupat sayur/ <i>Rice cake with vegetable</i>                                                                      | Porsi/ <i>Portion</i>                         | 263,80                                 | 5,93                                    |
| 172 Soto, gule, sop, rawon, cincang/ <i>Soto, curry, soup, rawon, minced meat</i>                                               | Porsi/ <i>Portion</i>                         | 143,70                                 | 8,92                                    |
| 173 Sayur matang (ditumis, disantan, dsb )/ <i>Cooked vegetables (stir fried, coconut milk soup, etc )</i>                      | Porsi/ <i>Portion</i>                         | 232,50                                 | 9,62                                    |
| 174 Sate, tongseng/ <i>Satay, skewers, stew</i>                                                                                 | Porsi (5 tusuk)/<br><i>Portion (5 skeers)</i> | 89,50                                  | 11,25                                   |
| 175 Mie bakso, mie rebus, mie goreng<br><i>Noodle with meatballs, noodle soup, fried noodle</i>                                 | Porsi/ <i>Portion</i>                         | 529,00                                 | 6,82                                    |
| 176 Mie instan/ <i>Instant noodle</i>                                                                                           | Porsi/ <i>Portion</i>                         | 356,00                                 | 8,00                                    |
| 177 Makanan ringan anak-anak, krupuk/kripik<br><i>Children's snacks, crackers/chips</i>                                         | Ons/0,1 Kg                                    | 509,10                                 | 6,28                                    |
| 178 Ikan matang/ <i>Cooked fish</i>                                                                                             | Potong/ <i>Pieces</i>                         | 624,00                                 | 70,35                                   |
| 179 Ayam/bebek/daging matang (ayam goreng, rendang, dsb)<br><i>Cooked chicken/duck/meat (fried chicken, rendang, etc)</i>       | Potong/ <i>Pieces</i>                         | 490,00                                 | 66,20                                   |
| Daging olahan matang (sisis, nugget, daging asap, dsb,)<br>180 <i>Cooked processed meat (sausage, nugget, smoked meat, etc)</i> | Potong/ <i>Pieces</i>                         | 340,00                                 | 11,05                                   |
| 181 Bubur ayam/ <i>Chicken porridge</i>                                                                                         | Porsi/ <i>Portion</i>                         | 203,75                                 | 7,43                                    |
| 182 Siomay, batagor/ <i>Dumplings, fried fish dumplings</i>                                                                     | Porsi (5 tusuk)/<br><i>portion (5 skeers)</i> | 203,75                                 | 7,43                                    |
| 183 Makanan jadi lainnya/ <i>Other prepared food</i>                                                                            | ...                                           | 246,30                                 | 8,90                                    |
| 184 Air kemasan/ <i>Mineral water (bottle)</i>                                                                                  | Liter/Litre                                   | 0,00                                   | 0,00                                    |
| 185 Air kemasan galon/ <i>Mineral water (gallon)</i>                                                                            | Galon                                         | 0,00                                   | 0,00                                    |
| 186 Air teh kemasan, minuman bersoda/mengandung CO2<br><i>Bottled tea, soft drink/contained CO2 drinks</i>                      | ±250 ml                                       | 68,13                                  | 0,00                                    |
| 187 Sari buah kemasan, minuman kesehatan, minuman berenergi/ <i>Packed juice, health drinks, energy drinks</i>                  | ±200 ml                                       | 72,53                                  | 0,00                                    |

**Tabel 21** **Daftar Konversi Zat Gizi menurut Komoditas Makanan (Lanjutan)**  
*Table List of Nutrition Conversion by Food Commodities (Continued)*

| Komoditas Makanan<br><i>Food Commodities</i>        |                                                                                                                              | Satuan<br><i>Unit of Quantity</i>   | Kalori (Kkal)<br><i>Calorie (Kcal)</i> | Protein (Gram)<br><i>Protein (Gram)</i> |
|-----------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------|-------------------------------------|----------------------------------------|-----------------------------------------|
| (1)                                                 |                                                                                                                              | (2)                                 | (3)                                    | (4)                                     |
| 188                                                 | Minuman jadi (kopi, kopi susu, teh, susu coklat, dsb,)/<br><i>Prepared drinks (coffee, latte, tea, milk chocolate, etc )</i> | Gelas/Glass                         | 61,00                                  | 3,20                                    |
| 189                                                 | Es krim/Ice cream                                                                                                            | Mangkok kecil/<br><i>Small bowl</i> | 207,00                                 | 4,00                                    |
| 190                                                 | Es lainnya/Other ice products                                                                                                | Porsi/Portion                       | 56,00                                  | 0,00                                    |
| 191                                                 | Minuman keras/Alcoholic beverage                                                                                             | Liter/Litre                         | 384,00                                 | 4,81                                    |
| <b>192 ROKOK DAN TEMBAKAU/CIGARETTE AND TOBACCO</b> |                                                                                                                              |                                     |                                        |                                         |
| 193                                                 | Rokok kretek filter/Filtered clove cigarette                                                                                 | Batang/Unit                         | 0,000                                  | 0,000                                   |
| 194                                                 | Rokok kretek tanpa filter/Non-filtered clove cigarette                                                                       | Batang/Unit                         | 0,000                                  | 0,000                                   |
| 195                                                 | Rokok putih/Cigarette                                                                                                        | Batang/Unit                         | 0,000                                  | 0,000                                   |
| 196                                                 | Tembakau/Tobacco                                                                                                             | Ons/0,1 Kg                          | 0,000                                  | 0,000                                   |
| 197                                                 | Rokok dan tembakau lainnya<br><i>Other cigarettes and tobacco</i>                                                            | ...                                 | 0,000                                  | 0,000                                   |

Sumber/Source: BPS, Susenas Maret 2022/BPS-Statistics Indonesia, The March 2022 Susenas

Tabel  
Table

22.A

**Sampling Error Rata-Rata Pengeluaran per Kapita Sebulan di Daerah Perkotaan menurut Kelompok Komoditas, Maret 2022***Sampling Error Average Monthly per Capita Expenditure in Urban Area by Commodity Groups, March 2022*

| Kelompok Komoditas<br>Commodity Groups            |                                                                                 | Estimasi<br>Estimate | Standard<br>Error | Relative<br>Standard<br>Error<br>(%) | Selang Kepercayaan 95%<br>Confidence Interval 95% |                           |
|---------------------------------------------------|---------------------------------------------------------------------------------|----------------------|-------------------|--------------------------------------|---------------------------------------------------|---------------------------|
|                                                   |                                                                                 |                      |                   |                                      | Batas Bawah<br>Lower Limit                        | Batas Atas<br>Upper Limit |
| (1)                                               |                                                                                 | (2)                  | (3)               | (4)                                  | (5)                                               | (6)                       |
| 1                                                 | Padi-padian/ <i>Cereals</i>                                                     | 67 200               | 117,24            | 0,17                                 | 66 970,70                                         | 67 430,28                 |
| 2                                                 | Umbi-umbian/ <i>Tubers</i>                                                      | 7 495                | 40,63             | 0,54                                 | 7 414,89                                          | 7 574,15                  |
| 3                                                 | Ikan/Udang/Cumi/Kerang<br><i>Fish/Shrimp/Squid/Shells</i>                       | 59 898               | 247,74            | 0,41                                 | 59 412,06                                         | 60 383,20                 |
| 4                                                 | Daging/ <i>Meat</i>                                                             | 41 242               | 225,75            | 0,55                                 | 40 799,99                                         | 41 684,90                 |
| 5                                                 | Telur dan Susu/ <i>Eggs and Milk</i>                                            | 42 297               | 268,64            | 0,64                                 | 41 770,21                                         | 42 823,28                 |
| 6                                                 | Sayur-sayuran/ <i>Vegetables</i>                                                | 55 679               | 167,37            | 0,30                                 | 55 350,50                                         | 56 006,58                 |
| 7                                                 | Kacang-kacangan/ <i>Legumes</i>                                                 | 14 743               | 51,85             | 0,35                                 | 14 641,21                                         | 14 844,47                 |
| 8                                                 | Buah-buahan/ <i>Fruits</i>                                                      | 35 233               | 161,52            | 0,46                                 | 34 916,44                                         | 35 549,60                 |
| 9                                                 | Minyak dan Kelapa/ <i>Oil and Coconut</i>                                       | 21 638               | 61,63             | 0,28                                 | 21 516,81                                         | 21 758,39                 |
| 10                                                | Bahan Minuman/ <i>Beverages Stuffs</i>                                          | 19 551               | 63,40             | 0,32                                 | 19 427,03                                         | 19 675,57                 |
| 11                                                | Bumbu-bumbuan/ <i>Spices</i>                                                    | 15 723               | 54,32             | 0,35                                 | 15 616,11                                         | 15 829,06                 |
| 12                                                | Bahan Makanan Lainnya<br><i>Other Food Items</i>                                | 14 594               | 63,02             | 0,43                                 | 14 470,84                                         | 14 717,86                 |
| 13                                                | Makanan dan Minuman Jadi<br><i>Prepared Food and Beverage</i>                   | 246 924              | 915,30            | 0,37                                 | 245 130,47                                        | 248 718,41                |
| 14                                                | Rokok dan Tembakau<br><i>Cigarette and Tobacco</i>                              | 78 867               | 447,25            | 0,57                                 | 77 990,67                                         | 79 743,87                 |
| <b>Makanan/<i>Food</i></b>                        |                                                                                 | <b>721 084</b>       | <b>1 807,84</b>   | <b>0,25</b>                          | <b>717 540,44</b>                                 | <b>724 627,10</b>         |
| 15                                                | Perumahan dan Fasilitas Rumah<br><i>Housing and Household Facilities</i>        | 450 378              | 2 734,40          | 0,61                                 | 445 018,98                                        | 455 737,74                |
| 16                                                | Aneka Barang dan Jasa<br><i>Goods and Services</i>                              | 201 790              | 1 623,23          | 0,80                                 | 198 608,68                                        | 204 971,66                |
| 17                                                | Pakaian, Alas Kaki, dan Tutup Kepala<br><i>Clothing, Footwear, and Headgear</i> | 35 747               | 207,11            | 0,58                                 | 35 340,83                                         | 36 152,67                 |
| 18                                                | Barang Tahan Lama/ <i>Durable Goods</i>                                         | 55 505               | 1 467,99          | 2,64                                 | 52 628,06                                         | 58 382,52                 |
| 19                                                | Pajak, Pungutan, dan Asuransi<br><i>Taxes, Fees, and Insurances</i>             | 66 422               | 520,38            | 0,78                                 | 65 402,09                                         | 67 441,96                 |
| 20                                                | Keperluan Pesta dan Upacara/Kenduri<br><i>Parties and Ceremonies</i>            | 18 316               | 626,96            | 3,42                                 | 17 087,29                                         | 19 544,96                 |
| <b>Bukan Makanan/<i>Non Food</i></b>              |                                                                                 | <b>828 159</b>       | <b>4 851,38</b>   | <b>0,59</b>                          | <b>818 650,12</b>                                 | <b>837 667,33</b>         |
| <b>Total Pengeluaran/<i>Total Expenditure</i></b> |                                                                                 | <b>1 549 242</b>     | <b>6 090,94</b>   | <b>0,39</b>                          | <b>1 537 304,39</b>                               | <b>1 561 180,61</b>       |

Sumber/Source: BPS, Susenas Maret 2022/BPS-Statistics Indonesia, The March 2022 Susenas



Tabel  
Table

22.B

**Sampling Error Rata-Rata Pengeluaran per Kapita Sebulan di Daerah Perdesaan menurut Kelompok Komoditas, Maret 2022***Sampling Error Average Monthly per Capita Expenditure in Rural Area by Commodity Groups, March 2022*

|    | Kelompok Komoditas<br>Commodity Groups                                          | Estimasi<br>Estimate | Standard<br>Error | Relative<br>Standard<br>Error<br>(%) | Selang Kepercayaan 95%<br>Confidence Interval 95% |                           |
|----|---------------------------------------------------------------------------------|----------------------|-------------------|--------------------------------------|---------------------------------------------------|---------------------------|
|    |                                                                                 |                      |                   |                                      | Batas Bawah<br>Lower Limit                        | Batas Atas<br>Upper Limit |
|    | (1)                                                                             | (2)                  | (3)               | (4)                                  | (5)                                               | (6)                       |
| 1  | Padi-padian/ <i>Cereals</i>                                                     | 77 167               | 106,13            | 0,14                                 | 76 958,74                                         | 77 374,77                 |
| 2  | Umbi-umbian/ <i>Tubers</i>                                                      | 10 178               | 79,81             | 0,78                                 | 10 021,79                                         | 10 334,65                 |
| 3  | Ikan/Udang/Cumi/Kerang<br><i>Fish/Shrimp/Squid/Shell</i>                        | 51 512               | 142,67            | 0,28                                 | 51 231,90                                         | 51 791,17                 |
| 4  | Daging/ <i>Meat</i>                                                             | 27 243               | 126,30            | 0,46                                 | 26 995,26                                         | 27 490,34                 |
| 5  | Telur dan Susu/ <i>Eggs and Milk</i>                                            | 26 305               | 118,60            | 0,45                                 | 26 072,81                                         | 26 537,72                 |
| 6  | Sayur-sayuran/ <i>Vegetables</i>                                                | 52 598               | 107,92            | 0,21                                 | 52 386,59                                         | 52 809,62                 |
| 7  | Kacang-kacangan/ <i>Legumes</i>                                                 | 12 199               | 36,68             | 0,30                                 | 12 127,19                                         | 12 270,97                 |
| 8  | Buah-buahan/ <i>Fruits</i>                                                      | 24 646               | 87,98             | 0,36                                 | 24 473,36                                         | 24 818,22                 |
| 9  | Minyak dan Kelapa/ <i>Oil and Coconut</i>                                       | 21 824               | 46,39             | 0,21                                 | 21 732,60                                         | 21 914,43                 |
| 10 | Bahan Minuman/ <i>Beverages Stuffs</i>                                          | 20 389               | 47,39             | 0,23                                 | 20 296,59                                         | 20 482,33                 |
| 11 | Bumbu-bumbuan/ <i>Spices</i>                                                    | 13 898               | 35,71             | 0,26                                 | 13 828,40                                         | 13 968,38                 |
| 12 | Bahan Makanan Lainnya<br><i>Other Food Items</i>                                | 11 825               | 39,21             | 0,33                                 | 11 748,35                                         | 11 902,07                 |
| 13 | Makanan dan Minuman Jadi<br><i>Prepared Food and Beverage</i>                   | 154 644              | 463,62            | 0,30                                 | 153 735,25                                        | 155 552,63                |
| 14 | Rokok dan Tembakau<br><i>Cigarette and Tobacco</i>                              | 86 659               | 340,76            | 0,39                                 | 85 991,22                                         | 87 326,99                 |
|    | <b>Makanan/<i>Food</i></b>                                                      | <b>591 087</b>       | <b>1 051,70</b>   | <b>0,18</b>                          | <b>589 025,85</b>                                 | <b>593 148,48</b>         |
| 15 | Perumahan dan Fasilitas Rumah<br><i>Housing and Household Facilities</i>        | 226 439              | 600,37            | 0,27                                 | 225 262,10                                        | 227 615,51                |
| 16 | Aneka Barang dan Jasa<br><i>Goods and Services</i>                              | 97 026               | 509,07            | 0,52                                 | 96 028,24                                         | 98 023,78                 |
| 17 | Pakaian, Alas Kaki, dan Tutup Kepala<br><i>Clothing, Footwear, and Headgear</i> | 27 264               | 95,87             | 0,35                                 | 27 076,52                                         | 27 452,34                 |
| 18 | Barang Tahan Lama/ <i>Durable Goods</i>                                         | 39 660               | 915,02            | 2,31                                 | 37 866,37                                         | 41 453,20                 |
| 19 | Pajak, Pungutan, dan Asuransi<br><i>Taxes, Fees, and Insurances</i>             | 33 744               | 129,32            | 0,38                                 | 33 490,08                                         | 33 996,99                 |
| 20 | Keperluan Pesta dan Upacara/Kenduri<br><i>Parties and Ceremonies</i>            | 13 677               | 304,26            | 2,22                                 | 13 080,22                                         | 14 272,92                 |
|    | <b>Bukan Makanan/<i>Non Food</i></b>                                            | <b>437 809</b>       | <b>1 622,27</b>   | <b>0,37</b>                          | <b>434 629,51</b>                                 | <b>440 988,75</b>         |
|    | <b>Total Pengeluaran/<i>Total Expenditure</i></b>                               | <b>1 028 896</b>     | <b>2 332,40</b>   | <b>0,23</b>                          | <b>1 024 324,86</b>                               | <b>1 033 467,73</b>       |

Sumber/Source: BPS, Susenas Maret 2022/BPS-Statistics Indonesia, The March 2022 Susenas

Tabel  
Table

22.C

**Sampling Error Rata-Rata Pengeluaran per Kapita Sebulan di Daerah Perkotaan dan Perdesaan menurut Kelompok Komoditas, Maret 2022***Sampling Error Average Monthly per Capita Expenditure in Urban and Rural Area by Commodity Groups, March 2022*

|    | Kelompok Komoditas<br>Commodity Groups                                          | Estimasi<br>Estimate | Standard<br>Error | Relative<br>Standard<br>Error<br>(%) | Selang Kepercayaan 95%<br>Confidence Interval 95% |                           |
|----|---------------------------------------------------------------------------------|----------------------|-------------------|--------------------------------------|---------------------------------------------------|---------------------------|
|    |                                                                                 |                      |                   |                                      | Batas Bawah<br>Lower Limit                        | Batas Atas<br>Upper Limit |
|    | (1)                                                                             | (2)                  | (3)               | (4)                                  | (5)                                               | (6)                       |
| 1  | Padi-padian/ <i>Cereals</i>                                                     | 71 442               | 81,95             | 0,11                                 | 71 281,52                                         | 71 602,78                 |
| 2  | Umbi-umbian/ <i>Tubers</i>                                                      | 8 637                | 41,24             | 0,48                                 | 8 555,87                                          | 8 717,54                  |
| 3  | Ikan/Udang/Cumi/Kerang<br><i>Fish/Shrimp/Squid/Shells</i>                       | 56 328               | 154,56            | 0,27                                 | 56 025,56                                         | 56 631,41                 |
| 4  | Daging/ <i>Meat</i>                                                             | 35 284               | 140,56            | 0,40                                 | 35 008,67                                         | 35 559,65                 |
| 5  | Telur dan Susu/ <i>Eggs and Milk</i>                                            | 35 491               | 162,73            | 0,46                                 | 35 171,79                                         | 35 809,69                 |
| 6  | Sayur-sayuran/ <i>Vegetables</i>                                                | 54 367               | 106,44            | 0,20                                 | 54 158,88                                         | 54 576,12                 |
| 7  | Kacang-kacangan/ <i>Legumes</i>                                                 | 13 660               | 33,57             | 0,25                                 | 13 594,41                                         | 13 726,01                 |
| 8  | Buah-buahan/ <i>Fruits</i>                                                      | 30 727               | 99,59             | 0,32                                 | 30 531,87                                         | 30 922,27                 |
| 9  | Minyak dan Kelapa/ <i>Oil and Coconut</i>                                       | 21 717               | 40,55             | 0,19                                 | 21 637,26                                         | 21 796,20                 |
| 10 | Bahan Minuman/ <i>Beverages Stuffs</i>                                          | 19 908               | 41,68             | 0,21                                 | 19 826,34                                         | 19 989,71                 |
| 11 | Bumbu-bumbuan/ <i>Spices</i>                                                    | 14 946               | 34,64             | 0,23                                 | 14 878,30                                         | 15 014,11                 |
| 12 | Bahan Makanan Lainnya<br><i>Other Food Items</i>                                | 13 416               | 39,89             | 0,30                                 | 13 337,61                                         | 13 493,99                 |
| 13 | Makanan dan Minuman Jadi<br><i>Prepared Food and Beverage</i>                   | 207 650              | 562,84            | 0,27                                 | 206 546,51                                        | 208 752,82                |
| 14 | Rokok dan Tembakau<br><i>Cigarette and Tobacco</i>                              | 82 183               | 295,08            | 0,36                                 | 81 605,14                                         | 82 761,85                 |
|    | <b>Makanan/<i>Food</i></b>                                                      | <b>665 757</b>       | <b>1 129,13</b>   | <b>0,17</b>                          | <b>663 543,88</b>                                 | <b>667 970,00</b>         |
| 15 | Perumahan dan Fasilitas Rumah<br><i>Housing and Household Facilities</i>        | 355 069              | 1 586,97          | 0,45                                 | 351 958,79                                        | 358 179,63                |
| 16 | Aneka Barang dan Jasa<br><i>Goods and Services</i>                              | 157 202              | 958,48            | 0,61                                 | 155 323,73                                        | 159 080,91                |
| 17 | Pakaian, Alas Kaki, dan Tutup Kepala<br><i>Clothing, Footwear, and Headgear</i> | 32 137               | 125,61            | 0,39                                 | 31 890,46                                         | 32 382,85                 |
| 18 | Barang Tahan Lama/ <i>Durable Goods</i>                                         | 48 761               | 928,66            | 1,90                                 | 46 941,27                                         | 50 581,55                 |
| 19 | Pajak, Pungutan, dan Asuransi<br><i>Taxes, Fees, and Insurances</i>             | 52 514               | 304,21            | 0,58                                 | 51 917,75                                         | 53 110,23                 |
| 20 | Keperluan Pesta dan Upacara/Kenduri<br><i>Parties and Ceremonies</i>            | 16 342               | 382,68            | 2,34                                 | 15 591,48                                         | 17 091,57                 |
|    | <b>Bukan Makanan/<i>Non Food</i></b>                                            | <b>662 025</b>       | <b>2 867,00</b>   | <b>0,43</b>                          | <b>656 405,87</b>                                 | <b>667 644,35</b>         |
|    | <b>Total Pengeluaran/<i>Total Expenditure</i></b>                               | <b>1 327 782</b>     | <b>3 630,58</b>   | <b>0,27</b>                          | <b>1 320 666,22</b>                               | <b>1 334 897,89</b>       |

Sumber/Source: BPS, Susenas Maret 2022/BPS-Statistics Indonesia, The March 2022 Susenas

**Tabel 23.A** *Sampling Error Rata-Rata Pengeluaran per Kapita Sebulan Komoditas Makanan menurut Provinsi, Maret 2022*  
*Sampling Error Average Monthly per Capita Expenditure Food Commodity by Province, March 2022*

|                  | Kelompok Komoditas<br>Commodity Groups | Estimasi<br>Estimate | Standard<br>Error | Relative<br>Standard<br>Error<br>(%) | Selang Kepercayaan 95%<br>Confidence Interval 95% |                           |
|------------------|----------------------------------------|----------------------|-------------------|--------------------------------------|---------------------------------------------------|---------------------------|
|                  |                                        |                      |                   |                                      | Batas Bawah<br>Lower Limit                        | Batas Atas<br>Upper Limit |
|                  | (1)                                    | (2)                  | (3)               | (4)                                  | (5)                                               | (6)                       |
| 1                | Aceh                                   | 668 481              | 4 086             | 0,61                                 | 660 473,18                                        | 676 488,77                |
| 2                | Sumatera Utara                         | 663 927              | 3 569             | 0,54                                 | 656 931,94                                        | 670 921,57                |
| 3                | Sumatera Barat                         | 716 262              | 4 684             | 0,65                                 | 707 081,91                                        | 725 442,03                |
| 4                | Riau                                   | 730 826              | 5 562             | 0,76                                 | 719 923,64                                        | 741 727,51                |
| 5                | Jambi                                  | 663 021              | 4 975             | 0,75                                 | 653 269,66                                        | 672 771,50                |
| 6                | Sumatera Selatan                       | 620 732              | 4 428             | 0,71                                 | 612 053,83                                        | 629 410,74                |
| 7                | Bengkulu                               | 626 209              | 5 311             | 0,85                                 | 615 798,86                                        | 636 619,02                |
| 8                | Lampung                                | 575 673              | 4 069             | 0,71                                 | 567 698,38                                        | 583 646,97                |
| 9                | Kep. Bangka Belitung                   | 881 622              | 7 041             | 0,80                                 | 867 821,79                                        | 895 423,11                |
| 10               | Kepulauan Riau                         | 846 222              | 13 619            | 1,61                                 | 819 528,27                                        | 872 915,22                |
| 11               | DKI Jakarta                            | 953 321              | 8 938             | 0,94                                 | 935 801,96                                        | 970 839,82                |
| 12               | Jawa Barat                             | 708 390              | 3 939             | 0,56                                 | 700 669,50                                        | 716 109,88                |
| 13               | Jawa Tengah                            | 572 808              | 2 593             | 0,45                                 | 567 726,25                                        | 577 889,98                |
| 14               | D I Yogyakarta                         | 628 845              | 8 115             | 1,29                                 | 612 939,43                                        | 644 749,69                |
| 15               | Jawa Timur                             | 600 848              | 2 508             | 0,42                                 | 595 932,01                                        | 605 763,26                |
| 16               | Banten                                 | 830 111              | 7 035             | 0,85                                 | 816 322,33                                        | 843 899,25                |
| 17               | Bali                                   | 609 855              | 5 375             | 0,88                                 | 599 320,38                                        | 620 390,29                |
| 18               | NTB                                    | 666 966              | 5 700             | 0,85                                 | 655 794,53                                        | 678 137,57                |
| 19               | NTT                                    | 480 749              | 3 218             | 0,67                                 | 474 442,86                                        | 487 055,47                |
| 20               | Kalimantan Barat                       | 666 066              | 4 851             | 0,73                                 | 656 558,72                                        | 675 573,07                |
| 21               | Kalimantan Tengah                      | 762 634              | 6 539             | 0,86                                 | 749 817,08                                        | 775 450,79                |
| 22               | Kalimantan Selatan                     | 727 961              | 5 310             | 0,73                                 | 717 554,36                                        | 738 367,40                |
| 23               | Kalimantan Timur                       | 813 448              | 7 799             | 0,96                                 | 798 162,76                                        | 828 732,60                |
| 24               | Kalimantan Utara                       | 758 431              | 9 174             | 1,21                                 | 740 450,84                                        | 776 411,36                |
| 25               | Sulawesi Utara                         | 674 114              | 5 763             | 0,85                                 | 662 818,37                                        | 685 409,80                |
| 26               | Sulawesi Tengah                        | 561 739              | 4 852             | 0,86                                 | 552 229,39                                        | 571 248,55                |
| 27               | Sulawesi Selatan                       | 566 224              | 4 547             | 0,80                                 | 557 311,16                                        | 575 136,34                |
| 28               | Sulawesi Tenggara                      | 535 048              | 4 904             | 0,92                                 | 525 436,48                                        | 544 660,43                |
| 29               | Gorontalo                              | 534 461              | 6 615             | 1,24                                 | 521 496,80                                        | 547 426,16                |
| 30               | Sulawesi Barat                         | 491 876              | 6 302             | 1,28                                 | 479 525,07                                        | 504 227,43                |
| 31               | Maluku                                 | 589 485              | 5 808             | 0,99                                 | 578 102,56                                        | 600 867,76                |
| 32               | Maluku Utara                           | 585 162              | 5 805             | 0,99                                 | 573 784,57                                        | 596 540,30                |
| 33               | Papua Barat                            | 723 855              | 9 160             | 1,27                                 | 705 901,46                                        | 741 807,96                |
| 34               | Papua                                  | 858 106              | 7 787             | 0,91                                 | 842 843,37                                        | 873 369,58                |
| <b>Indonesia</b> |                                        | <b>665 757</b>       | <b>1 129</b>      | <b>0,17</b>                          | <b>663 543,88</b>                                 | <b>667 970,00</b>         |

Sumber/Source: BPS, Susenas Maret 2022/BPS-Statistics Indonesia, The March 2022 Susenas

Tabel  
Table

23.B

**Sampling Error Rata-Rata Pengeluaran per Kapita Sebulan Komoditas Bukan Makanan menurut Provinsi, Maret 2022***Sampling Error Average Monthly per Capita Expenditure Non Food Commodity by Province, March 2022*

| Kelompok Komoditas<br>Commodity Groups |                      | Estimasi<br>Estimate | Standard<br>Error | Relative<br>Standard<br>Error<br>(%) | Selang Kepercayaan 95%<br>Confidence Interval 95% |                           |
|----------------------------------------|----------------------|----------------------|-------------------|--------------------------------------|---------------------------------------------------|---------------------------|
|                                        |                      |                      |                   |                                      | Batas Bawah<br>Lower Limit                        | Batas Atas<br>Upper Limit |
| (1)                                    |                      | (2)                  | (3)               | (4)                                  | (5)                                               | (6)                       |
| 1                                      | Aceh                 | 511 652              | 6 197             | 1,21                                 | 499 505,20                                        | 523 798,70                |
| 2                                      | Sumatera Utara       | 552 570              | 9 390             | 1,70                                 | 534 165,72                                        | 570 974,07                |
| 3                                      | Sumatera Barat       | 626 724              | 9 762             | 1,56                                 | 607 589,96                                        | 645 857,11                |
| 4                                      | Riau                 | 694 345              | 13 052            | 1,88                                 | 668 764,29                                        | 719 926,28                |
| 5                                      | Jambi                | 598 816              | 15 086            | 2,52                                 | 569 247,93                                        | 628 384,47                |
| 6                                      | Sumatera Selatan     | 528 080              | 7 442             | 1,41                                 | 513 493,80                                        | 542 666,57                |
| 7                                      | Bengkulu             | 570 275              | 10 931            | 1,92                                 | 548 849,77                                        | 591 699,88                |
| 8                                      | Lampung              | 499 315              | 8 011             | 1,60                                 | 483 612,49                                        | 515 017,03                |
| 9                                      | Kep. Bangka Belitung | 772 658              | 10 846            | 1,40                                 | 751 400,56                                        | 793 915,59                |
| 10                                     | Kepulauan Riau       | 985 479              | 23 059            | 2,34                                 | 940 284,20                                        | 1 030 673,10              |
| 11                                     | DKI Jakarta          | 1 572 026            | 39 655            | 2,52                                 | 1 494 303,15                                      | 1 649 749,81              |
| 12                                     | Jawa Barat           | 729 004              | 9 177             | 1,26                                 | 711 017,29                                        | 746 991,57                |
| 13                                     | Jawa Tengah          | 548 986              | 5 459             | 0,99                                 | 538 286,61                                        | 559 684,89                |
| 14                                     | D I Yogyakarta       | 851 530              | 26 919            | 3,16                                 | 798 769,56                                        | 904 289,88                |
| 15                                     | Jawa Timur           | 564 290              | 6 010             | 1,07                                 | 552 510,99                                        | 576 069,57                |
| 16                                     | Banten               | 789 461              | 13 409            | 1,70                                 | 763 178,72                                        | 815 743,12                |
| 17                                     | Bali                 | 832 754              | 17 023            | 2,04                                 | 799 388,91                                        | 866 119,96                |
| 18                                     | NTB                  | 493 696              | 12 693            | 2,57                                 | 468 818,61                                        | 518 573,45                |
| 19                                     | NTT                  | 403 353              | 5 465             | 1,35                                 | 392 641,05                                        | 414 064,78                |
| 20                                     | Kalimantan Barat     | 566 552              | 8 981             | 1,59                                 | 548 949,43                                        | 584 155,22                |
| 21                                     | Kalimantan Tengah    | 679 661              | 12 003            | 1,77                                 | 656 135,34                                        | 703 187,26                |
| 22                                     | Kalimantan Selatan   | 679 758              | 11 127            | 1,64                                 | 657 949,18                                        | 701 566,94                |
| 23                                     | Kalimantan Timur     | 984 038              | 17 501            | 1,78                                 | 949 737,35                                        | 1 018 338,35              |
| 24                                     | Kalimantan Utara     | 811 755              | 17 103            | 2,11                                 | 778 233,59                                        | 845 276,18                |
| 25                                     | Sulawesi Utara       | 562 591              | 9 618             | 1,71                                 | 543 740,66                                        | 581 442,19                |
| 26                                     | Sulawesi Tengah      | 521 940              | 9 250             | 1,77                                 | 503 810,74                                        | 540 069,24                |
| 27                                     | Sulawesi Selatan     | 576 388              | 9 815             | 1,70                                 | 557 149,97                                        | 595 625,93                |
| 28                                     | Sulawesi Tenggara    | 576 547              | 13 500            | 2,34                                 | 550 087,31                                        | 603 006,39                |
| 29                                     | Gorontalo            | 608 535              | 19 210            | 3,16                                 | 570 884,04                                        | 646 186,47                |
| 30                                     | Sulawesi Barat       | 464 029              | 13 162            | 2,84                                 | 438 232,63                                        | 489 825,43                |
| 31                                     | Maluku               | 580 343              | 10 143            | 1,75                                 | 560 464,14                                        | 600 222,20                |
| 32                                     | Maluku Utara         | 543 424              | 8 785             | 1,62                                 | 526 205,69                                        | 560 642,14                |
| 33                                     | Papua Barat          | 724 651              | 14 416            | 1,99                                 | 696 395,83                                        | 752 905,53                |
| 34                                     | Papua                | 596 214              | 9 637             | 1,62                                 | 577 325,33                                        | 615 103,14                |
| Indonesia                              |                      | 662 025              | 2 867             | 0,43                                 | 656 405,87                                        | 667 644,35                |

Sumber/Source: BPS, Susenas Maret 2022/BPS-Statistics Indonesia, The March 2022 Susenas

**Tabel 23.C** *Sampling Error Rata-Rata Pengeluaran per Kapita Sebulan Komoditas Makanan dan Bukan Makanan menurut Provinsi, Maret 2022*  
*Sampling Error Average Monthly per Capita Expenditure Food and Non Food Commodity by Province, March 2022*

|                  | Kelompok Komoditas<br>Commodity Groups | Estimasi<br>Estimate | Standard<br>Error | Relative<br>Standard<br>Error<br>(%) | Selang Kepercayaan 95%<br>Confidence Interval 95% |                           |
|------------------|----------------------------------------|----------------------|-------------------|--------------------------------------|---------------------------------------------------|---------------------------|
|                  |                                        |                      |                   |                                      | Batas Bawah<br>Lower Limit                        | Batas Atas<br>Upper Limit |
|                  | (1)                                    | (2)                  | (3)               | (4)                                  | (5)                                               | (6)                       |
| 1                | Aceh                                   | 1 180 133            | 9 187             | 0,78                                 | 1 162 125,84                                      | 1 198 140,01              |
| 2                | Sumatera Utara                         | 1 216 497            | 11 557            | 0,95                                 | 1 193 845,88                                      | 1 239 147,42              |
| 3                | Sumatera Barat                         | 1 342 986            | 12 997            | 0,97                                 | 1 317 512,17                                      | 1 368 458,84              |
| 4                | Riau                                   | 1 425 171            | 16 923            | 1,19                                 | 1 392 002,01                                      | 1 458 339,70              |
| 5                | Jambi                                  | 1 261 837            | 18 205            | 1,44                                 | 1 226 155,03                                      | 1 297 518,54              |
| 6                | Sumatera Selatan                       | 1 148 812            | 10 890            | 0,95                                 | 1 127 468,36                                      | 1 170 156,58              |
| 7                | Bengkulu                               | 1 196 484            | 14 602            | 1,22                                 | 1 167 865,10                                      | 1 225 102,43              |
| 8                | Lampung                                | 1 074 987            | 10 960            | 1,02                                 | 1 053 506,60                                      | 1 096 468,26              |
| 9                | Kep. Bangka Belitung                   | 1 654 281            | 15 542            | 0,94                                 | 1 623 818,69                                      | 1 684 742,36              |
| 10               | Kepulauan Riau                         | 1 831 700            | 33 016            | 1,80                                 | 1 766 989,91                                      | 1 896 410,88              |
| 11               | DKI Jakarta                            | 2 525 347            | 44 672            | 1,77                                 | 2 437 792,31                                      | 2 612 902,43              |
| 12               | Jawa Barat                             | 1 437 394            | 12 098            | 0,84                                 | 1 413 681,44                                      | 1 461 106,80              |
| 13               | Jawa Tengah                            | 1 121 794            | 7 281             | 0,65                                 | 1 107 523,29                                      | 1 136 064,44              |
| 14               | D I Yogyakarta                         | 1 480 374            | 32 887            | 2,22                                 | 1 415 916,97                                      | 1 544 831,59              |
| 15               | Jawa Timur                             | 1 165 138            | 7 696             | 0,66                                 | 1 150 054,66                                      | 1 180 221,16              |
| 16               | Banten                                 | 1 619 572            | 18 776            | 1,16                                 | 1 582 770,68                                      | 1 656 372,74              |
| 17               | Bali                                   | 1 442 610            | 21 043            | 1,46                                 | 1 401 365,86                                      | 1 483 853,68              |
| 18               | NTB                                    | 1 160 662            | 16 397            | 1,41                                 | 1 128 524,72                                      | 1 192 799,43              |
| 19               | NTT                                    | 884 102              | 7 768             | 0,88                                 | 868 877,06                                        | 899 327,09                |
| 20               | Kalimantan Barat                       | 1 232 618            | 12 332            | 1,00                                 | 1 208 447,94                                      | 1 256 788,51              |
| 21               | Kalimantan Tengah                      | 1 442 295            | 16 465            | 1,14                                 | 1 410 025,19                                      | 1 474 565,28              |
| 22               | Kalimantan Selatan                     | 1 407 719            | 15 080            | 1,07                                 | 1 378 162,34                                      | 1 437 275,53              |
| 23               | Kalimantan Timur                       | 1 797 486            | 23 098            | 1,29                                 | 1 752 214,07                                      | 1 842 756,99              |
| 24               | Kalimantan Utara                       | 1 570 186            | 23 328            | 1,49                                 | 1 524 464,63                                      | 1 615 907,33              |
| 25               | Sulawesi Utara                         | 1 236 706            | 13 937            | 1,13                                 | 1 209 389,58                                      | 1 264 021,44              |
| 26               | Sulawesi Tengah                        | 1 083 679            | 12 399            | 1,14                                 | 1 059 377,38                                      | 1 107 980,54              |
| 27               | Sulawesi Selatan                       | 1 142 612            | 13 067            | 1,14                                 | 1 116 999,97                                      | 1 168 223,43              |
| 28               | Sulawesi Tenggara                      | 1 111 595            | 17 109            | 1,54                                 | 1 078 061,49                                      | 1 145 129,11              |
| 29               | Gorontalo                              | 1 142 997            | 24 205            | 2,12                                 | 1 095 555,98                                      | 1 190 437,48              |
| 30               | Sulawesi Barat                         | 955 905              | 17 551            | 1,84                                 | 921 506,30                                        | 990 304,27                |
| 31               | Maluku                                 | 1 169 828            | 14 392            | 1,23                                 | 1 141 620,87                                      | 1 198 035,78              |
| 32               | Maluku Utara                           | 1 128 586            | 12 917            | 1,14                                 | 1 103 269,29                                      | 1 153 903,41              |
| 33               | Papua Barat                            | 1 448 505            | 21 033            | 1,45                                 | 1 407 280,44                                      | 1 489 730,34              |
| 34               | Papua                                  | 1 454 321            | 15 078            | 1,04                                 | 1 424 768,55                                      | 1 483 872,87              |
| <b>Indonesia</b> |                                        | <b>1 327 782</b>     | <b>3 631</b>      | <b>0,27</b>                          | <b>1 320 666,22</b>                               | <b>1 334 897,89</b>       |

Sumber/Source: BPS, Susenas Maret 2022/BPS-Statistics Indonesia, The March 2022 Susenas

Tabel  
Table

24

**Sampling Error Rata-Rata Konsumsi Kalori per Kapita Sehari menurut Provinsi, Maret 2022**  
**Sampling Error Average Daily per Capita Calorie Consumptions by Province, March 2022**

| Kelompok Komoditas<br>Commodity Groups |                      | Estimasi<br>Estimate | Standard<br>Error | Relative<br>Standard<br>Error<br>(%) | Selang Kepercayaan 95%<br>Confidence Interval 95% |                           |
|----------------------------------------|----------------------|----------------------|-------------------|--------------------------------------|---------------------------------------------------|---------------------------|
|                                        |                      |                      |                   |                                      | Batas Bawah<br>Lower Limit                        | Batas Atas<br>Upper Limit |
| (1)                                    |                      | (2)                  | (3)               | (4)                                  | (5)                                               | (6)                       |
| 1                                      | Aceh                 | 2 064,30             | 6,97              | 0,34                                 | 2 050,64                                          | 2 077,96                  |
| 2                                      | Sumatera Utara       | 2 123,41             | 6,40              | 0,30                                 | 2 110,86                                          | 2 135,97                  |
| 3                                      | Sumatera Barat       | 2 109,43             | 8,03              | 0,38                                 | 2 093,70                                          | 2 125,16                  |
| 4                                      | Riau                 | 2 022,05             | 8,99              | 0,44                                 | 2 004,42                                          | 2 039,68                  |
| 5                                      | Jambi                | 2 069,51             | 9,06              | 0,44                                 | 2 051,76                                          | 2 087,26                  |
| 6                                      | Sumatera Selatan     | 2 182,47             | 7,33              | 0,34                                 | 2 168,09                                          | 2 196,84                  |
| 7                                      | Bengkulu             | 2 037,55             | 9,75              | 0,48                                 | 2 018,44                                          | 2 056,66                  |
| 8                                      | Lampung              | 2 002,72             | 7,19              | 0,36                                 | 1 988,64                                          | 2 016,81                  |
| 9                                      | Kep. Bangka Belitung | 2 065,86             | 11,49             | 0,56                                 | 2 043,34                                          | 2 088,39                  |
| 10                                     | Kepulauan Riau       | 2 019,87             | 16,29             | 0,81                                 | 1 987,94                                          | 2 051,81                  |
| 11                                     | DKI Jakarta          | 2 146,87             | 12,30             | 0,57                                 | 2 122,75                                          | 2 170,98                  |
| 12                                     | Jawa Barat           | 2 115,70             | 5,23              | 0,25                                 | 2 105,44                                          | 2 125,95                  |
| 13                                     | Jawa Tengah          | 2 017,64             | 4,35              | 0,22                                 | 2 009,11                                          | 2 026,17                  |
| 14                                     | D I Yogyakarta       | 2 024,44             | 10,39             | 0,51                                 | 2 004,08                                          | 2 044,80                  |
| 15                                     | Jawa Timur           | 2 041,69             | 4,08              | 0,20                                 | 2 033,69                                          | 2 049,69                  |
| 16                                     | Banten               | 2 270,48             | 9,96              | 0,44                                 | 2 250,96                                          | 2 290,00                  |
| 17                                     | Bali                 | 2 145,71             | 8,77              | 0,41                                 | 2 128,52                                          | 2 162,91                  |
| 18                                     | NTB                  | 2 460,44             | 10,13             | 0,41                                 | 2 440,58                                          | 2 480,29                  |
| 19                                     | NTT                  | 1 974,12             | 7,55              | 0,38                                 | 1 959,33                                          | 1 988,92                  |
| 20                                     | Kalimantan Barat     | 1 892,26             | 8,01              | 0,42                                 | 1 876,57                                          | 1 907,96                  |
| 21                                     | Kalimantan Tengah    | 2 116,05             | 11,44             | 0,54                                 | 2 093,63                                          | 2 138,47                  |
| 22                                     | Kalimantan Selatan   | 2 188,80             | 9,36              | 0,43                                 | 2 170,46                                          | 2 207,15                  |
| 23                                     | Kalimantan Timur     | 1 918,34             | 10,54             | 0,55                                 | 1 897,67                                          | 1 939,00                  |
| 24                                     | Kalimantan Utara     | 1 857,92             | 16,23             | 0,87                                 | 1 826,10                                          | 1 889,73                  |
| 25                                     | Sulawesi Utara       | 2 154,56             | 9,00              | 0,42                                 | 2 136,92                                          | 2 172,19                  |
| 26                                     | Sulawesi Tengah      | 2 001,12             | 10,52             | 0,53                                 | 1 980,51                                          | 2 021,73                  |
| 27                                     | Sulawesi Selatan     | 2 077,92             | 7,77              | 0,37                                 | 2 062,70                                          | 2 093,15                  |
| 28                                     | Sulawesi Tenggara    | 1 948,63             | 8,08              | 0,41                                 | 1 932,80                                          | 1 964,47                  |
| 29                                     | Gorontalo            | 1 958,11             | 10,88             | 0,56                                 | 1 936,78                                          | 1 979,44                  |
| 30                                     | Sulawesi Barat       | 2 082,99             | 14,48             | 0,70                                 | 2 054,61                                          | 2 111,38                  |
| 31                                     | Maluku               | 1 836,68             | 11,55             | 0,63                                 | 1 814,04                                          | 1 859,33                  |
| 32                                     | Maluku Utara         | 1 843,68             | 11,70             | 0,63                                 | 1 820,74                                          | 1 866,61                  |
| 33                                     | Papua Barat          | 1 879,75             | 12,47             | 0,66                                 | 1 855,31                                          | 1 904,20                  |
| 34                                     | Papua                | 1 902,04             | 8,77              | 0,46                                 | 1 884,85                                          | 1 919,24                  |
| <b>Indonesia</b>                       |                      | <b>2 079,09</b>      | <b>1,66</b>       | <b>0,08</b>                          | <b>2 075,83</b>                                   | <b>2 082,34</b>           |

Sumber/Source: BPS, Susenas Maret 2022/BPS-Statistics Indonesia, The March 2022 Susenas

Tabel  
Table

25

**Sampling Error Rata-Rata Konsumsi Protein per Kapita Sehari menurut Provinsi, Maret 2022***Sampling Error Average Daily per Capita Protein Consumptions by Province, March 2022*

| Kelompok Komoditas<br>Commodity Groups |                      | Estimasi<br>Estimate | Standard<br>Error | Relative<br>Standard<br>Error<br>(%) | Selang Kepercayaan 95%<br>Confidence Interval 95% |                           |
|----------------------------------------|----------------------|----------------------|-------------------|--------------------------------------|---------------------------------------------------|---------------------------|
| (1)                                    |                      | (2)                  | (3)               | (4)                                  | Batas Bawah<br>Lower Limit                        | Batas Atas<br>Upper Limit |
| 1                                      | Aceh                 | 61,17                | 0,24              | 0,40                                 | 60,69                                             | 61,64                     |
| 2                                      | Sumatera Utara       | 64,65                | 0,23              | 0,36                                 | 64,19                                             | 65,11                     |
| 3                                      | Sumatera Barat       | 59,24                | 0,27              | 0,45                                 | 58,72                                             | 59,76                     |
| 4                                      | Riau                 | 59,69                | 0,31              | 0,52                                 | 59,09                                             | 60,30                     |
| 5                                      | Jambi                | 60,70                | 0,33              | 0,54                                 | 60,06                                             | 61,34                     |
| 6                                      | Sumatera Selatan     | 65,18                | 0,27              | 0,41                                 | 64,66                                             | 65,70                     |
| 7                                      | Bengkulu             | 60,29                | 0,33              | 0,54                                 | 59,65                                             | 60,94                     |
| 8                                      | Lampung              | 57,67                | 0,25              | 0,43                                 | 57,19                                             | 58,16                     |
| 9                                      | Kep. Bangka Belitung | 67,57                | 0,46              | 0,68                                 | 66,68                                             | 68,47                     |
| 10                                     | Kepulauan Riau       | 64,67                | 0,60              | 0,93                                 | 63,49                                             | 65,84                     |
| 11                                     | DKI Jakarta          | 68,15                | 0,47              | 0,69                                 | 67,23                                             | 69,08                     |
| 12                                     | Jawa Barat           | 63,62                | 0,19              | 0,29                                 | 63,25                                             | 63,99                     |
| 13                                     | Jawa Tengah          | 59,78                | 0,16              | 0,27                                 | 59,47                                             | 60,10                     |
| 14                                     | D I Yogyakarta       | 62,65                | 0,46              | 0,73                                 | 61,75                                             | 63,55                     |
| 15                                     | Jawa Timur           | 59,96                | 0,14              | 0,24                                 | 59,68                                             | 60,25                     |
| 16                                     | Banten               | 69,31                | 0,35              | 0,51                                 | 68,62                                             | 70,01                     |
| 17                                     | Bali                 | 61,37                | 0,29              | 0,47                                 | 60,81                                             | 61,93                     |
| 18                                     | NTB                  | 74,82                | 0,38              | 0,51                                 | 74,07                                             | 75,57                     |
| 19                                     | NTT                  | 56,36                | 0,25              | 0,44                                 | 55,88                                             | 56,85                     |
| 20                                     | Kalimantan Barat     | 58,19                | 0,31              | 0,54                                 | 57,57                                             | 58,80                     |
| 21                                     | Kalimantan Tengah    | 65,01                | 0,45              | 0,68                                 | 64,13                                             | 65,88                     |
| 22                                     | Kalimantan Selatan   | 68,01                | 0,35              | 0,51                                 | 67,33                                             | 68,69                     |
| 23                                     | Kalimantan Timur     | 63,00                | 0,41              | 0,66                                 | 62,19                                             | 63,81                     |
| 24                                     | Kalimantan Utara     | 59,74                | 0,57              | 0,96                                 | 58,61                                             | 60,86                     |
| 25                                     | Sulawesi Utara       | 68,06                | 0,39              | 0,57                                 | 67,30                                             | 68,82                     |
| 26                                     | Sulawesi Tengah      | 58,12                | 0,37              | 0,64                                 | 57,40                                             | 58,85                     |
| 27                                     | Sulawesi Selatan     | 64,18                | 0,32              | 0,50                                 | 63,55                                             | 64,80                     |
| 28                                     | Sulawesi Tenggara    | 60,39                | 0,30              | 0,50                                 | 59,80                                             | 60,98                     |
| 29                                     | Gorontalo            | 57,10                | 0,41              | 0,72                                 | 56,29                                             | 57,91                     |
| 30                                     | Sulawesi Barat       | 61,40                | 0,59              | 0,96                                 | 60,24                                             | 62,56                     |
| 31                                     | Maluku               | 52,91                | 0,38              | 0,72                                 | 52,16                                             | 53,66                     |
| 32                                     | Maluku Utara         | 54,76                | 0,46              | 0,84                                 | 53,85                                             | 55,66                     |
| 33                                     | Papua Barat          | 55,32                | 0,44              | 0,79                                 | 54,46                                             | 56,18                     |
| 34                                     | Papua                | 45,07                | 0,25              | 0,55                                 | 44,58                                             | 45,56                     |
| Indonesia                              |                      | 62,21                | 0,06              | 0,10                                 | 62,09                                             | 62,33                     |

Sumber/Source: BPS, Susenas Maret 2022/BPS-Statistics Indonesia, The March 2022 Susenas

# DATA

## MENCERDASKAN BANGSA

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